



ENRICHMENT AND SPORTS CAMPS

Week One: June 1-4

Morning Sessions

Golden Bears Boys' Soccer Camp

Grades: 1-8

Time: 9 a.m.-12 p.m. Days: Tuesday-Friday

Price: \$205 Description: Academic Camps begin on p. 42!

Coached by HIES Varsity Coach Carlos Carrillo, the Golden Bears Soccer Camp offers a unique, age-appropriate soccer experience designed to improve each player's soccer development experience. We combine the development of soccer and life skills to help our future soccer stars achieve greatness on and off the field. On the soccer field, we help players develop confidence and creativity with the ball using the latest training methodologies. We combine a focus on individual skill and technical work with partners and multi-player situational progression. We identify and train the most critical moves and skills every player needs to have to dominate in 1 vs. 1 situations. Life Skills:

The following Life Skills conversation is added to every single session. Soccer is a great vehicle to promote these skills to have a well-rounded soccer star.

- Importance of Goal Setting
- Importance of a Good Handshake
- Learning How to Win or Lose
- Learning from Your Mistakes
- Dangers of Procrastination
- Importance of Self-Respect and Respecting Others

Cheer Camp

Grades: PK5-1

Time: 9 a.m.-12 p.m. Days: Tuesday-Friday

Price: \$325 Description:

Join TGA for an action-packed week of cheerleading at HIES! Our camp provides an unparalleled experience for your little cheerleader by combining expert instruction and choreography, fun games and drills to develop jumping, stunting, tumbling skills while having fun and building friendships. Safety is our number one priority at camp and our coaches are extensively screened and trained to follow proper tumbling progression while promoting key life lessons including teamwork, sportsmanship, perseverance and leadership. TGA provides all equipment and materials for this camp.

*Please have your camper bring a snack.

Afternoon Sessions

Abrakadoodle Wild N' Wacky Art Camp

Grades: PK5-2

Time: 12:30-3:30 p.m. Days: Tuesday-Friday

Price: \$265
Description:

Get silly! Get goofy! Get creative with Wild 'N Wacky Art! Learn about modern artists while using a variety of materials and techniques to transfer your energy into art. We will play games and listen to stories and music from our own Abrakadoodle CD. At the end of camp take home the rest of their art kit materials for added fun at home. Materials fee includes all materials, props, games, stories and music used in class as well as the take home kit that extends the learning and fun at home.

Fashion Workshops: That's Sew Fun – Let's Make a Skirt

Grades: 2-6

Time: 12:30-3:30 p.m. Days: Tuesday-Friday

Price: \$275
Description:

Learn how to sew while making a summer skirt. Campers will pick from our collection of skirt designs and fabric. This is a great camp for students who are interested in Fashion Design and Sewing. Campers will learn how to encase elastic to make a waistband, straight stitching and hemming. Campers will learn how to thread and operate a sewing machine and create a bonus matching accessory.

Full Day Sessions

Boys' Basketball Camp

Grades: 3-9

Time: 9 a.m.-2 p.m.

Days: Tuesday-Friday

Price: \$205 Description:

The Future Players Camp is a place for your child to learn, have fun and compete this summer. This four-day camp is designed to improve a young player's understanding of the game, dispel myths of what a good basketball player is, and spend time on in-game skills starting with a solid, fundamental foundation.

Each player will participate in daily routines in a structured environment that includes: proper stretching, learning how to run the court, make lay-ups, play defense and its importance, repetitive shooting to improve form, and compete 1 on 1, 2 on 2, 3 on 3, 4 on 4 and 5 on 5.

*Camp T-shirt given at the end of camp!

Week Two: June 7-11

Morning Sessions

Baseball Camp

Grades: 1-8

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$250 Description:

Come learn from State Champions! Join Coach Gaines, the HIES coaching staff, and players for a fun-filled four days of America's favorite pastime! This instructional camp will focus on the fundamentals of baseball: hitting, throwing, fielding, base running, and pitching. Your player will receive extensive individual instruction and enjoy the thrill of being part of a team. This camp is appropriate for both beginning and the experienced players.

Coach Marshall Gaines has coached baseball at all levels for 37 years and is a member of the HIES Championship staff. He is in his 18 year at Holy Innocents'.

Football Camp

Grades: 3-7

Time: 9 a.m.-12 p.m. Days: Monday-Thursday

Price: \$205 Description:

The Golden Bear Football Camp is a four-day camp designed to develop campers' football skills and general knowledge of the game. This will range from physical conditioning to basic football fundamentals. This is a NON-CONTACT camp, but athletes will learn safe, basic techniques of blocking and tackling. Campers will also have the opportunity to work on passing, catching, and kicking. Teamwork and sportsmanship are integral parts of the Golden Bear football program, and these will be stressed throughout the week.

For more information or to register for these classes, visit www.hies.org/bearcamps

Staff: Camp instruction will be provided by the Holy Innocents' football coaching staff as well as current and former players. Our veteran coaching staff has over 50 years of combined coaching Georgia high school football.

*Each camper should wear football cleats and bring drinks and snacks.

Golf Camp

Grades: PK5-2

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$360 Description:

Join TGA for an action-packed week of golf! Our camp provides an unparalleled experience for your child by combining expert instruction, fun games and drills. Camp will focus on developing proper fundamentals of putting, chipping and full-swings; and learn rules and etiquette. TGA coaches are trained to utilize age appropriate equipment to create a safe and fun experience for your young camper. Golf equipment will be provided for this camp. *Please have your camper bring a snack.

Afternoon Sessions

Priceless Painting Camp

Grades: PK5-8

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$285 Description:

We will spend the week painting with acrylics on canvas. The children will finish several masterpieces including an impressionistic painting, as well as an abstract. Your child does not need to be able to draw well to find success in this class. The focus during the week is to introduce each child to the joy of painting and mixing colors. Be prepared to be amazed by your children's art!

*Since acrylic paint stains wear old clothes and shirts to the class!

Full Day Sessions

Girls' Basketball Camp

Grades: 2-10

Time: 9 a.m.-2 p.m.

