COURSE DIRECTORS

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PLANNING COMMITTEE

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Kenny Brown

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Shawn McNeil, MD, FAPA
Johnette Magnier, PhD

1st LARC Mental Health Summit
with a Focus on Suicide Prevention
Thursday, April 22, 2021
(Virtual – Zoom)
LSU Health Shreveport

A Continuing Medical Education Activity
Presented by
LSU Health Shreveport, School of Medicine, Department of Psychiatry and Behavioral Medicine and Louisiana Addiction Research Center
1st LARC Mental Health Summit

Program Description
The 1st Annual Louisiana Addiction Research Center Mental Health Summit will focus on understanding and addressing the mental health consequences of the COVID-19 pandemic, particularly as it relates to stress, social isolation, substance use, and suicide prevention. Speakers will discuss data from the national and local level and will provide structure to the discussions. Speakers will also present effective strategies for practicing clinicians to implement as we identify those most at risk of suicide, PTSD, and depression in the general population. Special emphasis will be placed on those with chronic medical conditions, such as those living with HIV/AIDS, who are at increased risk of suicide due to the stress of the COVID-19 pandemic.

Objectives
- Identify patients most at risk of suicide and other adverse mental health outcomes as it relates to COVID-induced stress and social isolation
- Identify resources that will extend providers’ knowledge of telemedicine and mindfulness training that can be used during social distancing
- Describe the impact of social media on stress, social isolation, impaired mental health and suicide as well as techniques that promote digital wellness

Accreditations
CME ACCREDITATION & CREDIT DESIGNATION
Georgia State University Health Shreveport School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.
LSU Shreveport is accredited by the Accreditation for the Accreditation Council for Continuing Medical Education to provide accredited education for physicians.

ACGME
Ochsner LSU Health Shreveport is approved as a provider of continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation.

Nursing Accreditation
Provider: Ochsner LSU Health Shreveport
Provider Number: 2733
The provider will provide 7.50 CE contact hours upon successful completion of the offering.

Licensure Professional Counselor Accreditation
The Louisiana Counseling Association is approved by the Louisiana Licensed Professional Counselors Board of Examiners to offer continuing education for Louisiana Licensed Professional Counselors and Provisional Licensed Professional Counselors. This program’s requirements are up to 7.5 CE clock hours for Louisiana Licensed Professional Counselors.

Physical Therapists/Physical Therapy Assistants Accreditation
Application for approved contact hours for Physical Therapists/Physical Therapy Assistants has been filed with the LPTB Board. Determination of credit hours is pending.

Social Worker Accreditation
Application for approved contact hours for Social workers has been filed with NASW-LA Chapter. Determination of credit is pending.

Target Audience
The target audience for this course includes primary care providers, specialty physicians, psychologists, physician assistants, nurses, nurse practitioners, licensed professional counselors, social workers, physical therapists, therapists and other healthcare professionals who would benefit from an update on suicide prevention.

AGENDA
8:30 – 8:40 am
Introduction
Nicholas Goodes, PhD
8:40 – 8:50 am
Welcome
G. E. Ghali, DDS, MD, FACS, FRCS(Ed)
Chancellor, LSU Health Shreveport
8:50 – 9:30 am
The National Picture of COVID and Mental Health
Kevin S. Munane, PhD
9:30 – 9:45 am
Depression and Anxiety in the Age of COVID
Terry Davis, PhD
9:45 – 10:30 am
Managing Chronic Stress During COVID and Beyond Roundtable
Moderator: Shawn Michael, MD, FAPA
Panel: Jacqueline Bowers, MD; Wanda Thomas, MD, FAPA; Elizabeth Guice, MD, FAPA; Mark Cogburn, DNP, APRN, PMHCNS-BC, CARN-AP, LPC, LMFT, Janet Rod, MD, FAPA
10:30 – 11:00 am
The Physician Support Line: Providing Emotional MIT for Physicians
Smuta Guadet, MD
11:00 – 11:30 am
Promoting Mental Health and Wellbeing at LSUHSC in a Socially Distanced World: The Role of Institutional Wellness
Matic Vasquez Morgan, MD, PhD
11:30 – 11:35 am
BREAK
11:35 – 12:35 pm
Reducing Stress and Increasing Resilience
with Mind Body Skills
James Gordon, MD
12:35 – 1:00 pm
LUNCH
1:00 – 1:40 pm
Unpacking The Social Dilemma Documentary: Critique and Commentary Clips (No Education Credit)
Johnelle Magnier, PhD
1:40 – 2:10 pm
Be Smart About Social Media
Tara McPherson
2:10 – 2:40 pm
Information Resources for Managing Stress as a Healthcare Student or Provider
Julia Espada, MS, AHP
2:40 – 3:10 pm
Mental Health in the Age of COVID
John H. Wagner III, MD
3:10 – 3:15 pm
BREAK
3:15 – 4:00 pm
The Social Dilemma (Educated): Taking Back Control Roundtable
Moderator: Johnelle Magnier, PhD; Panelists: Jackie Lundy, MD; Ryan Williams, LPC; Wanda Thomas, MD, FAPA; Pamela McPherson, MD, FAPA
4:00 – 5:00 pm
We Are the Medicine: Tackling the Science of Childhood Adversity and Resilience to Tackle Rounding to Scale
Chisom Bethell, PhD, MBA, MPH
5:00 – 5:15 pm
Evaluation/Wrap-Up/Closing Remarks
Kevin Munane, PhD

Registration Information
1st LARC Mental Health Summit with a Focus on Suicide Prevention
Thursday, April 22, 2021
(Virtual – Zoom)
Office of Continuing Medical Education
LSU Health Shreveport
1501 Kings Highway
Shreveport, LA 71103
318.675.4721

There is no fee to attend, however registration is required!
Space limited to 300 participants

Online Registration:
https://lsuhealthshreveport.formstack.com/forms/continuing_medical_education

Registration will close at 5:30 pm on April 19

Disclosure Statement
It is the policy of the Louisiana State University Health Sciences Center – Shreveport to ensure balance, independence, objectivity, and scientific rigor in all its educational activities. All individuals who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Mechanisms to ensure that presentations are free from commercial bias are in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Full disclosure of this information will be published in the conference materials.