

May 2021

Albany Area Elementary

BREAKFAST



School Information: MENU SUBJECT TO CHANGE WITHOUT NOTICE.



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



Monday

Tuesday

Wednesday

Thursday

Friday

Lemon Snack Bread **3**
String Cheese
Fresh Fruit
Assorted Juice
4

Mini Cinni **4**
Fresh Fruit
Dried Fruit
5

Assorted Cold Cereal **5**
Fresh Fruit
Assorted Juice
1

Breakfast Round **6**
Fresh Fruit
Dried Fruit
2

Yogurt Cup with Granola **7**
Fresh Fruit
Assorted Juice
3

Cooks Choice **10**
Fresh Fruit
Assorted Juice
4

Donut Holes **11**
Fresh Fruit
Dried Fruit
5

Banana Bread Slice **12**
Fresh Fruit
Assorted Juice
1

Oatmeal Chocolate Chip Bar **13**
Fresh Fruit
Dried Fruit
2

At Home Learning Day **14**
0-3

Apple Ring Donut **17**
Fresh Fruit
Assorted Juice
3

Assorted Cold Cereal **18**
Fresh Fruit
Dried Fruit
4

Yogurt Cup with Granola **19**
Fresh Fruit
Assorted Fruit
5

Wholegrain Poptart **20**
Fresh Fruit
Dried Fruit
1

Chocolate Muffin **21**
Fresh Fruit
Assorted Fruit
2

Mini Cinni **24**
Fresh Fruit
Assorted Juice
3

Banana Bread Slice **25**
Fresh Fruit
Dried Fruit
4

Oatmeal Chocolate Chip Bar **26**
Fresh Fruit
Assorted Juice
5

Donut Holes **27**
Fresh Fruit
Dried Fruit
1

Breakfast Round **28**
Fresh Fruit
Assorted Fruit
2

No School **31**
No Meals