Days: Monday-Thursday

Price: \$205 Description:

This four-day camp will concentrate on the fundamentals of the game, providing each camper with a sound foundation to facilitate and enhance future improvement. Campers will receive encouragement and reinforcement to make this camp a mix of learning and fun. Each day will consist of fundamental stations, contests, 3-on-3 games, and 5-on-5 games.

*Each camper will receive a t-shirt, a camp certificate, and plenty of opportunities to win prizes.

STEM Camp: Early Roboticist Camp

Grades: PK5-1

Time: 9 a.m.-3 p.m. Days: Monday-Friday

Price: \$430 Description:

Hey kids, ever wonder how robots work? Then this is the camp for you! This week you'll become a roboticist and learn basic programming, coding and engineering to give you a foundation for future innovation.

This Early Learners Camp has a particular focus on **robotics** and **early engineering**. STEM Velocity utilizes quality resources during multiple hands-on activities helping children acquire essential 21 Century Skills. Campers will receive invaluable support and guidance from our team of instructors and lab assistants.

STEM Camp: Natural World 2021 Camp

Grades: 2-6

Time: 9 a.m.-3 p.m.

Days: Monday-Friday

Price: \$430 Description:

There's an exciting World of Nature waiting to be discovered! Campers will explore nature from new perspectives as we extract DNA, conduct a Bio Blitz, explore the intricate symbiosis of plants and animals, gain an understanding of the food web, dig into the history of our planet through analysis of fossils, and much more!

This Camp has a particular focus on **biology** and **teamwork**. STEM Velocity utilizes quality resources during multiple hands-on activities helping children acquire essential 21st Century Skills. Campers will receive invaluable support and guidance from our team of instructors and lab assistants. Visit STEMVelocity.com for more details.

Week Three: June 14-18

Morning Sessions

Lacrosse Camp for Girls

Grades: 4-8

Time: 9 a.m.-12 p.m. Days: Monday-Thursday

Price: \$205 Description:

Join Coach Brittnee DeVries for the Holy Innocents' Girls Lacrosse Camp. During this four-day camp, players will learn the fundamentals and basics of the fastest game on two feet while having a ton of fun! This exciting camp is for beginners and experienced lacrosse players. Rising 4 through 8 graders are welcome to come, and we will challenge each individual to their own ability (safety is always first). Players will be divided appropriately based on age and skill level. While getting exercise and having a blast, players will learn to build from the basics of lacrosse and work up to team games. Players will not only have fun, but they will also learn the value of responsibility, cooperation, and teamwork. Players are able to borrow sticks and goggles from Coach DeVries or bring her own equipment.

Theatre Workshop

Grades: 4-7

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$305 Description:

This week-intensive workshop is dedicated to helping young singers and actors refine their performance skills and understanding of the art form of musical theatre. Students will explore various aspects of performance such as voice, acting, dance, audition techniques, scoring a musical theatre scene, stage movement and stage combat. Performers will work on individual pieces, monologues, ensemble numbers, and scenes. The week culminates in a cabaret to be performed at 11:00 for an invited audience. Each child will receive individual, one-on-one voice and acting instruction throughout the week to prepare for her/his showcase.

Tennis Camp

Grades: PK5-2

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$360 Description:

Join TGA for an action-packed week of tennis! Our camp provides an unparalleled experience for your child by combining expert instruction, fun games and drills. Camps will focus on developing the forehand, backhand, racquet and rally skills, rules and etiquette, and fun games and challenges. TGA coaches are trained to utilize age appropriate equipment to create a safe and fun experience for your young camper. Tennis equipment is provided. *Please have your camper bring a snack.

Modding in Minecraft

Grades: 4-9

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$325 Description:

Students will create powerful teleporting swords, humorous blocks, food, amazing mobs, bows that shoot arrows that summon ender dragons, entire worlds, and other insane items, all through the power of coding! Perfect for both the beginning coder and the advanced modeling aficionado! Check out this <u>Modding in Minecraft video</u> reel to see samples of student work!

*Students will need to bring any laptop computer, PC or Mac, that meets the below minimum specs:

- Windows 7/8/8.1/10 or Linux (>2.6 kernels) Ubuntu/Debian/... or Mac OS X 10.11+ (64-bit only)
- 4GB or more of RAM (2GB is enough for data pack and add-on maker, but not for Java-based mods)
- 2 core CPU Intel/AMD
- 500 MB of free storage

Afternoon Sessions

Playball Camp

Grades: PK5-1

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$250 Description:

Playball Camp is a perfect mix of fun, sports, and engaging activities for your student! We also focus on important physical, educational, and early childhood development so good fit for aspiring athletes or non-sporty children as we coach at both the individual and group level. The kids have fun at Playball Camp while also learning and being active. It's been a success for years and enjoyed by both girls & boys equally. We focus on a different sport each day including soccer, baseball, basketball, tennis, and hockey and incorporate other activities. Making learning fun and playing games through active participation is our goal and the kids love it!

Yoga Camp

Grades: PK5-3

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$295 Description:

Ready for a FUN summer yoga camp that will have kids practicing yoga at home? Class will include learning basic and challenging yoga poses, music, art, games, breathing exercises and relaxation activities. Children will make Mala beads, lavender eye pillows, and much more! Active and fun, the classes help students develop strength, flexibility, concentration, and reduces stress.

Full Day Sessions

Boys' Basketball Camp

Grades: 3-9

Time: 9 a.m.-2 p.m. Days: Tuesday-Friday

Price: \$250 Description:

The Future Players Camp is a place for your child to learn, have fun and compete this summer. This four-day camp is designed to improve a young player's understanding of the game, dispel myths of what a good basketball player is, and spend time on in-game skills starting with a solid, fundamental foundation.

Each player will participate in daily routines in a structured environment that includes: proper stretching, learning how to run the court, make lay-ups, play defense and its importance, repetitive shooting to improve form, and compete 1 on 1, 2 on 2, 3 on 3, 4 on 4 and 5 on 5.

*Camp T-shirt given at the end of camp!

