June 2021

Albany Area Elementary





School Information: MENU SUBJECT TO CHANGE WITHOUT NOTICE.



Nutrition Tip: Yogurt can be eaten in lots of fun ways. It can be made into a dip for fruits or veggies, used as a base for sauces or substituted for sour cream to top off your taco or baked potato!



Reference: USDA MyPlate

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Monday	Tuesday	Wednesday	Thursday	Friday
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