

# The 14-Day Lice Treatment Plan

Start Date \_\_\_\_\_

*Check off when day is completed!*

**Day #1**

- 1) Treat using over-the-counter lice killing treatment; follow directions on box, especially noting to apply wet, dry and with or without conditioner
- 2) Comb hair to remove nits and lice
- 3) Vacuum carpets, furniture, mattresses and launder clothes and bedding

**Day #2**

- 1) Wash hair with regular shampoo
- 2) Apply conditioner
- 3) Comb hair to remove nits and lice

**Day #3**

- 1) Wash hair with regular shampoo
- 2) Apply conditioner
- 3) Comb hair to remove nits and lice

**Day #4**

- 1) Wash hair with regular shampoo
- 2) Apply conditioner
- 3) Comb hair to remove nits and lice

**Day #5**

- 1) Wash hair with regular shampoo
- 2) Apply conditioner
- 3) Comb hair to remove nits and lice

**Day #6**

- 1) Wash hair with regular shampoo
- 2) Apply conditioner
- 3) Comb hair to remove nits and lice

**Day #7**

- 1) Wash hair with regular shampoo
- 2) Apply conditioner
- 3) Comb hair to remove nits and lice

**Day #8**

- 1) Treat using over-the-counter lice killing treatment; follow directions on box, especially noting to apply wet, dry and with or without conditioner
- 2) Comb hair to remove nits and lice
- 3) Vacuum carpets, furniture, mattresses and launder clothes and bedding

**Day #9**

- 1) Wash hair with regular shampoo
- 2) Apply conditioner
- 3) Comb hair to remove nits and lice

**Day #10**

- 1) Wash hair with regular shampoo
- 2) Apply conditioner
- 3) Comb hair to remove nits and lice

**Day #11**

- 1) Wash hair with regular shampoo
- 2) Apply conditioner
- 3) Comb hair to remove nits and lice

**Day #12**

- 1) Wash hair with regular shampoo
- 2) Apply conditioner
- 3) Comb hair to remove nits and lice

**Day #13**

- 1) Wash hair with regular shampoo
- 2) Apply conditioner
- 3) Comb hair to remove nits and lice

**Day #14**

- 1) Wash hair with regular shampoo
- 2) Apply conditioner
- 3) Comb hair to remove nits and lice

End Date \_\_\_\_\_