



Secondary School Menu 2020-2021

BREAKFAST

(in person)

Monday

Tuesday

Wednesday

Thursday

Friday

Week of April 5 - April 9

Chicken Sausage Pancake Sandwich

Applesauce Cup
Fruit Juice
1% White Milk

CEREAL

Sliced Peaches
Fruit Juice
1% White Milk

Sausage, Egg & Cheese Bkff. Taco

Diced Pears
Fruit Juice
1% White Milk

CEREAL

Fresh Banana
Fruit Juice
1% White Milk

Confetti Pancakes

Fresh Apple
Fruit Juice
1% White Milk

Week of April 12 - April 16

Yogurt & Mini Blueberry Muffin

Applesauce Cup
Fruit Juice
1% White Milk

CEREAL

Sliced Peaches
Fruit Juice
1% White Milk

Mini Cinnamon Rolls

Craisins,
(Strawberry Flavor)
Fruit Juice
1% White Milk

CEREAL

Fresh Banana
Fruit Juice
1% White Milk

Cinnamon Crumble

Fresh Apple
Fruit Juice
1% White Milk

Week of April 19 - April 23

Maple Mini Waffles

Applesauce Cup
Fruit Juice
1% White Milk

CEREAL

Sliced Peaches
Fruit Juice
1% White Milk

Chicken & Beef Kolache

Craisins,
(Strawberry Flavor)
Fruit Juice
1% White Milk

CEREAL

Fresh Banana
Fruit Juice
1% White Milk

French Toast Sticks

Fresh Apple
Fruit Juice
1% White Milk

Week of April 26 - April 30

Chicken Sausage Pancake Sandwich

Applesauce Cup
Fruit Juice
1% White Milk

CEREAL

Sliced Peaches
Fruit Juice
1% White Milk

Sausage, Egg & Cheese Bkff. Taco

Craisins,
(Strawberry Flavor)
Fruit Juice
1% White Milk

CEREAL

Fresh Banana
Fruit Juice
1% White Milk

NO SCHOOL

Cereal Options : Cinnamon Toast Crunch, Cocoa Puffs, Lucky Charms and Cinnamon Chex (all cereal are Whole Grain and reduced sugar)



Secondary School Menu 2020-2021

LUNCH

(in person)

Monday

Tuesday

Wednesday

Thursday

Friday

Week of April 5 - April 9

Grilled Cheese or Mandarin Chicken w. Rice

Fresh Apple
Green Beans
1% White Milk
or FF Choc Milk

Chicken Enchilada Bake or Bosco Sticks

Diced Pears
Baby Carrots
1% White Milk
or FF Choc Milk

Crispy Chicken Sandwich (Regular or Spicy) or Crispy Chicken Salad

Fresh Banana
Crinkle Cut Fries
1% White Milk
or FF Choc Milk

Sliced Pizza or Yogurt Parfait

Fresh Orange
Buttered Carrots
1% White Milk
or FF Choc Milk

Hamburger or Cheeseburger or Baked Potato

Sliced Peaches
Steamed Corn
1% White Milk
or FF Choc Milk

Week of April 12 - April 16

Grilled Cheese or Rotini w. Meat Sauce

Fresh Apple
Green Beans
1% White Milk
or FF Choc Milk

Beef Nachos or Yogurt Parfait

Mixed Berry Cup
Salsa Dipping Cup
1% White Milk
or FF Choc Milk

Crispy Chicken Sandwich (Regular or Spicy) or Fajita Chicken Salad

Fresh Banana
Ranch Style Beans
1% White Milk
or FF Choc Milk

Ham & Cheese Sandwich or Sliced Pizza

(cheese or pepperoni)
Fresh Orange
Baby Carrots
1% White Milk
or FF Choc Milk

Chicken Smackers w. Roll or Baked Potato w. Garlic Breadstick

Sliced Peaches
Waffle Fries
1% White Milk
or FF Choc Milk

Week of April 19 - April 23

Pulled Pork Sandwich or Grilled Cheese

Fresh Apple
Steamed Corn
1% White Milk
or FF Choc Milk

Bosco Sticks or Ham & Cheese Sandwich or Yogurt Parfait

Sliced Peaches
Baby Carrots
1% White Milk
or FF Choc Milk

Chicken Tenders w. Roll or Crispy Chicken Salad

Fresh Banana
Tator Tots
1% White Milk
or FF Choc Milk

Ham & Cheese Sandwich or Sliced Pizza

(cheese or pepperoni)
Fresh Orange
Sliced Cucumber
1% White Milk
or FF Choc Milk

Mini Corn Dogs w. Mac & Cheese or Baked Potato

Garlic Breadstick
Fresh Grapes
Parmesan Broccoli
1% White Milk
or FF Choc Milk

Week of April 26 - April 30

Grilled Cheese or Mandarin Chicken w. Rice

Fresh Apple
Green Beans
1% White Milk
or FF Choc Milk

Chicken Alfredo Pasta or Yogurt Parfait

Sliced Peaches
Parmesan Broccoli
1% White Milk
or FF Choc Milk

Chicken & Waffles or Crispy Chicken Salad

Fresh Banana
Crinkle Cut Fries
1% White Milk
or FF Choc Milk

Ham & Cheese Sandwich or Sliced Pizza

(cheese or pepperoni)
Fresh Orange
Buttered Carrots
1% White Milk
or FF Choc Milk

NO SCHOOL

Parfait options: Peach & Mango or Strawberry & Mango