

Delta Parents:

Congratulations on your student's admission into this amazing program. As the school nurse, I oversee health conditions, medication administrations, and immunization compliance. Please read over this document very carefully. Incomplete health information and immunization records could result in a delay in your student starting school in the Fall.

### **Required Documents before starting school:**

1. Health History form (more information may be required depending on health history).
2. Current immunization record (**I will contact you if I am unable to locate this information**).

### **Health conditions:**

Please fill out the health history form and send it in with your registration paperwork. If there is a health condition that may affect your student's success at school, please let us know on the form. **LIFE THREATENING CONDITION** students need a plan in place and emergency medicine if necessary before attending school. If you have indicated that your student has a **LIFE THREATENING CONDITION**, I will be contacting you and sending out further information to be signed by your health care provider (this info will need to be renewed yearly before school starts).

### **Medications:**

Per school policy any medication (even over the counter meds) need to have authorization from a medical provider. If daily medications can be administered before school or after school that would be best. If the medication needs to be administered at school by the student or by the nurse, we do need to have a medication form on file for the year. This form will need to be renewed each year the student needs the medication at school. **There is a medication form specifically for asthma students (this includes a health care plan) and one form for all other medications, including over the counter medication.**

Student self-administration of medication is allowed if you and the doctor agree (and the doctor checks the box on the medication form) that the student is responsible enough to self-administer. Controlled substances like ADHD or anxiety medications are not allowed for self-administration and must be kept locked in the nurse's office or best administered at home if possible. Common self-administration meds are epi-pens, inhalers, ibuprofen, and/or Tylenol. These can also be administered by the nurse if you would like or if you would like the student to self-carry and have back up medication in the nurse's office that would also be acceptable (with doctor's permission to self-administer).

Medication forms are located in the "Nurse" tab in the "Student Support" section of the website. Please feel free to make copies of the med form if you have more than one medication to be administered at school. Please make sure that you have the doctor's signature and parent signature on each form before uploading to the website or sending in to the school. If you are getting medication orders together earlier than the end of this school year, please have the doctor specify that the order is for the 2021/2022 school year.

### **Immunizations:**

Washington School Immunization Law (RCW 28.A.31.118) requires that the parent must certify with dates that the student is properly immunized or sign a personal or religious exemption that is also signed by a Healthcare provider. If an exemption is signed and a disease outbreak for which your child is exempted occurs, the child will be excluded from school for the duration of the outbreak as determined by the Health Department.

If I am unable to find your immunization record, I will be contacting you for more information. If you have an exemption and have that available, please email it with your paperwork.

I am very invested in the health and safety of the Delta students and look forward to an amazing year with your child!

Please send documents with your registration paperwork to [corina.schirmer@thedeltahighschool.com](mailto:corina.schirmer@thedeltahighschool.com). If you have any questions or concerns I can be reached at [kmitchell@psd1.org](mailto:kmitchell@psd1.org). Sometimes emails are sent to my junk folder, if you have not heard from me within a week, please resend your email or email [corina.schirmer@thedeltahighschool.com](mailto:corina.schirmer@thedeltahighschool.com) and she will route the information to me.

Kelli Burns Mitchell, ARNP

Delta High School Nurse

**\*\*\*PLEASE FILL OUT THE HEALTH HISTORY FORM AND ANY  
MEDICAL FORMS YOU MAY HAVE AND EMAIL THEM WITH  
YOUR REGISTRATION PAPERWORK TO  
[CORINA.SCHIRMER@THEDELTAHIGH SCHOOL.COM](mailto:CORINA.SCHIRMER@THEDELTAHIGH SCHOOL.COM) \*\*\***