

Year 11 Post-Lockdown Assessment Plan – March 2021: PE

Aspect	Details
<p>Course audit</p>	<p>The topics that have been taught and the papers they are from are below.</p> <p>Paper 1: The Human body and movement in physical activity and sport</p> <ul style="list-style-type: none"> • Anatomy and Physiology (Skeleton, Joints and movement, Muscles, muscle movement and contractions, Heart, Cardiac Cycle, Cardiac Output, Respiratory system, Gaseous exchange) • Components of fitness, fitness training and principles of training, Warm up and cool down, Injuries. <p>Paper 2: Sociocultural influences and well being in sport</p> <ul style="list-style-type: none"> • Physical, mental and social influences • Sports psychology (Skill classification, Guidance, Feedback, SMART targets, information processing) • Ethical principles (Performance Enhancing Drugs, Technology in sport, Sportsmanship and Gamesmanship, Hooliganism and Spectator behaviour)
<p>New content</p>	<p>As we have covered all the content we are going over and revising content from year 10 particularly (Anatomy and Physiology, components of fitness, physical, mental and social well being, sports psychology). In class we are also going over exam questions, breaking them down and looking at how to answer them.</p>
<p>Next steps</p>	<p>All the topics taught at GCSE are relevant for students to study PE at A Level. The topics are taught in greater depth at A Level and the exam is structured slightly differently. At GCSE in the exams there are a mix of multiple choice, 2, 4 and 5 mark questions. With one 6 mark and one 9 mark question. At A Level there are multiple choice, 5 mark, one 8 mark and one 15 mark question.</p>

<p>In-class assessments</p>	<p>During each lesson students will answer a 6 mark or 9 mark question linked to the topic they are covering in that lesson. This will be either self-marked, peer marked or teacher marked.</p> <p>Approx every 2-3 weeks students will sit a mini unit assessment paper out of 40 marks. Within this assessment there will be a 6 mark and 9 mark question or two 6 mark questions as well as some multiple choice questions and short answer questions (2, 4 and 5 mark)</p> <p>Students will be told in class when the assessments are and which topics are in the assessments as well as teachers adding this to SMHW.</p> <p>Assessments questions so far (LJO class):</p> <p>9.3.21 - 3 x 2 mark questions and 1 x 1 mark question on structure of veins, redistribution of blood and using data to plot a graph on blood flow during rest and exercise</p> <p>16.3.21 - 5 mark question on the Cardiac cycle</p> <p>24.3.21 - 6 mark question on the cardiac cycle</p> <p>26.3.21 – Anaerobic and Aerobic exercise 4 marks</p> <p>19.4.21 Anatomy and Physiology mini assessment (reminder also added to SMHW)</p> <p>Assessments questions so far (JGE class)</p> <p>10.3.21 –Components of fitness 6 marks</p> <p>15.3.21 – Limitations of fitness testing 9 marks</p> <p>18.3.21 – Principles of training 9 marks</p> <p>24.3.21 Fitness testing and training mini assessment (reminder also added to SMHW)</p>
<p>Interventions</p>	<p>B and D option subjects according to the intervention timetable.</p> <p>After Easter all students will be targeted but intervention sessions will be differentiated during the session according to the students predicted grades. Students who are currently working below their predicted grade by 2 or more grades to allow us to tailor revision linked to topics the students find difficult, to practice and go through exam questions and how to answer questions, particularly the 6 and 9 marks questions. Students who are 1 grade below their predicted grade will focus on the topics they find difficult and the type of exam questions they find difficult looking at exam question practice. Finally students who are working at their predicted grade their focus will be exam question practice and how to answer 6 and 9 mark questions to push them to achieve a higher grade.</p>

Additional sessions	We do not currently intend to hold sessions during the Easter holidays
Non-Examined Assessment (NEA)	<p>After Easter during core PE lessons the GCSE classes will take part in practical moderations of their sports. Students will be told dates when each sport will be assessed. Students not being assessed are still expected to take part and help out with the skills, drills and competitive situations.</p> <p>During core PE lessons and GCSE practical lessons students are practicing their moderation skill drills and how to put these into a competitive situation. This means that when it comes to moderation, students will know exactly what to do and how to show their skills and skills in competitive situations to the best of their ability. JGE and EMA teach the GCSE classes core PE and LJO is free during at least one lesson. This means that 1 teacher will run the moderation sessions and the remaining two teachers will mark and then discuss their marks and justify why marks were given as part of the moderation process.</p> <p>LJO, JGE and EMA will also moderate a sample of coursework from the cohort. LJO will contact other schools in the borough who also run AQA GCSE PE to aid the moderation process and double check coursework marking.</p>
Range of evidence	<p><i>The range of evidence we will use:</i></p> <p>Each lesson students will have a 6 or 9 marks exam question for a do it now question or question at the end of the lesson based on content the classes have been revising. This will be teacher marked.</p> <p>Mini assessments in class (50 marks) every 2-3 weeks, this will be under exam conditions and marked by the teacher.</p> <p>Students will be told a week before the assessments so they can revise the content and prepare for the exams.</p> <p>September assessment.</p> <p>Mock exams (November and May)</p> <p>Practical moderation marks and Coursework</p>
Formal assessments	<p><i>For the formal May mock exams:</i></p> <p>If possible I would like students to sit two papers.</p> <p>Paper 1: The Human body and movement in physical activity and sport</p> <ul style="list-style-type: none"> Anatomy and Physiology (Skeleton, Joints and movement, Muscles, muscle movement and contractions, Heart, Cardiac Cycle, Cardiac Output, Respiratory system, Gaseous exchange)

	<ul style="list-style-type: none">• Components of fitness, fitness training and principles of training, Warm up and cool down, Injuries. <p>Paper 2: Sociocultural influences and well being in sport</p> <ul style="list-style-type: none">• Physical, mental and social influences• Sports psychology (Skill classification, Guidance, Feedback, SMART targets, information processing) <p>Ethical principles (Performance Enhancing Drugs, Technology in sport, Sportsmanship and Gamesmanship, Hooliganism and Spectator behaviour)</p> <p>These will be full papers worth 78 marks each and 1 ¼ Hours (75mins) Students will receive a mock checklist so they know what to revise for each paper.</p>
Other information	