

School Health Advisory Council
Meeting Minutes
January 25, 2021

Special Programs Center Conference Room

Present: Cynthia Anderson, Ralph Wilkins, Carrie Rife, Amber Carter, Sgt. Matt Novosad, Amanda West, Diane Weeden, Jennifer Upshaw, Abbie Turner.

Ms. Cynthia Anderson called the meeting to order and introductions were made at 4 pm. The meeting was held in-person as well as through Zoom.

- Ms. Amber Carter of the Bay Area Council on Drugs and Alcohol (BACODA) provided an update on recent grant development and additional services BACODA is offering to local ISDs through its Drug-Free Communities Grant. BACODA, in response to a decrease in state surveys, is also now offering drug-use surveys to area districts.
- Ms. Mary Reed, a dietetic intern with the University of Houston, gave a presentation aimed at increasing understanding of food facts labels. She also provided attendees with information on how to assess and understand manufacturers' nutrient claims.
- Ms. Ismat Bhuiyan and Ms. Amy Schultz with Harris County Public Health (HCPH) updated the attendees on recent efforts HCPH has made in combating COVID19 and available testing sites. They also reiterated their commitment to helping districts become part of the Safe Routes to School program and participate in Walk to School days.

The meeting was closed thereafter, with school year 2021-2022 meetings to be scheduled at a later date.