

OCE's Counselor Corner

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Monthly Character Trait/Habit

April: Synergize

- ✓ Synergizing means valuing differences and then working together to create a better solution than what anyone could do alone.
- ✓ Examples/Suggestions:
 1. Watch your favorite sports team play a game. Pay extra attention to how all the players work together as a team.
 2. Talk about what makes a bad team member and what makes a good team member.
- ✓ Activities:
 1. Three Little Pigs Story- Instructions:

Have the student gather, preferably in a circle, and tell them that they will be telling the story of the 3 Little Pigs. One by one the students are to tell the story, but only saying 1 word at a time. The goal is to complete the story by having the students work together. **LESSON: By working together (synergizing) the story can be told to completion.**
 2. Letter Word Body Parts (Materials: Paper and Pencil) Instructions:

Tell the students to individually, think of any body parts that are spelled using only 3 letters and write them on their paper. Hint, there are only 10. After a few minutes have them work with a partner to compare answers. Answers: 1. Ear 2. Eye 3. Lip 4. Arm 5. Leg 6. Toe 7. Gum 8. Rib 9. Jaw 10. Hip. **LESSON: By working together (synergizing) they should be able to come up with all answers. The sum of the parts is greater than the whole.**

Social Emotional Learning

Quick and Easy Activities



<https://www.centervention.com/social-emotional-learning-activities/>



<https://www.mindyeti.com>



<https://www.brainpop.com/health/>



PLAYWORKS

<https://www.playworks.org/resource/twelve-games-to-teach-students-social-emotional-learning/>



<https://www.secondstep.org/covid19support>



<https://pbskids.org/>

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<https://www.sanfordharmony.org/harmony-at-home/>

