

Summer Term 2021

WEEK 1

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Deli Bar Potato & Vegetable Pasta Bake Pasta Selection	Deli Bar Apricot & Roast Veg Couscous Jacket Potato Selection	Baguette Bar Selection of Baguettes & Fillings	Deli Bar Croque Monsieur Pasta Selection	Fish Bar Cod fillet Fish Fingers Battered Haddock Breaded Cod
Main Course Chicken Tandoori Naan Bread	Main Course Goan Style Hot & sour Pork Sweet Chilli Dip	Main Course Roast Beef Homemade Yorkshires Horseradish Sauce	Main Course Chicken Stir Fry Prawn Crackers	Main Course Home Made Panko Chicken Goujons Steamed Fish Free From Chicken Mini Fillets
Potato, Rice or Pasta Option Basmati Rice	Potato, Rice or Pasta Option Herb Dice Potatoes Pilau Rice	Potato, Rice or Pasta Option Lemon, Thyme & Malden Sea Salt New Potatoes	Potato, Rice or Pasta Option Sweet Chilli Noodles	Potato, Rice or Pasta Option Steakhouse Chips
Vegetables Butternut Squash Roasted Spiced Cauliflower	Vegetables Savoy Cabbage Vegetable Pilaff Rice	Vegetables Carrots & Parsnips Broccoli	Vegetables Sweetcorn Green Beans	Vegetables Garden Peas Baked Beans
Vegetarian Option Onion Bahji Mint Raita	Vegetarian Option Chickpea Falafel Sweet Chilli Dip	Vegetarian Option Stuffed Peppers	Vegetarian Option Open Face Omelette With Tomato & Emmental	Vegetarian Option Potato & Feta Pancakes Sour Cream & Chive Dip
Hot Dessert Carrot Cake	Hot Dessert Butterscotch Tart	Hot Dessert Steamed Lemon Sponge Custard	Hot Dessert Rice Pudding Jam Sauce	Hot Dessert Apple & Berry Crumble Custard
Cold Dessert Selection of Yoghurts Selection of Fresh Fruit Selection of Vegetarian Jellies	Cold Dessert Selection of Yoghurts Selection of Fresh Fruit Selection of Vegetarian Jellies	Cold Dessert Selection of Yoghurts Selection of Fresh Fruit Selection of Vegetarian Jellies	Cold Dessert Selection of Yoghurts Selection of Fresh Fruit Selection of Vegetarian Jellies	Cold Dessert Selection of Yoghurts Selection of Fresh Fruit Selection of Vegetarian Jellies

Salad Selection & Homemade Bread Available Daily

* Please note that from time to time there may be slight variations to the menus shown

