



T.M.I.S.D.

**S.chool
H.ealth
A.dvisory
C.ouncil**

Annual Report 2019



S.H.A.C. Purpose

To assist the district in ensuring that local community values are reflected in the district's health education instruction while promoting the optimal physical, emotional, social and educational development of students.



S.H.A.C. Meetings

Completed Meetings

- March 20, 2019
- May 22, 2019
- October 16, 2019
- November 13, 2019

Future Meetings:

January 29, 2020

March 18, 2020

May 20, 2020



S.H.A.C. Members

- **Teachers**
- **Parents**
- **Counselors**
- **Nurses**
- **Community Members**
- **By invitation**



Wellness Plan

- ✓ NUTRITION PROMOTION
- ✓ NUTRITION EDUCATION
- ✓ PHYSICAL ACTIVITY
- ✓ SCHOOL-BASED ACTIVITIES

No amendments at this time.

Coordinated Health Program



Coordinated
Approach
To
Child
Health



NEW!

HB 18

The District must post a statement of whether each campus has a full-time nurse and/or a full-time counselor.

Tuloso-Midway High School

2653 McKinzie Rd.
Corpus Christi, TX 78410
School Number: (361) 903-6700
Fax: (361) 241-4258

Ann Bartosh, Principal,
Campus Behavior Coordinator
abartosh@tmisd.us
361-903-6704

Assistant Principals:
Gail Birdwell
Stacy Lucas
Benito Portillo

Full time nurse and counselor are available.



Student Wellness Activities

- Health Screenings
 - Vision
 - Hearing
 - Spinal
 - Acanthosis
- Athletic Physicals
(free/reduced cost)
- Carido Kids
- Dream Catchers
- Jump Rope for Heart
- Vape Awareness/Prevention
- TM Youth Sports Activities
- Red Ribbon Week
- Primary Running Club
- Tooth Fairy Visits



Staff Wellness Activities

- CVS Immunizations – *Flu, Meningitis, Pneumonia, Shingles, etc.*
- AETNA – *Step be Step Challenge*
- Campus-based staff activities:
 - *Walking Clubs*
 - *Weight loss challenges*
- TM Facilities available for Staff Use



District Support Activities

Professional Development

- Mental Health Awareness & Response Training
- Suicide Prevention
- Child Abuse and Maltreatment Awareness (Counselors)
- Child Sexual Abuse Awareness (Counselors)
- Diabetes Management
- Hearing, Vision and Spinal Training
- Under the Influence Training/Drugs, Alcohol
- Crisis Prevention Intervention (non-violent crisis intervention)



Current Discussion Items

Vaping and Drug Use Concerns

Anxiety & Depression and School Day Support (LSSP)

Grief & Trauma Informed Environments



Moving Forward

New legislation requires -

Integration of both physical and **mental health** in the health curriculum and expand **e-cigarette awareness**. (HB 18)

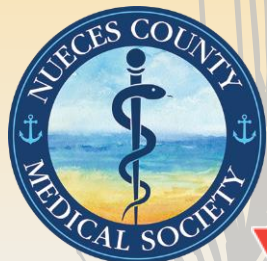
Strategies and policies to increase parental awareness regarding risky behaviors and **early warning signs of suicide risks and behavioral health concerns**, including mental health disorders and substance use disorders, as well as **available community programs** and **services** to address these concerns. (SB 11)

SHAC to develop and issue statements on –

- The **policies and procedures** adopted to promote the physical health and mental health of students
- The **physical health and mental health resources available at each campus**, contact **information for the nearest providers** of essential public health services
- Contact **information for the nearest local mental health authority**. (HB 18)

City of Corpus Christi

HEALTH DISTRICT



LIONS CLUBS

We Serve!



Texas Mobile Imaging

"Early Detection Equals Prevention"



CVS/pharmacy®



Coastal Bend Blood Center

Giving so that others may live



ARAMARK

Refuge of
HOPE

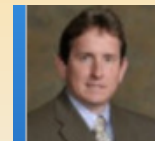


Five Points
Eyecare



MHID

Nueces Center for
Mental Health and Intellectual Disabilities



Dr. Ellis Main, D.O.
Family Doctor

PARTNERS



FOOD
BANK
CORPUS
CHRISTI

A member of
FEEDING
AMERICA



Coastal Bend
Wellness
Foundation

EDUCATION AWARENESS ADVOCACY

DEL MAR
COLLEGE



KENNEDY
DENTAL CARE



TEXAS
Health and Human
Services

NUECES COUNTY COMMISSIONER
CAROLYN VAUGHN
IN PARTNERSHIP WITH:
SOUTH COASTAL AREA HEALTH EDUCATION CENTER



Catholic Charities
of Corpus Christi, Inc.

Amistad Community Health
Center



CORPUS CHRISTI
HOPE HOUSE

