



CHARTERHOUSE

SPORT
FOR ALL







Sport at Charterhouse

Charterhouse seeks to combine academic excellence with sport at all levels. In short, we aim to promote participation and develop performance for boys and girls throughout their time at the School.

At Charterhouse all pupils are encouraged to participate in and enjoy a wide range of sports, making full use of the School's impressive facilities. There are both competitive inter-school sports programmes and inter-house competitions, providing opportunities, not only for the most talented performers to develop and flourish, but also for the many others who are keen to practise and compete at an appropriate level.

The core sports for boys are football, hockey, cricket and tennis, and for girls are hockey, football, netball and tennis, but there is also a wide range of other sports available to all pupils.

COEDUCATION

Building on the success of our coeducational Sixth Form we are moving to full coeducation from the age of 13. We look forward to welcoming our first girls into Year 9 in September 2021, the year in which we will celebrate half a century of girls at Charterhouse. There will be girls in every year group from September 2023.

Girls' sports will be strengthened by the arrival of girls at 13 and we look forward to being able to offer a full range of sports to girls of all ages.

FACILITIES

There are three all-weather hockey pitches; high-quality grass football, cricket, lacrosse and rugby pitches; all-weather and indoor cricket nets; a state-of-the-art athletics track; squash, tennis, fives and racquets courts and a shooting range. The Queen's Sports Centre provides impressive indoor facilities for sports including badminton, basketball, fencing and netball. It also contains a fitness suite, spinning studio, 25m swimming pool and climbing wall.

The Halford Hewitt golf course is available to all pupils. It is a 9-hole, par 34 course occupying 30 acres of the Charterhouse campus overlooking the outstanding natural beauty of the Surrey Hills.

250

acre campus





Sports on offer at Charterhouse:

Athletics

Badminton

Basketball

Climbing

Cricket

Cross-country

Fencing

Fives

Football

Golf

Hockey

Lacrosse

Netball

Racquets

Rugby Union

Tennis

Shooting

Squash

Strength & Conditioning

Swimming

Waterpolo

135

acres of playing fields





“The focus for Charterhouse sport is that all pupils can strive purposefully and many can excel in a stimulating and enjoyable environment. The importance of physical activity on health, lifelong wellbeing and fitness as well as the positive impact on learning and emotional intelligence is critical. It is our aim to ensure that all pupils are provided with an opportunity to become the best version of themselves by maintaining the importance of team games and offering a wide variety of sports. I am a big believer that sport can make better people and the integrity in the way our pupils behave are more important than the result of a single match.”

Chris Sandbach Director of Sport





WELLBEING

Physical activity has been proven to benefit pupils both on and off the field, with the positive impact of sport extending to both physical and mental wellbeing. Through the extensive range of activities on offer, and the talented staff that lead them, pupils are given the best possible environment in which to achieve a balanced and healthy lifestyle.

“Every pupil here has the opportunity to represent the School and their House in a variety of sports. I believe in mass participation and that every team is important. It doesn’t matter if it is the ‘A’ team or one that is lower down, everyone is equal and their needs will be catered for. Sport at school can promote life-long participation and allows young men and women to develop resilience as well as those character traits that we, as a school, are trying to nurture through our values. I feel that sport plays an important role in today’s world, giving people the chance to unwind from the stresses of modern life. The School has many sports on offer and we are confident that pupils will find something they can enjoy and pursue.”

Nicola Edwards Director of Girls’ Sport

11

dedicated full-time sports staff

COACHING STAFF

Chris Sandbach

Director of Sport, coach of all core sports. BA in Sport and Coaching Studies . UK Level 3 cricket coach

Nicola Edwards

Director of Girls' Sport, coach of all core sports, BA in Physical Education, Netball Level 2, Hockey Level 2

Simon Hayward

Director of Football, former Exeter City FC Academy Director, UEFA Pro Licence Level 5, FA Elite Coaches Award Level 5, FA Psychology Level 5, FA Advanced Youth Award Level 4

Martin Bicknell

Director of Cricket, Ex-England and Surrey CCC, UKCC Level 4 cricket coach and Surrey CCC Academy bowling coach

Jason Ellis-Woodley

Director of Hockey, UKSCA

Martin Crosby

Raquets Professional, British Pro-Am Doubles Champion, Racquets Committee board member of the Tennis and Racquets Association

Claudia Clements

Head of Swimming and Waterpolo

In addition to our Directors of Sport, listed above, we also employ full-time Graduate Interns in the Sports Department and we have a large number of part-time specialist coaches to support the extensive sports programme that we offer.



10 things that require zero talent is our motto for the foreseeable future. They are listed below:

- | | |
|-----------------------------|------------------------------|
| 1. Be on time | 6. Show passion |
| 2. Make an effort | 7. Be coachable |
| 3. Have the good work ethic | 8. Be prepared |
| 4. High energy | 9. Show good manners |
| 5. Positive body language | 10. Do that little bit extra |



SPORTS SCHOLARSHIPS AND CHARTERHOUSE ATHLETE PROGRAMME

Sports Scholarships are available at both 13+ and 16+ entry and assessment days are run in November (16+) and February and March (13+) each year for September entry.

Our Charterhouse Athlete Programme supports and develops sports scholars and talented athletes within the School, from 13+ up to 1st XI level and beyond. Talented individual athletes are invited to join the programme whilst sport scholars are automatically enrolled. This programme is the first insight many of our athletes will have into a performance sport environment.



Enjoying access to top level facilities and an excellent mentoring scheme that seeks to maintain the academic work / sport balance, our selected pupils are able to enjoy sport and their studies at the same time. Members of the Charterhouse Athlete Programme are provided with:



- First class coaching from a range of qualified coaches and staff
- Physiotherapy and Rehabilitation
- Sport Science and Monitoring
- Nutritional Support
- Psychological Support
- Performance Reviews

21

sports taught at Charterhouse





Contact us

To arrange a visit to Charterhouse, please contact the Admissions Office:

admissions@charterhouse.org.uk
+44 (0)1483 291501

Charterhouse
Godalming
Surrey
GU7 2DX

charterhouse.org.uk