WEEK 2

Monday

Deli Bar

Butternut Squash & Feta Bake
Pasta Selection

Main Course

Beef Taco
Sour Cream Dressing

Potato, Rice or Pasta Option

Basmati Rice

Vegetables

Green Beans
Sweetcorn

Vegetarian Option

Spinach & Ricotta Tortellini

Hot Dessert

Steamed Chocolate Sponge
Chocolate Sauce

Cold Dessert

Selection of Yoghurts
Selection of Fresh Fruit
Selection of Vegetarian Jellies

Tuesday

Deli Bar

Ham & Leek Pasta Bake
Jacket Potato Selection

Main Course

Chicken Fillet in a
Wholemeal Bap with
Iceberg Lettuce & Mayo

Potato, Rice or Pasta Option

Potato Wedges

Vegetables

Homemade Coleslaw
Grilled Tomatoes

Vegetarian Option

Grilled Halloumi
Sweet Chilli Dip

Hot Dessert

Blueberry Butter Cake
Custard

Cold Dessert

Selection of Yoghurts
Selection of Fresh Fruit
Selection of Vegetarian Jellies

Wednesday

Baguette Bar

Selection of Baguettes
& Fillings

Main Course

Roast Pork Loin
Gluten Free Gravy
Apple Sauce

Potato, Rice or Pasta Option

Seasoned Roast Potatoes

Vegetables

Roasted Vegetables
Carrots

Vegetarian Option

Butternut & Roasted
Red Pepper Risotto

Hot Dessert

Apple & Rhubarb Pie
Custard

Cold Dessert

Selection of Yoghurts
Selection of Fresh Fruit
Selection of Vegetarian Jellies

Thursday

Deli Bar

Cumberland Sausages
Bubble & Squeak
Gluten free Gravy

Main Course

Live Theatre
Chicken Caesar Wrap
Sweet Chilli Dip

Potato, Rice or Pasta Option

Vegetables

Corn on the Cob
Green Beans

Vegetarian Option

Winter Vegetables
With Feta & Chick Peas

Hot Dessert

Steamed Apple & Toffee Cake
Toffee Sauce

Cold Dessert

Selection of Yoghurts
Selection of Fresh Fruit
Selection of Vegetarian Jellies

Friday

Fish Bar

Cod fillet Fish Fingers
Battered Haddock
Breaded Cod

Main Course

Home Made Panko Chicken Goujons
Steamed Fish
Free From Chicken Mini Fillets

Potato, Rice or Pasta Option

Steakhouse Chips

Vegetables

Garden Peas
Baked Beans

Vegetarian Option

Goats Cheese & Caramelised
Red Onion Tart

Hot Dessert

Individual Choc Ice

Cold Dessert

Selection of Yoghurts
Selection of Fresh Fruit
Selection of Vegetarian Jellies

Salad Selection & Homemade Bread Available Daily

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WEEK 3

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Deli Bar Butternut & Spinach Bake Jacket Potato selection	Deli Bar Sausage Pasta Bake Pasta Selection Jacket Potatoes	Baguette Bar Selection of Baguettes & Fillings	Deli Bar Ratatouille Potato Bake Jacket Potato Selection	Fish Bar Cod fillet Fish Fingers Battered Haddock Breaded Cod
Main Course Teriyaki Chicken Sweet Chilli Dip	Main Course Sticky Pork Rib & Maple Chicken	Main Course Roast Chicken Breast Gravy	Main Course Sticky beef Prawn Crackers	Main Course Home Made Panko Chicken Goujons Steamed Fish Free From Chicken Mini Fillets
Potato, Rice or Pasta Option Egg Noodles	Potato, Rice or Pasta Option Herb Dice Potato	Potato, Rice or Pasta Option Seasoned Roast Potatoes	Potato, Rice or Pasta Option Sweet Chilli Noodles	Potato, Rice or Pasta Option Steakhouse Chips
Vegetables Stir fry Vegetables Courgettes	Vegetables Sweetcorn Homemade Coleslaw	Vegetables Savoy Cabbage Carrots	Vegetables Baby corn Butternut, Sweet Potato & Red Peppers	Vegetables Garden Peas Baked Beans
Vegetarian Option Vegetable Tortellini	Vegetarian Option Goats Cheese Crostini	Vegetarian Option Green Lentils & Spinach with Cumin & Ginger Potatoes	Vegetarian Option Black eyed Beans with Mushroom & spinach With a Flatbread	Vegetarian Option Smokey Chickpea, Tomato & Red Pepper Stew
Hot Dessert Artic Roll	Hot Dessert Steamed Ginger & Pineapple Sponge Custard	Hot Dessert Apple & Berry Crumble custard	Hot Dessert Individual Lemon tart OR Chocolate Mousse	Hot Dessert 100% Fruit Ice Lolly
Cold Dessert Selection of Yoghurts Selection of Fresh Fruit Selection of Vegetarian Jellies	Cold Dessert Selection of Yoghurts Selection of Fresh Fruit Selection of Vegetarian Jellies	Cold Dessert Selection of Yoghurts Selection of Fresh Fruit Selection of Vegetarian Jellies	Cold Dessert Selection of Yoghurts Selection of Fresh Fruit Selection of Vegetarian Jellies	Cold Dessert Selection of Yoghurts Selection of Fresh Fruit Selection of Vegetarian Jellies

Salad Selection & Homemade Bread Available Daily

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