

# Counseling & Guidance

## Requirements:

Grade 9     HMO (GUID 110)

## Elective Courses in 2020-21

- Introduction to Psychology (PSYC 310)
- Ethics in School and Society (GUID 311)
- Studies in Psychology: Biological, Clinical, Developmental, and Social Psychology (PSYC 410)

**100-level courses:****GUID 110 - Horace Mann Orientation**

*9th grade requirement, meets 1 day/week*

*Prerequisites: None*

HMO is a 10-week, discussion-based course for 9th grade students in the 1st semester. Co-taught by HM faculty members and 11th and 12th grade HMO Peer Leaders, this course supports 9th grade students in their adjustment to the Upper Division. It fosters connections between 9th grade students and their 11th and 12th grade Peer Leaders, who share information about important resources and support systems within the school, HM clubs & publications, service learning, athletics, study skills, and the balance between academics, social interests and extracurricular activities. Students engage in discussions about HM community norms and about what it means to be a responsible member of an inclusive community. HMO teachers include grade-level deans and faculty from various departments, including the Department of Counseling & Guidance.

**300-level courses:****PSYC 310 - Introduction to Psychology**

*Full credit, meets 4 days/week*

*Prerequisites: None*

This year-long course is a survey of the field of psychology, including the theories, research, and applications central to the discipline. The goal of the class is to engage students in exploration of the science of psychology and applications to everyday life. Psychology offers the opportunity to better understand our own and others' thoughts, feelings, and behaviors by viewing the human experience from multiple perspectives. Topics covered include: history of psychology, research methods, biological bases of behavior, sleep and consciousness, human development, motivation and emotion, memory and learning, social psychology, psychopathology, and clinical treatment. The course will incorporate discussion, film, media, collaborative and creative projects, readings, and lecture. Papers and projects challenge students to apply theories to analyze their own lives, fictional characters, and current events. An extra credit opportunity offered each semester allows students to pursue their own interests in greater depth.

**GUID 311 - Ethics in School and Society**

*Full credit, meets 4 days/week*

*Prerequisites: None*

What is a good life? What is the purpose of education? How do we understand inequality? Are people naturally selfish or altruistic?

Questions like these are just the beginning of a study of ethics. Should there be a military draft? Should abortion remain legal? Should grading be abolished? Should the legal drinking age be changed? All of these issues have major ethical components.

This full credit elective course will serve as a year-long journey through the theory and practice of ethics in school and society. Students will gain a basic understanding of systems of ethics in history, as well as current controversies in ethical thought and action. Along with readings and lectures, classes will include discussion, debates, field trips, video and audio presentations, guest speakers, and an emphasis on student-directed inquiry. In addition, the class will include a service-learning component. We will engage in individual and group projects, at school and in the wider community, in order to act, learn, and reflect on central ethical and moral issues.

#### **400-level courses:**

##### **PSYC 410 – Studies in Psychology: Biological, Clinical, Developmental, and Social Psychology**

*Full credit, meets 4 days/week*

*Prerequisites: Introduction to Psychology, departmental approval.*

This course builds upon the knowledge and skills developed in Introduction to Psychology by exploring four subfields in greater depth: biological, clinical, developmental and social psychology. Students will continue to explore the dominant psychological orientations and research methodology, with an emphasis on applying knowledge and skills to analyze case studies and real-world problems. Students will have the opportunity to pursue their own questions and interests by conducting small scale individual and group research studies. Topics will also be studied through discussion, fieldwork, debate, video and audio presentation, along with readings and lectures. The overarching goals of the course are to: build upon students' interests by allowing them to investigate their own questions, examine the human condition from multiple perspectives, enhance self-awareness and sensitivity to individual differences, and develop research and writing skills in the discipline.