



CDS Middle School
Spring Football Training
Grades 5 -7

Any boys interested in playing tackle football for the 2021-2022 school year is invited to participate in spring football training! This is a great opportunity for the current 5th graders (upcoming 6th graders) to experience the game and join our team. The current 8th grade boys will train with the upper school team.

The spring training sessions will emphasize fun & enjoyment, player and skill development, and further advance player's ability to work cooperatively on and off the field.

Practice will be a combination of on-field drills and player development, inside the classroom whiteboard playbook instruction and team building activities. The players will not be hitting with shoulder pads at any time.

Each player should bring a water bottle and wear a CDS t-shirt, athletic shorts, and cleats. They should also bring a pair of sneakers in case of rain when we will need to move practice indoors.

The practices will be from Friday, April 30 - Friday, May 7 from 3:30-5:00 pm. The coaches will have a parent meeting on Friday, May 7 at 4:30 pm in the Scaglione Family Pavilion to address the 2021 MS school football program. Parents should pick up players after practice in front of the Hayes Family Gymnasium.

The coaching staff looks forward to meeting the new players and greeting all returning players.

If your child is interested in attending spring football training please email the player's name and grade to nhawkinspe@carrollwooddayschool.org. This email will add them to the roster. If they are in 5th grade, we will get the players from the elementary building and walk them over to the gym to change.

Go Patriots!

Head Coach: Luby Jones - lubyjones2004@yahoo.com

Asst. HC/ Offensive Coordinator: Jojo Chames

Defense Coordinator: Walter Lockley

Assistant OC and RB Coach: Jamall Anderson