



Outdoor & Indoor Contact Sports Opt-In Form

Updated 2/16/2021, 4/13/2021, 4/23/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer outdoor contact sports for the 2020-21 school year in accordance with the Governor's February 10, 2021 update to [Outdoor Contact Sports Guidance](#). Once final, this form will be posted to a school or district website and a link to it will then be sent to ODE.

In Lower Risk and Moderate Risk counties, practices and games for outdoor contact sports, including high school football, can resume following health and safety guidance to be issued by the Oregon Health Authority.

In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	Philomath High School
Key Contact Person for this Plan	Tony Matta – Athletic Director
Phone Number of this Person	541-929-3211
Email Address of this person	tony.matta@philomath.k12.or.us
Specify Outdoor & Indoor Contact Sports Included in this Plan	Outdoor: Football, Cheer and Wrestling Indoor: Basketball, Cheer and Wrestling
Intended Starting Date for this Plan	Outdoor: 2/18/2021, 4/13/2021 Indoor: 4/26/2021

School Instructional Model

OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

Plan Details for School Instructional Model

Please enter the details of your plan that correspond to the requirements listed above:

Philomath High School is currently operating in the CDL model with Limited in-person. PHS began limited in-person on October 20, 2020. The school plans to transition to the hybrid model when allowed by the metrics for Benton County.

On-Site Testing for Symptomatic Individuals and Close Contacts

OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Please enter the details of your plan that correspond to the requirements listed above:

COVID-19 testing will be monitored by school nurse, Lori Haslam, RN.

When an athlete or coach develops symptoms consistent with COVID-19, testing will be used to inform their care and return to practice/school. Any symptomatic individual who is tested must leave school/practice immediately and not return until allowed by the RSSL guidance.

When a team cohort has been exposed to case of COVID-19 they will be quarantined; testing on day 5 through 7 following exposure may be used to facilitate early release from quarantine after day 7 when recommended by Benton County Health.

Contact Information for Contact Tracing

OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each outdoor contact sports practice and contest.
- Detail your school's specific plans to meet this requirement.
- Sample contact tracing forms:

- [COVID Monitoring Form: Excel](#)
- [COVID Monitoring Form: PDF](#)

Plan Details for Contact Information for Contact Tracing

Please enter the details of your plan that correspond to the requirements listed above:

Daily use the COVID-19 Monitoring form to record temperatures, answers to the COVID questions. Completed forms are stored in the athletic office. Forms will be kept for 60 days. The monitoring forms will be shared with Benton County Health as needed for contact tracing purposes.

Student-Athlete Waiver

OHA Requirements

- The school must have a waiver completed for each student-athlete prior to outdoor contact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

Plan Details for Student-Athlete Waiver

Please enter the details of your plan that correspond to the requirements listed above:

The waiver below is included as part of athletic registration for Philomath High School. All athletic registrations are completed on FamilyID, parents or guardians electronically sign the waiver when they register their student athlete.

COVID-19 Waiver

Philomath School District 17J

Waiver of Liability and Hold Harmless for communicable diseases, including COVID-19

The Novel coronavirus (COVID-19), has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. While rules, guidance, and personal discipline may reduce this risk, the risk of serious illness and death does exist. Philomath School District 17J ("District") cannot completely mitigate the transfer of communicable diseases like COVID-19 especially when involved in athletic activities. Participation in athletic activities includes possible exposure to and illness, injury, or death from infectious diseases including COVID-19.

In consideration for providing my child the opportunity to participate in athletic activities and any related transportation to and from athletic events, both my child and I voluntarily agree to waive and discharge any and all claims against the District and release it from liability for any

exposure to or illness or injury from infectious disease including COVID-19, including claims for any negligent actions of the District or its employees or agents, to the fullest extent allowed by law, for myself, my child, our estates, our heirs, our administrators, our executors, our assignees, and our successors.

I also agree to release, exonerate, discharge and hold harmless the District, its Board of Directors, the individual members thereof, and all officers, agents, employees, volunteers, and representatives from all liability, claims, causes of action, or demands, including attorney fees, fines, fees, or other costs (e.g. medical costs) arising out of any exposure to or illness or injury from infectious disease including COVID-19, which may result from or in connection with my child's participation in athletic activities.

I certify that I have read this document in its entirety and full understand its contents. In exchange for the opportunity to participate in the athletic activities, the above-named student and I freely and voluntarily assume all risks of such hazards and notwithstanding such, release the District from all liability for any loss regardless of cause, and claims arising from the student's participation in the athletic activities.

Waiver is signed electronically on the athletic registration site, FamilyID.