

WE MISS YOU!

COME JOIN US!



POP UP TENT EVENTS

Join your friends at the Elmwood & West Hartford Senior Centers for safe and socially distanced outdoor activities under **POP UP TENTS**. Activities require pre-registration with a limited number of participants.

Safety protocols must be followed. Masks are required to be worn at all times. All guests will be temperature checked and a reading of 100 or more will prevent participation.

Access to the buildings will be prohibited. Updated schedule will be posted in the tents.

West Hartford Senior Center

Parking Lot

Mondays & Wednesdays 4/12 – 5/5	9:00 am	Coffee & Conversation
Mon. 4/12	1:00 pm	Director Update
Tue. 4/13	10:30 am	Sr. to Sr. - Heaven to Earth
Wed. 4/14 & 28	1:30 pm	Bingo
Thur. 4/15–5/6	11:45 am	Hola Amigo
Thu. 4/15	1:30 pm	Watercolor Cards
Fri. 4/16	12:00 pm	Brain Games
Wed. 4/21	11:00 am	Watercolor Cards
Fri. 4/23	1:00 pm	Better Balance
Tue. 4/27	1:30 pm	Chair Yoga
Mon. 5/3	1:30 pm	Repotting House Plants
Fri. 5/7	11:00 am	Guided Meditation

Elmwood Senior Center

Lower Parking Lot

Tuesdays & Thursdays 4/20 – 5/6	9:00 am	Coffee & Conversation
Mon. 4/19	12:00 pm	Director Update
Mon. 4/19	1:30 pm	Tai Chi Introduction
Tue. 4/20	9:30 am	Blood Pressure Screening
Mon. 4/26	1:30 pm	Watercolor Cards
Wed. 4/28	11:00am	Dragonfly Art Project
Fri. 4/30	1:00 pm	Better Balance
Tue. 5/4	10:00 am	COVID Burn Out
Tue. 5/4	1:30 pm	Chair Yoga
Wed. 5/5	10:30 am	Sr. to Sr. - Shower Safety
Fri. 5/7	12:00 pm	Brain Games

All events are complimentary, subject to change and require pre-registration.

Call 860-561-7583 or email deborah.kennedy@westhartfordct.gov to pre-register.