STEM Camp: Early Scientists Camp

Grades: PK5-1

Time: 9 a.m.-3 p.m. Days: Monday-Friday

Price: \$430 Description:

Is your Early Learner full of questions about how the world works? Then this camp is just for them! Join us as we explore nature like biologists, run experiments like chemists, observe the stars like astronomers, measure our world like geologists, and understand the human body like physicians.

This Early Learners Camp has a particular focus on science and discovery. STEM Velocity utilizes quality resources during multiple hands-on activities helping children acquire essential 21 Century Skills. Campers will receive invaluable support and guidance from our team of instructors and lab assistants.

STEM Camp: Robotics Explorer Camp

Grades: 2-6

Time: 9 a.m.-3 p.m.

Days: Monday-Friday

Price: \$430 Description:

Welcome to the 21 Century! This camp will provide campers with a foundational understanding of robotics and various related disciplines. We will build and explore a wide variety of robots and engage in hands-on challenges where they will program robots to solve problems in Space Exploration, Engineering, and Automation. This Camp has a particular focus on **technology** and **programming**. STEM Velocity utilizes quality resources during multiple hands-on activities helping children acquire essential 21 Century Skills. Campers will receive invaluable support and guidance from our team of instructors and lab assistants. Visit STEMVelocity.com for more details.

Volleyball Camp for Upper School

Grades: 9-12

Time: 4 p.m.-7 p.m. (F) 9 a.m.-12 p.m. (Sat)

Days: Friday, Saturday

Price: \$125 Description:

This two-day camp is for Upper School girls and boys. Open to players of all skill levels, this camp will stress basic skill development and instruction as well as extensive work on the following fundamental skills: passing, serving, setting, hitting, and game-like scenarios and drills. No previous experience is needed. Please wear tennis shoes, bring a water bottle and bring knee pads (if you have them). The coaching staff will be made up of HIES coaches, as well as members of A5 coaching staff.

Week Four: June 21-25

Morning Sessions

Baseball Camp

Grades: 1-8

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$250 Description:

Come learn from State Champions! Join Coach Gaines, the HIES coaching staff, and players for a fun-filled four days of America's favorite pastime! This instructional camp will focus on the fundamentals of baseball: hitting, throwing, fielding, base running, and pitching. Your player will receive extensive individual instruction and enjoy the thrill of being part of a team. This camp is appropriate for both beginning and the experienced players.

Coach Marshall Gaines has coached baseball at all levels for 37 years and is a member of the HIES Championship staff. He is in his 18 year at Holy Innocents'.

Theatre Workshop

Grades: 4-7

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$305 Description:

This week-intensive workshop is dedicated to helping young singers and actors refine their performance skills and understanding of the art form of musical theatre. Students will explore various aspects of performance such as voice, acting, dance, audition techniques, scoring a musical theatre scene, stage movement and stage combat. Performers will work on individual pieces, monologues, ensemble numbers, and scenes. The week culminates in a cabaret to be performed at 11:00 for an invited audience. Each child will receive individual, one-on-one voice and acting instruction throughout the week to prepare for her/his showcase.

Soccer Shots Camp

Grades: PK5-2

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$325 Description:

Soccer Shots camps are filled with exciting, age appropriate soccer games and lessons that will build a great foundation for the game of soccer, and more importantly, a strong foundation in life because of our Character Development aspect to all of our lessons. Children will learn character words like respect, teamwork, confidence, determination, responsibility and more. Children will hear stories of famous athletes and world changers who exemplify these character qualities, and then we will be playing fun games on the soccer field to put these into practice. Along with character development, we will be teaching soccer skills like dribbling, shooting, passing and trapping, pull backs, step overs, goalkeeping and more!

Guitar Camp

Grades: 2-5

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$340 Description:

Learn the basics of guitar playing in this one-week camp! Taught by HIES Lower School Orchestra Director Justin Brookins, your student is sure to take your student from guitar enthusiast to player. During the week, your student will learn fundamentals such as how to hold and tune your instrument, strumming basic and Barre chords, and even how to interpret lead sheets you find on the internet so you can learn your favorite songs!

*Students will need to bring a guitar that fits them for this camp.

Yoga Camp

Grades: PK5-3

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$295 Description:

Ready for a FUN summer yoga camp that will have kids practicing yoga at home? Class will include learning basic and challenging yoga poses, music, art, games, breathing exercises and relaxation activities. Children will make Mala beads, lavender eye pillows, and much more! Active and fun, the classes help students develop strength, flexibility, concentration, and reduces stress.

Afternoon Sessions

Abrakadoodle Under the Sea Art Camp

Grades: PK5-2

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$325 Description:

Make a big splash and join us for adventures in our Under the Sea Art Camp. Campers will learn all about jellyfish, octopuses, dolphins, whales and even mermaids! There's nothing fishy about using cool tools and materials to create fun paintings, collages, sculptures and more. Campers will have oceans of fun designing cool art projects, playing games, reading stories, learning about ecology and examining underwater habitats. So dive in! You won't get wet but you'll make some new friends and have tons of FUN under the sea.

Bricks4Kidz: EV3 Mindstorm LEGO Robotics Camp

Grades: PK5-2

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$305 Description:

Come step into the future with Bricks4Kidz in our LEGO Robotics class! Children will get to explore the far reaches of their imaginations and get hands-on experience with interactive and fun technology with EV3 Robots and Scratch coding!

Kids get the opportunity to build their own LEGO robots and watch them come to life by programming the robots' actions and movements with our software. Students will program their robots to do specific challenges and tasks in fun in-class competitions! Listen to them make music with a LEGO guitar, create a racing rabbit, and much more! Each child will have the chance to create his or her own mini-figure that they will take home at the end of the session!

Guitar Camp

Grades: 6-12

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$340 Description:

Learn the basics of guitar playing in this one-week camp! Taught by HIES Lower School Orchestra Director Justin Brookins, your student is sure to take your student from guitar enthusiast to player. During the week, your student will learn fundamentals such as how to hold and tune your instrument, strumming basic and Barre chords, and even how to interpret lead sheets you find on the internet so you can learn your favorite songs!

