May 2021

Albany Area Elementary





School Information: MENU SUBJECT TO CHANGE WITH NOTICE.



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

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	Monday	Tuesday	Wednesday	Thursday	Friday
+	Chicken Alfredo Bake Bread Stick Broccoli Fresh Veggies 4 Fresh/Canned Fruit Ham Sandwich	Taco in a bag Taco Fixings Fresh/Canned Fruit Turkey Sandwich 5	Chicken Strips Mashed Potatoes & Gravy Corn Fresh/Canned Fruit Dinner Roll Bologna Sandwich	Sloppy Joe on a Bun Baked Beans Fresh Veggies Fresh/Canned Fruit 2 Summer Sausage Sandwich	Cheesy Bread with Meat Sauce 7 Green Beans Fresh Veggies Fresh/Canned Fruit 3 Ham & Turkey Sandwich
	Cooks Choice Hot Vegetable Fresh Veggies Fresh/Canned Fruit Ham Sandwich	Mandarin Orange Chicken 111 Brown Rice Cooked Carrots Fresh Veggies 5 Fresh/Canned Fruit Turkey Sandwich	Pork Steak Mashed Potatoes with Gravy 4-way veggies Fresh/Canned Fruit 1 Dinner Roll Bologna Sandwich	Chicken Nuggets Baked Beans Fresh Veggies Fresh/Canned Fruit 2 Summer Sausage Sandwich	At Home Learning Day 14 0-3
	BBQ Rib Patty on a Bun Smile Potatoes Fresh Veggies Fresh/Canned Fruit 3 Ham Sandwich	Hot Dog on a Bun Baked Beans Fresh Veggies Fresh/Canned Fruit 4 Turkey Sandwich	Hamburger Gravy over Mashed 19 Potatoes Green Beans Fresh/Canned Fruit 5 Bologna Sandwich	Chicken Ranch Wrap Pasta Salad with Veggies Fresh Veggies Fresh/Canned Fruit 1 Summer Sausage Sandwich	Pizza Crunchers Carrot Coins Fresh Veggies Fresh/Canned Fruit 2 Ham & Turkey Sandwich
	Pancakes Sausage Patty Tri-Tator Hashbrown Fresh Veggies Fruit/Canned Fruit 3 Ham Sandwich	Chicken Fajita on a Soft Shell Green Beans Fresh Veggies Fresh/Canned Fruit 4 Turkey Sandwich	Tator Tot Hot Dish 4 Way Veggies Fresh Veggies Fresh/Canned Fruit Bologna Sandwich	Hamburger on a Bun Mixed Vegetables Fresh Veggies Fresh/Canned Fruit Summer Sausage Sandwich	Cheese Pizza Carrot Coins Fresh Veggies Fresh/Canned Fruit 2 Ham & Turkey Sandwich
	No School No meals				