

At Home Learning



Highline Early Learning
Spring 2020

Letter to Families

As you know, we are facing an unprecedented public health crisis in our state. We know that in addition to education, schools provide vital support to our communities and that closure will have a major impact on your families. We recognize that this disruption in our normal school year has an impact on our students and our families. We know that this exceptional moment has left us all wondering how to serve our children's learning.

We have begun to gather learning resources for you and will do our best to support you through this time.

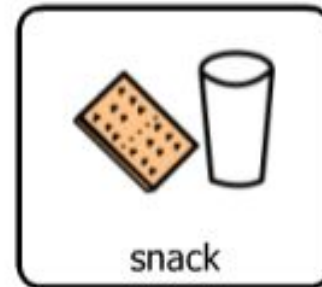
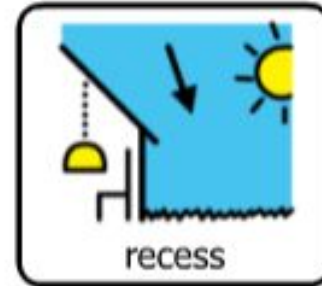
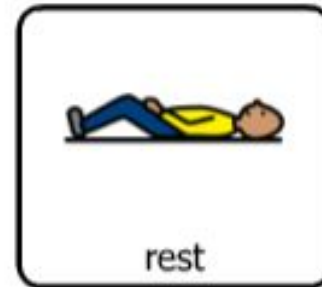
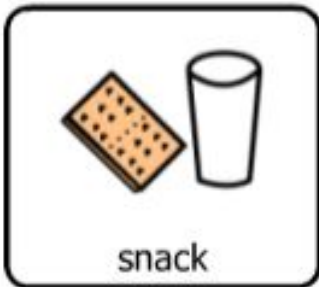
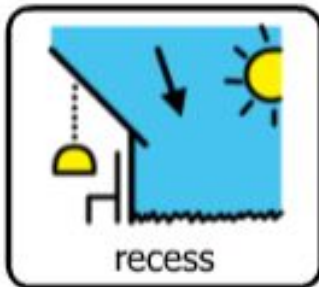
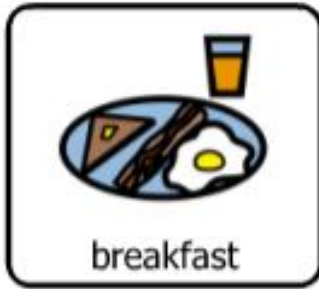
We have designed a packet of developmentally appropriate activities designed to meet the correct developmental level for a preschool age student. Activities you do with your child are best when they are individualized to your child's interest, ability and culture.

There are activity ideas, links to online resources and a sample schedule for you to use. Please reach out to your teacher and/or school staff for specific ideas, additional activities and questions.

We will miss having you and your children in our schools, and we look forward to your return!

Example Preschool Schedule

Be sure to include pictures (hand drawn works just fine!).



At Home Learning Plan

Week 1

Everyday: Read at least 1 Book

Everyday: At least 60 minutes of Physical Play

Choose 2 activities each day

<p><i>Reading</i></p> <p>Talk about the setting of your books this week.</p>	<p><i>Letters & Sounds</i></p> <p>Make a letter safari! Hide the letters around the house. When you find a letter, say the name and the letter sound.</p>
<p><i>Fine Motor</i></p> <p>Make a snake. String beads on a pipe cleaner or string.</p>	<p><i>Art or Sensory</i></p> <p>Make people or animals out of playdough.</p>
<p><i>Journaling</i></p> <p>See prompts below.</p>	<p><i>Science</i></p> <p>Make playdoh</p>

At Home Learning Plan

Week 2

Everyday: Read at least 1 Book

Everyday: At least 60 minutes of Physical Play

Choose 2 activities each day

<p><i>Reading</i></p> <p>Who are the characters in the books you are reading this week?</p>	<p><i>Letters & Sounds</i></p> <p>Make a water sensory bag. Put two tbsp blue paint or hair gel. Close the baggie well tape it closed. Practice writing letters on the baggie.</p>
<p><i>Fine Motor</i></p> <p>Use cut straws to create a necklace.</p>	<p><i>Art or Sensory</i></p> <p>Use coffee filters and pipe cleaners to create a lady bug.</p>
<p><i>Journaling</i></p> <p>See prompts below.</p>	<p><i>Science</i></p> <p>Start a science journal to record observations during walks.</p>

At Home Learning Plan

Week 3

Everyday: Read at least 1 Book

Everyday: At least 60 minutes of Physical Play

Choose 2 activities each day

<p><i>Reading</i></p> <p>What were the events in your books this week? What were the events? What happened first? What happened last?</p>	<p><i>Letters & Sounds</i></p> <p>Make a list of everyone in your family.</p>
<p><i>Fine Motor</i></p> <p>Sort cereal by color and transfer using tweezers.</p>	<p><i>Art or Sensory</i></p> <p>Paint with Q-Tips</p>
<p><i>Journaling</i></p> <p>See prompts below.</p>	<p><i>Science</i></p> <p>Identify areas that may have insects, take children to these places on walks to observe.</p>