*Students will need to bring a guitar that fits them for this camp.

Yoga and Partner Yoga Camp

Grades: 6-12

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$295 Description:

Ready for a FUN summer yoga camp that will have kids practicing yoga at home? Class will include learning basic and challenging yoga poses, music, art, games, breathing exercises and relaxation activities. Children will make Mala beads, lavender eye pillows, and much more! Active and fun, the classes help students develop strength, flexibility, concentration, and reduces stress.

Full Day Sessions

Girls' Basketball Camp

Grades: 2-10

Time: 9 a.m.-2 p.m.

Days: Monday-Thursday

Price: \$205 Description:

This four-day camp will concentrate on the fundamentals of the game, providing each camper with a sound foundation to facilitate and enhance future improvement. Campers will receive encouragement and reinforcement to make this camp a mix of learning and fun. Each day will consist of fundamental stations, contests, 3-on-3 games, and 5-on-5 games.

*Each camper will receive a t-shirt, a camp certificate, and plenty of opportunities to win prizes.

Week Five: June 28-July 1

Morning Sessions

Golden Bears Co-ed Soccer Camp

Grades: 1-8

Time: 9 a.m.-12 p.m.

Days: Monday-Thursday

Price: \$205
Description:

Coached by HIES Varsity Coach Carlos Carrillo, the Golden Bears Soccer Camp offers a unique, age-appropriate soccer experience designed to improve each player's soccer development experience. In this four-day camp, we combine the development of soccer and life skills to help our future soccer stars achieve greatness on and off the field. On the soccer field, we help players develop confidence and creativity with the ball using the latest training methodologies. We combine a focus on individual skill and technical work with partners and multi-player situational progression. We identify and

train the most critical moves and skills every player needs to have to dominate in 1 vs. 1 situations.

Life Skills:

The following Life Skills conversation is added to every single session. Soccer is a great vehicle to promote these skills to have a well-rounded soccer star.

- Importance of Goal Setting
- Importance of a Good Handshake
- Learning How to Win or Lose
- Learning from Your Mistakes
- Dangers of Procrastination
- Importance of Self-Respect and Respecting Others

Lacrosse Camp for Boys

Grades: 4-8

Time: 9 a.m.-12 p.m.

Days: Monday-Thursday

Price: \$205 Description:

This four-day boys' lacrosse camp is for beginning and intermediate players who want to learn the game or improve their skills. For beginners, the camp will focus on non-contact and emphasizes development of stick skills. Intermediate students will focus on team offensive and defensive concepts.

*Each intermediate player needs full equipment.

Volleyball Camp

Grades: 6-8

Time: 9 a.m.-12 p.m.

Days: Monday-Thursday

Price: \$210 Description:

This four-day camp from Monday through Thursday is for girls and boys. Open to players of all skill levels, this camp will stress basic skill development and instruction as well as extensive work on the following fundamental skills: passing, serving, setting,

hitting, and game-like scenarios and drills. No previous experience is needed. Please wear tennis shoes, bring a water bottle and bring knee pads (if you have them). The coaching staff will be made up of HIES coaches, as well as members of A5 coaching staff.

Cheer Camp

Grades: 2-5

Time: 9 a.m.-12 p.m. Days: Monday-Thursday

Price: \$325 Description:

Join TGA for an action-packed week of cheerleading at HIES! Our camp provides an unparalleled experience for your little cheerleader by combining expert instruction and choreography, fun games and drills to develop jumping, stunting, tumbling skills while having fun and building friendships. Safety is our number one priority at camp and our coaches are extensively screened and trained to follow proper stunt progression and spotting protocols while promoting key life lessons including teamwork, sportsmanship, perseverance and leadership. TGA provides all equipment and materials for this camp.

*Please have your camper bring a snack.

Make a Spark: Exploring Electrical Engineering

Grades: 2-4

Time: 9 a.m.-12 p.m. Days: Monday-Thursday

Price: \$200 Description:

Discover the exciting world of electrical engineering! Experiment with static electricity, create electromagnets, and build your own batteries. Explore insulators and conductors, learn how electric motors work, and design a burglar alarm circuit to keep out intruders. If you like activities that light up and buzz, this class is for you!

Gymnastics Camp

Grades: PK5-1

Time: 9 a.m.-12 p.m. Days: Monday-Thursday

Description:

A typical day will begin with a fun active warm up and stretching, followed by age appropriate games. We will set stations to explore fundamental skills on all 4 gymnastics apparatuses including balance beam, floor exercise, vault and bars. There will be morning snack time so please have your children bring a snack! Children will also participate in daily arts & craft activities, team building activities, parachute and more!

Afternoon Sessions

Bricks4Kidz: LEGO Star Wars Camp

Grades: PK5-5

Time: 12:30-3:30 p.m. Days: Monday-Thursday

Price: \$305 Description:

Join us on an adventurous journey through space! Build a rocket to blast through the atmosphere into a realm that is truly out of this world. Build a world where rebels and the dark side start epic battles. We'll build motorized models that represent spacecraft from your favorite popular space movie. We will also learn a lot about space along the way. Students will learn important STEM concepts and gain important hands-on problem-solving skills while developing their creativity, confidence and excitement for STEM. Come experience this stellar journey to a galaxy far away! All campers will take home a custom-built mini-figure at the end of the week!

How things work: Exploring Mechanical Engineering

Grades: 2-4

Time: 12:30-3:30 p.m. Days: Monday-Thursday

Price: \$200 Description:

Discover the exciting world of mechanical engineering! Design roller coasters, build catapults, and experiment with sound waves. Explore gravity, buoyancy, energy, work, and friction. Learn about the different types of simple machines and create a vehicle that can protect a passenger during a crash. If you like things that move and hurling projectiles, this class is for you!

Gymnastics Camp

Grades: 2-6

Time: 12:30-3:30 p.m. Days: Monday-Thursday

Description:

A typical day will begin with a fun active warm up and stretching, followed by age appropriate games. We will set stations to explore fundamental skills on all 4 gymnastics apparatuses including balance beam, floor exercise, vault and bars. We will play games and make crafts as well! *Campers should bring a snack.

