



NOOKSACK VALLEY SCHOOL DISTRICT

Is offering a

FREE MEALS FOR KIDS



MONDAYS at

NV MIDDLE SCHOOL 11am-1pm

SUMAS ELEMENTARY 12pm-1pm

- ⇒ Meals are **FREE** for **ALL community children** 18 years or younger
- ⇒ **MEAL BAGS** will contain a **WEEK's worth** of breakfasts & lunches*
- ⇒ You may pick up **ONE** meal bag per child per **WEEK**.
- ⇒ Each Meal Bag comes with two half gallons of white milk (optional)
- ⇒ Some entrees will be sent frozen and will require cooking before eating. Store these items in the freezer until cooking time
- ⇒ Refrigerate perishable foods within one hour of pick up
- ⇒ Please adhere to social distancing and **wear a mask** during pickup
- ⇒ Visit [Nooksack Valley School District's Food Service](#) page for updates

* **Students on campus** will be offered free breakfast and lunch during the school day. If your child is eating these four meals at school, we ask you only pick up a **three-day meal bag** during our **grab and go meal pass out**. Both 7-day and 3-day meal bags will be available at all meal pass out

This institution is an equal opportunity provider.