

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS








Infants



All dishes highlighted have one or more of the key features to make it a Future Proof Food dish.



All dishes highlighted have been requested by our pupils.

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Main course one	<p><u>Meat Free Monday</u> Black bean, Sweet Potato Stew </p>	<p> Traditional Beef Lasagne</p>	<p> Slow Roast British Beef</p>	<p>Chicken Paella</p>	<p><u>Pizza Bar</u> Meat Feast Pizza</p>
Vegetarian	<p>Meat Free Chilli </p>	<p>Pea, Goats Cheese & Basil Puff Pastry Bake</p>	<p>Mac 'n' cheese with parmesan crumb </p>	<p>Cauliflower,  Mushroom & Haricot Bean Pie</p>	<p>Margarita Pizza  Vegan Pizza</p>
On the side	<p>Steamed rice Sweet Potato Wedges Broccoli Sweetcorn</p>	<p>Super Herby Potatoes Garlic bread</p>	<p>Fluffy Yorkshire pudding Roasted Potato Roasted Root Vegetable Gravy</p>	<p>Potato bravas Green beans</p>	<p>Seasoned fries Baked beans Kings slaw</p>
Dessert Station	<p>Apple & Vanilla Oat Crumble</p>	<p>'Brookies'</p>	<p>Apple Flapjack</p>	<p>Lemon & Lime Drizzle</p>	<p>Triple Chocolate Pudding</p>
Fruit & yoghurt pots	<p>Fruit Portions</p>	<p>Fruit Portions</p>	<p>Fruit Portions</p>	<p>Fruit Portions</p>	<p>Fruit Portions</p>

Extras	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club	Toast Cereal Crumpets	Toast Cereal Potato Cakes	Toast Cereal Pancakes	Toast Cereal Crumpets	Toast Cereal Potato Cakes
Morning Snack	Watermelon Wedges	Whole Banana	Trio of Apple Wedges	Fruit Salad Pot	Satsumas Halves
Lunch Table Crudités	Carrot & Cucumber Sticks	Cherry Tomato & Apple Slices	Humous & Pitta Slices	Olives & Carrot Sticks	Cucumber Sticks & Cherry Tomato
Afternoon Snack	Tray Bake of the day 20mmx30mm or Full Size Cupcake	Cheese & Biscuits	Tray Bake of the day 20mmx30mm or Full Size Cupcake	Bread Sticks & Dip	Tray Bake of the day 20mmx30mm or Full Size Cupcake
After School Club	Tuna, Cheese or Ham Sandwich. Whole Fruit Biscuits	Tuna, Cheese or Ham Sandwich. Whole Fruit Biscuits	Tuna, Cheese or Ham Sandwich. Whole Fruit Biscuits	Tuna, Cheese or Ham Sandwich. Whole Fruit Biscuits	Tuna, Cheese or Ham Sandwich. Whole Fruit Biscuits