Once Upon a Time Princess Camp

Grades: PK5-1

Time: 12:30-3:30 p.m. Days: Monday-Thursday

Price: \$220 Description:

Campers will join Ms. Parsons for an exciting week of discovering their inner princesses! Each day will have a different princess theme that our princesses can dress up for, along with games and activities such as a princess scavenger hunt, tea party,

and more! We will make princess accessories such as crowns and wands so that each princess will go home with new princess pieces!

Week Six: July 6-9

Morning Sessions

TGA Flag Football Camp

Grades: PK5-2

Time: 9 a.m.-12 p.m. Days: Tuesday-Friday

Price: \$275 Description:

Score a touchdown with TGA at an action-packed week of flag football camp at HIES! TGA Flag Football camps offer an exciting mix of instruction, games, and drills to help campers develop passing, catching, and defending skills while having fun and building friendships. Coaches enforce a NO CONTACT policy to maintain Safety and promote life lessons including Teamwork and Sportsmanship. TGA provides all equipment and a thoroughly trained staff of coaches to create a safe, supportive, and fun camp experience for your young athlete.

*Please have your camper bring a snack.

Flag Football Camp

Grades: 4-6

Time: 9 a.m.-12 p.m. Days: Tuesday-Friday

Price: \$205 Description:

Campers will join Coach Umstead for a week of Flag Football fun! This flag football program will be non-competitive, and will emphasize using good sportsmanship, team building, and having fun. Coach Umstead will help the children learn running pass routes, punting, field goals, and other certain techniques of flag football. A game will be played each day as well. There will be no tackling during the games. This camp will be open to boys and girls with any level of experience!

Engineering for Kids: Jr. Engineering Club: FUNdamentals

Grades: PK5-2

Time: 9 a.m.-12 p.m. Days: Tuesday-Friday

Price: \$200 Description:

Welcome to Jr. Engineering Club: FUNdamentals! This camp has been designed specifically to help establish the necessary foundational information that answers the question "What is engineering?". The students will build projects that float, fly, zoom, buzz, and hopefully stand strong in this FUNdamentals course. We look forward to seeing what they can create! Sign up for this Engineering For Kids of East Atlanta exclusive opportunity today!

Afternoon Sessions

Fashion Workshops: That's Sew Fun – Pajamas and Pillows

Grades: 2-6

Time: 12:30-3:30 p.m. Days: Tuesday-Friday

Price: \$275 Description:

Pajama days are relaxing and fun! Learn how to sew while making pajama shorts or pants. Campers will learn how to encase elastic to make a waistband, straight stitching and hemming. Campers will learn how to thread and operate a sewing machine and create a bonus matching pillow *As a bonus campers will be able to repurpose a shopping bag from an old t-shirt.

Full Day Sessions

Engineering for Kids: Momentum Madness

Grades: 3-5

Time: 9 a.m.-3 p.m. Days: Tuesday-Friday

Price: \$265
Description:

Zero to sixty in two seconds?! How fast can an object go without compromising safety? Students in this camp will work with their Pit Crew to design and build vehicles, such as dragsters and hovering levitrons, which should able to withstand astonishing speeds. Fasten your seat belt, the race has begun!

Week Seven: July 12-16

Morning Sessions

Soccer Shots Camp

Grades: PK5-2

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$325 Description:

Soccer Shots camps are filled with exciting, age appropriate soccer games and lessons that will build a great foundation for the game of soccer, and more importantly, a strong foundation in life because of our Character Development aspect to all of our lessons. Children will learn character words like respect, teamwork, confidence, determination, responsibility and more. Children will hear stories of famous athletes and world changers who exemplify these character qualities, and then we will be playing fun games on the soccer field to put these into practice. Along with character development, we will be teaching soccer skills like dribbling, shooting, passing and trapping, pull backs, step overs, goalkeeping and more!

Minecraft Level Design: Advanced

Grades: 3-6

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$325 Description:

For our advanced Minecraft users, students will learn the ins and outs of level design and game design while learning to engineer in Minecraft by using Red Stone. Students even learn basic code commands, too! This class offers thrills AND education alike as students explore their inner Da Vinci in a STEM format, perfect for Minecraft lovers! Check out CodeREV's <u>video reel</u> to get a taste of what this camp will be like! *Students will need to bring any laptop computer - PC or Mac - for this camp with the below minimum specs:

CPU: Intel Core i3-3210 3.2 GHz/ AMD A8-7600 APU 3.1 GHz or equivalent

RAM: 4GB

Afternoon Sessions

Abrakadoodle – World Travel 3D Art Camp

Grades: PK5-2

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$325 Description:

Travel with us on this creative journey and change the way you see the world! Create 3D masterpieces inspired by world cultures. Learn about Chinese ceramics, Croatian "licitar" hearts, Maori design carvings from New Zealand, "nicho" boxes from Mexico and much more. Create art using a variety of materials, play games and understand that through art we can connect with people from all over the world.

Cooking Camp

Grades: PK5-1

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$250

For more information or to register for these classes, visit www.hies.org/bearcamps

Description:

Join Nurse Kaki and Ms. Parsons for Cooking Camp! Campers will learn and practice basic cooking skills and make crafts each day. We will make food, decorate chef hats and aprons, and more! This camp will bring out the culinary side of your student!

Minecraft Level Design

Grades: 1-2

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$325 Description:

In this camp, students will learn the ins and outs of level design and game design while learning to engineer in Minecraft by using Red Stone. Students even learn basic code commands, too! This class offers thrills AND education alike as students explore their inner Da Vinci in a STEM format, perfect for Minecraft lovers! Check out CodeREV's video reel to get a taste of what this camp will be like!

