Senior School Co-Curricular Sport

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	Monday			Tuesday			Wednesday			Thursday			Friday		
Before school 7.45-8.30	Year 7 Swim Y9 S&C **Yr 3 Athletics** **Yr 5 RGS IPL**	Pool SHA	AP HL AJL	Year 9 Swim Year 10 Swim Y10 S&C **Yr 5 & 6 Athletics**	Pool SHA	TE RC BW	Year 7 Cross-country Year 8 Cross-country **Yr 4 Athletics** **Yr 6 RGS IPL**		FD ED	Year 12 Swim Year 13 Swim Year 12 Rugby Year 11 Rugby Year 8 IPL Y11 S&C **Yr 3 & 5 Athletics**	Pool Main Pitch SHA SHB	TE JAW AEW FD AGB/BW AJL	Year 11 Swim Year 8 Swim Year 7 IPL **Yr 4 & 6 Athletics**	Pool Pool	AP/JAW AEW/RC
Lunchtime	Yr 10 Basketball	SHB	FD	Y10 Cricket nets	SHA	AGB	Year 7 Basketball	SHB	AEW	**Yr 5 Cricket Nets**	SHA		Year 8 Basketball Snr Cricket nets	SHB SHA	BW MJS
After school (various times)	Year 8 cricket Year 12 Conditioning Year 11 Condtioning Year 13 Conditioning Year 7 & 8 Girls cricket/rounders Y9 Bball PE Clinic Y12 Netball **Gymnastics**	Jesmond CC Main pitch Intake SHB PE classroom HPA	FD/AGB AEW ED JAW AJL/JH SH AP HL	Year 7 Conditioning Year 7 Athletics Y9 Cricket Year 9 & 10 Tennis **Yr 5 & 6 Mixed cricket**	Jesmond CC HPA **Intake**	AJL/BW/JH/FD RC/DS JAW/ED	Year 8 Conditioning Year 8 Athletics Year 10 cricket Year 8 Swimming Year 9 Swimming Year 10 Swimming Climbing- all years on rota Year 9 & 10 Girls cricket/rounders Y7 Netball **Yr 6 Cricket Nets**	ATP Jesmond CC Pool SHA Intake HPA	RC/JH AGB FD TE GDD BW/ED HL	Year 10 Conditioning Year 9 Conditioning Y11 Cricket Y12 Cricket Y13 Cricket Year 7 Tennis **Yr 3 & 4 Mixed Cricket**	Main pitch Jesmond CC ATP/HPA **Intake**	JAW/HL MJS/AEW AP/AJL	Year 7 cricket Y13 Bball (wk B) Y12 Bball (wk A) Gymnastics Year 8 Tennis Year 7 Dance	Jesmond CC SHB SHA HPA	OE/AGB BW RJM RC/AJP Ext.