At Home Learning Plan

Week 4

Everyday: Read at least 1 Book

Everyday: At least 60 minutes of Physical Play

Choose 2 activities each day

<p><i>Reading</i></p> <p>What letters did you notice in your books this week?</p>	<p><i>Letters & Sounds</i></p> <p>Make insect words. Use the letter cards to build words like bug, slug, or ant.</p>
<p><i>Fine Motor</i></p> <p>Use a hole punch on paper.</p>	<p><i>Art or Sensory</i></p> <p>Make a sticker collage.</p>
<p><i>Journaling</i></p> <p>See prompts below.</p>	<p><i>Science</i></p> <p>Make Oobleck (see below recipe)</p>

At Home Learning Plan

Week 5

Everyday: Read at least 1 Book

Everyday: At least 60 minutes of Physical Play

Choose 2 activities each day

<p><i>Reading</i></p> <p>Can you retell the stories from this week?</p>	<p><i>Letters & Sounds</i></p> <p>Magazine hunt! Go through magazines and find one letter at a time. Cut them out and paste to paper.</p>
<p><i>Fine Motor</i></p> <p>Color on sandpaper.</p>	<p><i>Art or Sensory</i></p> <p>Make a family portrait.</p>
<p><i>Journaling</i></p> <p>See prompts below.</p>	<p><i>Science</i></p> <p>Do potions experiment (see recipe below)</p>

At Home Learning Plan

Week 6

Everyday: Read at least 1 Book

Everyday: At least 60 minutes of Physical Play

Choose 2 activities each day

<p><i>Reading</i></p> <p>What are your favorite books? Why do you like them?</p>	<p><i>Letters & Sounds</i></p> <p>Make letters out of play dough. Roll into long snakes and then mold into letters.</p>
<p><i>Fine Motor</i></p> <p>Draw lines on paper and practice cutting along the lines. You can also practice circles in this way.</p>	<p><i>Art or Sensory</i></p> <p>Create butterflies by folding paper in half with paint to create new designs.</p>
<p><i>Journaling</i></p> <p>See prompts below.</p>	<p><i>Science</i></p> <p>Make a meal together, measuring all ingredients together</p>

Online Resources

Learning Resources

See Online Tools on Highline's Website for information on how to access these resources.

- ABC Mouse
- Scholastic
- Preschool Games
- Khan Academy

Get Moving!

- Cosmic Kids (YouTube)
- Jack Hartman (YouTube)
- GoNoodle (YouTube or App)

Playdoh Recipes

Basic Playdoh

Supplies:

- 2 cups Flour
- 1 cup Salt
- 4 tsp Cream of Tarter
- 2 Tbsp. Vegetable Oil
- Food Coloring or Liquid Watercolor

Directions:

Measure and mix all ingredients together in a saucepan off the heat until all the clumps are gone. Put it on the stove and set it to a medium heat. Continuously stir the mixture. When it pulls away from the side of the pan and forms one large ball, it is done! If any of the dough is sticky it needs to cook a bit longer. Let it cool. Knead the dough and have fun! Once completely cooled, store the dough in a airtight bag (no need to refrigerate).

Food Coloring Tricks

You can use:

- Food coloring
- Liquid watercolor
- Gel food coloring
- Kool-Aid

Mix-Ins

You can use:

- Glitter
- Sprinkles
- Vanilla or other extracts to make it smell yummy
- Cinnamon or other spices

Fun Tools and Toys

- Rolling Pins
- Potato masher
- Kid Knife
- Cookie cutter
- Toothpicks
- Plastic Animals
- Beads
- Buttons
- Sticks
- Rocks
- Scissors
- Pipe cleaners

Science Sensory Play

Oobleck

Supplies:

- Corn Starch
- Water
- Food Coloring (optional)

Directions:

- Mix together one part water and two parts cornstarch (ex: $\frac{1}{4}$ cup water and $\frac{1}{2}$ cup corn starch).
- Add food coloring to the water to make it different colors.

Play!

Clean Up Hint:

Let the oobleck dry completely. Once dry it will come off the container in big chunks making it much easier to clean up.

Erupting Potions

Supplies:

- Baking Soda
- Vinegar
- Food coloring
- Plastic tub
- Containers
- Towel
- Droppers
- Squirt Bottles

Set up:

Place different size bowls, ice cube trays, muffins tine, or cups in a plastic tub. Place a towel, under the tub. Place a few spoonfuls of baking soda in each bowl. Fill the bottles with vinegar. Add food coloring to color the liquid (optional)

Play!

Squirt the potion with the vinegar and watch it erupt! Once the liquid is covering the bottom of the bin, dump out the liquid and make it erupt again! Observe how it changes and the colors change.

Journaling

What does journaling look like for my preschooler?

Journal writing can be prompted by using a statement such as; “My favorite food is...” or “I like to...”. *But can also be open-ended.* It is good to give your child the freedom to choose topics for writing. Journal writing looks different for each child. Some children will scribble, some will write random letters, and some will attempt to spell. If your child is not yet writing words you can ask them to tell you about their drawing and write it for them.

Stages of Writing

- The first basic stage is scribble writing.
- The second stage involves “letter like” markings, some may resemble letters and others may look more like shapes.
- The third stage is when the child makes continuous strings of letters.
- In the fourth stage the child actually begins to make some letter/sound matches in his writing; for example he may write the letter “F” next to his picture of a fish.
- In the fifth stage the child will begin to use more conventional spellings of words.

My Home Journal



Name: _____

Our family.....

My school.....

I wish I could.....

I like to go to ...

When I grow up I want to....

A

B

C

D

E

F

G

H

I

J

K

L

M

N

O

P

Q

R

S

T

U

V

W

X

Y

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a

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