*Students will need to bring any laptop computer - PC or Mac - for this camp with the below minimum specs:

CPU: Intel Core i3-3210 3.2 GHz/ AMD A8-7600 APU 3.1 GHz or equivalent

RAM: 4GB

E-Sports Challenge Camp

Grades: 3-12

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$270

Description:

This camp will use the digital environment of Esports to teach teamwork, reinforce communication, and unleash creativity. Participants will work individually and together to build, explore, and create in a digital world. We will use a Minecraft-like software to create adventures!

Gymnastics Camp

Grades: 2-6

Time: 12:30-3:30 p.m. Days: Monday-Friday

Description:

A typical day will begin with a fun active warm up and stretching, followed by age appropriate games. We will set stations to explore fundamental skills on all 4 gymnastics apparatuses including balance beam, floor exercise, vault and bars. We will play games and make crafts as well!

*Campers should bring a snack.

Full Day Sessions

Fun Camp

Grades: 2-8

Time: 9 a.m.-2 p.m.

Days: Monday-Thursday

Price: \$207 Description:

Holy Innocents' FUN CAMP is offered to all rising 2 through 8 graders (coed) who are interested in having a week of summer fun. HIES Coaches and instructors will lead this camp in a variety of activities that include: water games, slip 'n' slide, skits, water balloon toss, open gym activities, relay races, capture the flag, scavenger hunt, karaoke, obstacle courses, and various traditional and non-traditional sports. All campers will be encouraged to try every sport and activity. The fun, safe and fast-paced environment will help foster new friendships, and connect young campers with their camp counselors!

Week Eight: July 19-23

Morning Sessions

Softball Camp

Grades: 3-8

Time: 9 a.m.-12 p.m. Days: Monday-Thursday

Price: \$205 Description:

Join the HIES softball coaching staff and players for an exciting and energetic four-day camp filled with fundamentals and fun activities. This camp is appropriate for beginners and for experienced players alike. This instructional camp will focus on new drills that will improve each girl's knowledge of the game, and it will teach her the fundamentals of hitting, fielding, throwing, base running, pitching, and catching. They will receive individual instruction while learning about the importance of teamwork.

*Each camper will receive a t-shirt.

Tennis Camp

Grades: PK5-2

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$360 Description:

Join TGA for an action-packed week of tennis! Our camp provides an unparalleled experience for your child by combining expert instruction, fun games and drills. Camps will focus on developing the forehand, backhand, racquet and rally skills, rules and etiquette, and fun games and challenges. TGA coaches are trained to utilize age appropriate equipment to create a safe and fun experience for your young camper. Tennis equipment is provided. *Please have your camper bring a snack.

Up, Up, and Away! Exploring Aerospace Engineering

Grades: 2-4

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$200 Description:

Discover the exciting world of aerospace engineering! Design parachutes, launch water bottle rockets, and learn about Newton and his laws of motion. Explore the forces of lift, weight, thrust, and drag. Learn how airplanes work and design your very own kite. If you like activities that zoom and fly, this class is for you!

Gymnastics Camp

Grades: PK5-1

Time: 9 a.m.-12 p.m. Days: Monday-Thursday

Description:

A typical day will begin with a fun active warm up and stretching, followed by age appropriate games. We will set stations to explore fundamental skills on all 4 gymnastics apparatuses including balance beam, floor exercise, vault and bars. There will be morning snack time so please have your children bring a snack! Children will also participate in daily arts & craft activities, team building activities, parachute and more!

Afternoon Sessions

Golden Bears Futsal Camp

Grades: 1-8

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$250 Description:

Looking for a camp where your future soccer star can continue to develop their technical and tactical skills without worrying about how hot it is, or if it's going to rain? Look no further! This year we are offering a four-day Futsal Soccer Camp.

Futsal is the only form of indoor soccer endorsed by FIFA (World Soccer Governing Body). It is a small-sided game played on a hard-surfaced, basketball-sized court with a low bouncing ball. Futsal is played with touchline boundaries and without walls. Futsal is the game that outdoor soccer players around the globe play to refine and maintain their control skills and touch. In Futsal, players are constantly reminded to play the same quality control game that is required for success in the outdoor game. This camp is directed and coached by HIES Varsity Soccer coach, Carlos Carrillo, who is originally from San Jose, Costa Rica. Coach Carlos is a former scholarship college player with Mercer University. He has been coaching youth players from all ages for the past 18+ years. He presently holds various USSF and NSCAA coaching certifications. He creates a training environment that promotes positive habits of self-reliance, a relentless work ethic, personal accountability and a caring approach of sharing life skills to help players achieve greatness on and off the field.

*Each player will need to bring water, shin guards and INDOOR SHOES (flats, turfs, or cross-training tennis shoes). NO CLEATS or RUNNING SHOES.

Fizz, Bubble, Pop! Exploring Chemistry

Grades: 2-4

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$200 Description:

Discover the exciting world of chemistry and chemical engineering! Experiment with acids and bases and learn how to make a pH indicator out of household ingredients. Make invisible ink, create bubbles, and explore the amazing properties of polymers. Learn how to identify chemicals and use the power of science to investigate a crime scene and find the culprit. If you like things that fizz and mixing up colorful concoctions, this class is for you!

Week Nine: July 26-30

Morning Sessions

Playball Camp

Grades: PK5-1

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$250 Description:

Playball Camp is a perfect mix of fun, sports, and engaging activities for your student! We also focus on important physical, educational, and early childhood development so good fit for aspiring athletes or non-sporty children as we coach at both the individual and group level. The kids have fun at Playball Camp while also learning and being active. It's been a success for years and enjoyed by both girls & boys equally. We focus on a different sport each day including soccer, baseball, basketball, tennis, and hockey and incorporate other activities. Making learning fun and playing games through active participation is our goal and the kids love it!

Girls' Soccer Camp

Grades: 3-9

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$250 Description:

This camp is directed and coached by HIES Varsity Soccer coach, Clayton Schmitt and his coaching staff. The Golden Bears Girls' Soccer Camp offers a unique, age-appropriate soccer experience designed to improve each player's soccer development experience. In this five-day camp, we combine the development of soccer and life skills to help our future soccer stars achieve greatness on and off the field. On the soccer field, we help players develop confidence and creativity with the ball using the latest training methodologies. We combine a focus on individual skill and technical work with partners and multi-player situational progression. We identify and

train the most critical moves and skills every player needs to have to dominate in 1 vs. 1 situations.

