

		MONDAY	TUESDAY	WEDNESDAY	THURSDA	FRIDAY
Week 1 19/04/21 10/05/21 07/06/21 28/06/21	Main	Asian Noodle Stir Fry	● Chicken Masala Curry	● Roast Chicken With Mixed Herbs	● Beef Lasagne	● Fish Fingers
	Vegetarian	Vegetable Moussaka	Spanish Vegetable Frittata	Vegetarian Sausage Jambalaya	Roasted Vegetable Lasagne	Vegetarian Chilli Non Carne
	Carbs & Veg	Mixed Salad	Rice or Croquette Potatoes Mixed Salad	Roast Potatoes Cabbage & Sliced Carrots	Mixed Salad	Rice, Mashed Potatoes Baked Beans / Peas
	Option	Pasta in a Tomato & Basil Sauce	Jacket Potato with Beans or Coleslaw	Pasta in a Roasted Vegetable Sauce	Jacket Potato with Beans or Cheese	Pasta in a Roasted Red Pepper & Chilli Sauce
	Dessert	Water Melon or Yoghurt	Eve's Pudding (apple sponge)	Fresh Fruit Platter, Yoghurt, or Cheese & Crackers	Milk Rice Pudding	Pancakes with Fruit Compote
Week 2 26/04/21 17/05/21 14/06/21 05/07/21	Main	Mac & Cheese	● Beef Chilli Con Carne	● Roast BBQ Chicken Dinner	Italian Beef Meatballs with Spaghetti	● Breaded Baked Fish Fillet
	Vegetarian	Vegetable Samosas With New York Deli Slaw	Broccoli & Cauliflower Cheese with Sweet Potato Mash	Jacket Potato with Cheese or Coleslaw	Vegetarian Shepherds Pie	Cheese & Tomato Flan
	Carbs & Veg	New Potatoes Mixed Salad	Rice Sweetcorn & Peas	Roast Potatoes Baton Carrots & Broccoli	Peas or Mixed Salad	Mashed Potatoes Peas French Style, Beans
	Option	Jacket Potato with Beans or Cheese	Pasta in a Tomato & Basil Sauce	Asian Noodle Stir Fry With Soy & Honey Salmon	Pasta in a Roasted Fresh Vegetable Sauce	Jacket Potato with Cheese or Beans
	Dessert	Peach & Pear Pot	Apple & Peach Oatie Crumble	Fresh Fruit Platter, Yoghurt, or Cheese & Crackers	Carrot Cake	Ice Cream Pot
Week 3 03/05/21 24/05/21 21/06/21 12/07/21	Main	Sweet Potato, Chickpea & Spinach Curry	● Lamb Spaghetti Bolognese	● Roast Chicken Dinner	● Braised Chicken Sausages in Onion Gravy	● Cod Bites
	Vegetarian	Cheese & Potato Pie	BBQ Red Lentil & Chickpea Wrap	Vegetarian Sausages in a Yorkshire Pudding with Onion Gravy	Nasi-Goreng (Stir Fried Vegetable Rice)	Cheese, Tomato & Spinach Pinwheel
	Carbs & Veg	Rice Sweetcorn & Broccoli	Mixed Salad	Roast Potatoes Carrots & Sautéed Cabbage	Mashed Potatoes Peas	New Potatoes Mixed Salad or Beans
	Option	Pasta in a Tomato & Basil Sauce	Jacket Potato with Beans or Cheese	Pasta in a Roasted Vegetable Sauce	Jacket Potato with Beans or Cheese	Jacket Potato with Cheese or Beans
	Dessert	Fruit Platter or Yoghurt	Apple Crumble	Fresh Fruit Platter, Yoghurt, or Cheese & Crackers	Lemon Drizzle Slice	Strawberry & Vanilla Swirl

Fresh Fruit and Yoghurt are available every day. We use locally sourced ingredients when available and in season. All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards.

● Halal Suitable