



Lodi USD Youth Sports Guidelines for Return to Play ("RTP") rev. 4/20/2021

Release Date: 4/20/2021

- Authority to Issue Guidelines and Directions for RTP
 - Primary → California Department of Public Health ("CDPH") and San Joaquin County Public Health Officer ("SJCPHO")
 - Secondary → Lodi USD Board of Education and Lodi USD Superintendent

- Return to Play General Conditions
 - Beginning 2/26/2021 RTP permitted in San Joaquin County ("SJC") when adjusted COVID19 case rates $\leq 14/100,000$
 - Once Lodi USD RTP resumes, should SJC subsequently experience $\geq 14/100,000$ RTP is **not** rescinded
 - No more than one competition per day, per team
 - Student-Athletes, Coaches, and Crews (Paid or Volunteer) may only participate in one sport per season
 - No out-of-state competitions
 - Competitions may occur against other teams-
 - in SJC
 - in bordering county if vetted by both Counties' Public Health Officers ("PHO")
 - AD responsibility
 - No competition involving more than two teams is allowed as of Release Date
 - CIF Bylaws 600-605 in-place for football only as of Release Date
 - CDPH recommends but does not mandate adherence to club non-association during CIF season

- Eligibility for Return to Play
 - Student-Athletes
 - Lodi USD Informed Consent signed by parent of Student-Athlete, or by Student-Athlete if >18yo or emancipated
 - Self-Assessment Symptom Checker performed and logged daily
 - Symptom-free for at least the 24-hour period prior to participation
 - Testing as indicated below
 - Coaches
 - Self-Assessment Symptom Checker performed and logged daily
 - Symptom-free for at least the 24-hour period prior to participation
 - 2x/month AZOVA COVID19 PCR Saliva test (District provided)
 - Paid/Volunteer Crews
 - Allowed only for competitions
 - Self-Assessment Symptom Checker performed and logged daily
 - 2x/month AZOVA COVID19 PCR Saliva test (District provided)
 - No student may crew or assist a competition in any manner or form

- Social Distancing (Team Participants)
 - Student-Athletes must wear face coverings when not actively participating
 - Coaches must wear face coverings at all times
 - Each level of a sport is a cohort, e.g. Varsity = one (1) unique cohort and JV = a separate unique cohort
 - No mixing of cohorts is permitted
 - When equipment is shared during an activity, participants perform hand hygiene (wash hands with soap and water or use an alcohol-based hand sanitizer) before play, during breaks, at half time, and after the conclusion of the activity.

- Students must provide their own water/beverages, and label all bottles with their name
 - Sharing any personal item is a high-risk practice, and coaches must consistently remind athletes of this



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- Conditions for Return to Play if Authorized, Cf. “Outdoor and Indoor Youth and Recreational Adult Sports” linked below
 - Testing for Authorized Sports
 - Sites are responsible for scheduling all testing per District guidelines
 - Student-Athletes:
 - Outdoor Low Contact Sports
 - No testing required
 - Outdoor Moderate Contact Sports
 - No testing required
 - Outdoor High Contact Sports
 - Until $\leq 7/100,000$ in SJC, weekly (every student-athlete, COVID19 PCR Saliva test (District provided) every Monday during season
 - After $\leq 7/100,000$ in SJC, COVID19 PCR Saliva test (District provided) results provided 24 hours prior to competition
 - Indoor Moderate and High Contact Sports
 - COVID19 PCR Saliva test (District provided) every Monday and Thursday during season
 - Quarantine for Authorized Sports
 - In the event of even one (1) positive result in any cohort, all cohort members (Coaches, student-athletes, and crews) must quarantine
 - For 10 days after symptoms first appeared (or 10 days after specimen collection for their first positive test), AND
 - At least 24 hours have passed with no fever (without use of fever-reducing medications)
 - Conditions for Return to Play if Not Otherwise Authorized, Cf. “Outdoor and Indoor Youth and Recreational Adult Sports” linked below
 - Follow guidelines for “Quarantine for Permitted Sports” above for **positive** cases
 - Any student-athlete, coach, or crew who is **exposed** to a positive case must quarantine for fourteen (14) days from date of close contact with the positive case
 - Follow testing guidelines for “Indoor Moderate and High Contact Sports” above
- COVID19 Reporting
 - Only positive test results are reported
 - A positive case is defined as “A laboratory confirmed positive COVID19 result (e.g. by outside Health Provider, AZOVA COVID19 PCR Saliva test)
 - Principal is directly responsible for completing Lodi USD’s “Google Positive Report Form” within 24 hours of the laboratory confirmed positive case
 - All community notifications will be handled by District upon receipt of online Google form
 - District will issue AB 685 notice
 - District will notify SJCPHO
 - District will issue SB 1192 notifications for Coaches and Crew
 - Not necessary for students, non-employees
 - Principal is ultimately responsible, but may delegate completion of the Lodi USD’s Case Response Form (“CRF”) (<https://www.lodiUSD.net/district/departments/business-services/safety-with-covid-information/pandemic-safety-plan>) in order to comply with District contact tracing requirements
 - Please follow instructions on CRF
 - All community notifications will be handled by District upon receipt of CRF
 - Site Principal, or designee, is responsible for reporting the occurrence of a positive case to league and league participants per league guidelines/rules



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- Spectators/Observers
 - All applicable guidelines in the most recent update of "COVID-19 GUIDANCE: Outdoor Seated Live Events and Performances" (see link below) shall be followed

- References:
 - CDPH Outdoor and Indoor Youth and Recreational Adult Sports → <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/outdoor-indoor-recreational-sports.aspx>
 - 3/05/2021 San Diego Injunction → <https://assets.documentcloud.org/documents/20489183/gardinera-vs-county-of-san-diego-minute-order-21921.pdf>
 - AALRR 2/22/2021 Alerts & Articles → <https://www.aalrr.com/newsroom-alerts-3830>
 - CDPH Collegiate Guidance → <https://files.covid19.ca.gov/pdf/guidance-higher-education--en.pdf>
 - 3/10/2021 "TCAL Protocols & Procedures for Athlete Eligibility & Interscholastic Contacts"
 - COVID-19 GUIDANCE: Outdoor Seated Live Events and Performances → <https://files.covid19.ca.gov/pdf/guidance-live-performances--en.pdf>