Musical Theatre Workshop

Grades: 6-12

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$235 Description:

Want to learn about auditions for the fall musical? The Musical Theatre Audition Workshop is designed for students who plan to try out for the fall Middle School/Upper School musical. During this one-week workshop, students will become familiar with the material required for the audition process. They will learn the scenes, songs and dances that will be used for auditions for the show. Additionally, they will be coached on the mechanics of auditioning and musical theatre performance.

*Please note: While this workshop is highly recommended for students who want to audition for the musical, attendance does not preclude the need to audition for the show, nor does participation guarantee a role. Not attending the workshop will not prevent a student from being cast, either.

*We only accept rising 5 graders with a prior conversation with instructors.

Afternoon Sessions

Theatre for Rising 5 Grade

Grades: 5

Time: 12:30-2:30 p.m. Days: Monday-Friday

Price: \$235 Description:

Want to learn about auditions for the Fifth grade play? The Fifth Grade Audition Workshop is designed for students who plan to try out for the annual Fifth grade play. During this one-week workshop, students will become familiar with the material required for the audition process. They will learn the scenes that will be used for auditions for the show. Additionally, they will be coached on the mechanics of auditioning and theatre performance.

*Please note: While this workshop is highly recommended for students who want to audition for the play, attendance does not preclude the need to audition for the show, nor does participation guarantee a role. Not attending the workshop will not prevent a student from being cast, either.

Priceless Painting

Grades: PK5-8

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$285 Description:

We will spend the week painting with acrylics on canvas. The children will finish several masterpieces including an impressionistic painting, as well as an abstract. Your child does not need to be able to draw well to find success in this class. The focus during the week is to introduce each child to the joy of painting and mixing colors. Be prepared to be amazed by your children's art!

*Since acrylic paint stains wear old clothes and shirts to the class!

MathCraft

Grades: PK5-2/3-6 Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$285 Description:

MathCraft is the class where both parents and students truly win as parents get to watch their students get thrilled to do math! This class is a must for any parents who want their kids to enjoy math more and learn math more deeply. Students actually build math problems inside the game of MineCraft, and solve them using CodeREV's one-of-a-kind, amazing MathCraft program. CodeREV is currently training teachers globally in this program, and this groundbreaking class was even presented through Microsoft Education and at the ISTE EdTech Conference!

*Students will need to bring any laptop computer - PC or Mac - for this camp with the below minimum specs:

CPU: Intel Core i3-3210 3.2 GHz/ AMD A8-7600 APU 3.1 GHz or equivalent

RAM: 4GB

Full Day Sessions

Engineering for Kids: Wreck It Week

Grades: 3-5

Time: 9 a.m.-3 p.m. Days: Monday-Friday

Price: \$330 Description:

Smash! Crash! BOOM! Students in this camp will join Wrecking Companies for the week and will attempt to work their way up the ranks of their company from Intern to President. They will compete against other wrecking companies in various engineering-related challenges, such as building a bridge from balsa wood and constructing safety mechanisms to protect a raw egg from impact. Put on your hard hats and safety goggles and join the fun with Engineering For Kids of East Atlanta!

Summer Academic Camps

Week Four: June 21-25

Morning Sessions

Kindergarten Alphabet Boot Camp

Grades: PK5-K

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$310 Description:

Taught by Teachers from the Alan A. Lewis Primary School, this program has been designed to give rising PK - 5 and Kindergarteners practice in foundational skills that have been demonstrated to be the most important for a successful kindergarten and school experience. Children will enjoy engaging in opportunities for socializing, practicing pre-reading activities, and strengthening large and fine motor skills in a fun 'learning through play' environment.

Week Five: June 28-July 1

Morning Sessions

Summer Reading for Rising Sixth Grade

Grades: 6

Time: 9 a.m.-12:15 p.m. Days: Monday-Thursday

Price: \$310 Description:

Taught by Tisha Avouris, this course is offered to help students complete the Sixth-grade summer reading assignments. Students are asked to have finished their optional book before this session, but they will work on the required summer reading with Ms. Avouris during the class.

*This one-week course is offered weeks five and six of Bear Camps.

Week Six: July 6-9

Morning Sessions

Summer Reading for Rising Sixth Grade

Grades: 6

Time: 9 a.m.-12:15 p.m. Days: Tuesday-Friday

Price: \$310 Description:

Taught by Tisha Avouris, this course is offered to help students complete the Sixth-grade summer reading assignments. Students are asked to have finished their optional book before this session, but they will work on the required summer reading with Ms. Avouris during the class.

*This one-week course is offered weeks five and six of Bear Camps.

Week Seven: July 12-16

Morning Sessions

Kindergarten Alphabet Boot Camp

Grades: PK5-K

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$310 Description:

Taught by Teachers from the Alan A. Lewis Primary School, this program has been designed to give rising PK - 5 and Kindergarteners practice in foundational skills that have been demonstrated to be the most important for a successful kindergarten and school experience. Children will enjoy engaging in opportunities for socializing, practicing pre-reading activities, and strengthening large and fine motor skills in a fun 'learning through play' environment.

Introduction to Middle School Technology for Rising Grades 6-8

Grades: 6-8

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$310 Description:

The digital life of a middle school student is fast-paced and filled with wonderful opportunities and character-building challenges. The week-long Intro to Middle School Technology course seeks to prepare rising sixth grade students and students new to HIES as they approach the upcoming school year. During the course, students will be introduced to password and username management for the various programs, websites, and remote learning software that they may need in the Middle School. They will work extensively with the school website, dropbox system, Zoom, and laptop during this time.

*All registered students will need their new school laptops, username and password information, and Bearsmail email accounts prior to the start of class.

