

# VAPING NICOTINE VERSUS VAPING THC

## WHAT'S THE DIFFERENCE?

Vaping, whether nicotine or THC (the psychoactive ingredient in marijuana), continues to be a growing trend for teens. Because vaping is easy to hide and concentration levels are higher, addiction to both marijuana and nicotine is increasing.

### NICOTINE

#### WHAT TO LOOK FOR

- devices that look like flash (USB) drives
- e-liquid bottles
- pods/cartridges (that contain e-juice)

### THC

- jars that contain highly concentrated marijuana extract (dabs)
- dabs and cartridges (carts) that contain THC oil or wax (a thick yellowish-brown substance)
- small scoop-like tools

#### SMELL

- a smell with no apparent source (could be nicotine)
- common flavors/scents: fruity, bubble gum or chocolate cake, sweet
- smell is hard to detect
- can produce a skunk like smell
- sometimes a burning smell

#### SIGNS OF USE

- anxiety
- irritability
- difficulty concentrating
- loss of appetite
- bloodshot eyes
- dry mouth & thirst
- increased appetite
- behavior & mood changes

#### RISK OF ADDICTION

**Due to the high levels of nicotine and THC in vapes, risk for addiction is higher than ever.**

- Vaped marijuana tends to be much more potent than smoked marijuana which affects mental health, mood, relationships, memory and concentration.
- Vaped nicotine levels are extremely high - one pod has the same amount of nicotine as a pack of cigarettes

#### CONSEQUENCES

- Against the law for anyone under 21 to possess
- can be issued a Minor in Possession
- Fine & Education class
- Possession of any THC concentrate (wax, oil, cartridge, resin) is a FELONY
- Fines/Jail time vary

#### FOR MORE INFO:

- <https://drugfree.org/article/vaping-and-marijuana-what-you-need-to-know/>
- <https://www.thetruth.com/vaping>

