

MENTAL HEALTH RESOURCES

In addition to district counselors, there are local organizations that have specialized programs to meet the mental health needs of students.

Family Counseling Center Phone: 801.261.3500

Valley Behavioral Health Address: 1141 East 3900 South, Suite A170 Salt Lake City, UT 84124 Phone: 888.949.4864 Call for appointment, sliding fee scales and some grants to cover unfunded students.

Volunteers of America (VOA) Cornerstone Counseling Address: 447 West Bearcat Drive Salt Lake City, UT 84115 Phone: 801.355.2846

Latino Behavioral Health Services- Address: 3471 South West Temple Salt Lake City, UT 84115 Phone: 801.935.4447

Grief Counseling The Sharing Place Address: 1695 East 3300 South Salt Lake City, UT 84106 Phone: 801.466.6730

Parenting Support, Education, Crisis Nursery Family Support Center
Address: 1760 West 4805 South Taylorsville, UT84129 Phone: 801.955.9110 Call or drop in for Crisis Nursery

Crisis Consultation and Support Salt Lake County Division of Youth Services- Address: 177 West Price Avenue (3610 South) South Salt Lake, UT 84115

University Neuropsychiatric Institute (UNI) CrisisLine Address: 501 Chipeta Way Salt Lake City, UT 84108 Phone: 801.587.3000

Mobile Crisis Outreach Team (MCOT) Triaged through the UNI CrisisLine, MCOT provides a free, prompt, face-to-face response to any resident of Salt Lake County who is experiencing a behavioral health crisis. Phone: 801.587.3000

National Suicide Prevention Lifeline Available 24 hours every day Phone: 1.800.273.8255

Private Health Insurance or Medicaid/ CHIP: You can call the number or go to the website on your insurance card to find mental health providers covered by your insurance.