Week Eight: July 19 - July 23

Morning Sessions

First Grade Academic Camp

Grades: 1

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$310 Description:

Taught by Holy Innocents' teachers, this program has been designed to give rising first grade students practice in foundational skills that have been demonstrated to be the most important for a successful First grade and school experience. Children will enjoy engaging in opportunities for socializing, Saxon Kindergarten-level sight words, and strengthening large and fine motor skills in a fun 'learning through play' environment.

Summer Academics: Reading Comprehension for Rising 2 Grade

Grades: 2

Time: 9-10:30 a.m. Days: Monday-Friday

Price: \$160 Description:

This class will provide an excellent opportunity to review many of the skills taught in first grade that are especially important for success in second grade.

Specific lessons to be covered include:

- Sentence components (capitals and punctuation)
- Nouns and verbs
- Phonics review
- Reading including decoding strategies and comprehension

Summer Academics: Reading Comprehension for Rising Third Grade

Grades: 3

Time: 9-10:30 a.m. Days: Monday-Friday

Price: \$160 Description:

This class is designed to enrich grade appropriate reading, writing, and comprehension

skills. This is a small group class with individualized instruction when applicable.

Summer Academics: Reading Comprehension for Rising Fourth Grade

Grades: 4

Time: 9-10:30 a.m. Days: Monday-Friday

Price: \$160 Description:

This class is designed to enrich grade appropriate summer required reading, narrative writing, grammar, and comprehension skills. This is a small group class with individualized instruction when applicable.

Summer Academics: Reading Comprehension for Rising Fifth Grade

Grades: 5

Time: 9-10:30 a.m. Days: Monday-Friday

Price: \$160 Description:

This class is designed to enrich grade appropriate reading, writing, and comprehension skills. This is a small group class with individualized instruction when applicable.

Specific lessons to be covered include:

- Subject/predicate
- Sentence structure
- Basic paragraph
- Story elements
- And more!

Expository Writing for Rising Grades 6-8

Grades: 6-8

Time: 9 a.m.-12:15 p.m. Days: Monday-Friday

Price: \$310 Description:

This one-week course offered to grades 6, 7, and 8 will focus on teaching students the purpose of *Expository Writing*. Students will be given the practice and tools to research and investigate an idea, gather supporting evidence, and present a point of view or argument on the topic of choice. We will be using multiple methods including descriptive essays, process essays, comparison essays, cause/effect essays, and problem/solution essays.

Summer Academics: Math for Rising Second Grade

Grades: 2

Time: 10:45 a.m.-12:15 p.m.

Days: Monday-Friday

Price: \$160 Description:

This class will provide an excellent opportunity to review many of the skills taught in first grade that are especially important for success in second grade.

Specific lessons to be covered include:

- Strategies of basic addition and subtraction facts
- Identification of coins
- Telling time to hour and half hour
- Comparing numbers up to 100
- Place value up to 100
- Solving word problems

Summer Academics: Math for Rising Third Grade

Grades: 3

Time: 10:45 a.m.-12:15 p.m.

Days: Monday-Friday

Price: \$160 Description:

This class is designed to review and enrich grade appropriate math skills from the previous year, as well as enrichment for the upcoming school year. This is a small group class with individualized instruction when applicable.

Summer Academics: Math for Rising Fourth Grade

Grades: 4

Time: 10:45 a.m.-12:15 p.m.

Days: Monday-Friday

Price: \$160 Description:

This class is designed to review and enrich grade appropriate math skills from the previous year, as well as enrichment for the upcoming school year. This is a small group class with individualized instruction when applicable.

Summer Academics: Math for Rising Fifth Grade

Grades: 5

Time: 10:45 a.m.-12:15 p.m.

Days: Monday-Friday

Price: \$160 Description:

This class is designed to review and enrich grade appropriate math skills from the previous year, as well as enrichment for the upcoming school year. This is a small group class with individualized instruction when applicable.

Specific lessons to be covered include:

Basic math facts

Subtracting across zero (regrouping)

Place value

- Double digit multiplication
- And more!

Summer Academics: Math for Rising Sixth Grade

Grades: 6

Time: 10:45a.m.-12:15 p.m.

Days: Monday-Friday

Price: \$160 Description:

This one-week class is highly recommended to assist your student in completing the summer math packet. In addition, supplementary materials will be utilized to complement the skills covered in the math packet.

Summer Academics: Math for Rising Seventh Grade

Grades: 7

Time: 12:30 a.m.-2:00 p.m.

Days: Monday-Friday

Price: \$160 Description:

This one-week class is highly recommended to assist your student in completing the summer math packet. In addition, supplementary materials will be utilized to complement the skills covered in the math packet.

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Week Nine: July 26-30

Morning Sessions

First Grade Academic Camp

Grades: 1

Time: 9 a.m.-12 p.m. Days: Monday-Friday

Price: \$310 Description:

Taught by Holy Innocents' teachers, this program has been designed to give rising First grade students practice in foundational skills that have been demonstrated to be the most important for a successful First grade and school experience. Children will enjoy engaging in opportunities for socializing, Saxon Kindergarten-level sight words, and strengthening large and fine motor skills in a fun 'learning through play' environment.

Afternoon Sessions

Handwriting Brush Up

Grades: PK5-4

Time: 12:30-3:30 p.m. Days: Monday-Friday

Price: \$385 Description:

Does your child dread homework time or struggle to complete written work in class? This Handwriting Brush Up course is designed to help children who have difficulty with the physical process of writing and develop other fine-motor skills.

The sessions will target the following:

- pencil grasp and control
- letter and number formation
- printing legibility and/or cursive instruction

Manipulation and fine motor coordination skills will also be addressed. The sessions will be led by licensed occupational therapists.

*All materials and supplies are included.

College Application Boot Camp

Grades: 12

Time: 9 a.m.-12 p.m. OR 1-4 p.m.

Days: Wednesday-Friday, July 28th-30th

Price: \$225
Description:

Feeling anxious about writing your main Common Application or Coalition Application essay? Worried about how best to tackle those "Why _____ College?" short answers, or those school specific supplemental essays? We've got you covered.

Come spend two half days with college counseling to get a jumpstart on crafting and revising college application essays.
