



**Fwd: Youth Mental Health During the COVID-19 Pandemic | youth.gov Newsletter**

1 message

Mon, Jun 1, 2020 at 3:37 PM

# youth.GOV

Working Together to Improve Youth Outcomes



These are challenging times for all, but especially for young people, and the effects of the pandemic and social distancing on the mental health of youth — particularly opportunity youth — can be overwhelming. Now more than ever, it is important to help youth and young adults stay connected with their communities.

The Interagency Working Group on Youth Programs (IWGYP) has curated and is continuously updating resources on how to **handle the collective trauma, talk about stress, and take charge of mental health** in this moment:

- [engage.youth.gov/coronavirus](https://engage.youth.gov/coronavirus) — resources for youth
- [youth.gov/coronavirus](https://youth.gov/coronavirus) — resources for youth-serving organizations and other caring adults

The IWGYP is also collecting ideas from the field about keeping youth connected during this time. **Share what your organization is doing to connect with youth during the COVID-19 pandemic.**

Additionally, many young people have had their summer internship plans canceled by the pandemic. The Youth Engaged 4 Change (YE4C) team is collecting a listing of paid and unpaid internships to help teens and young adults ages 16-24 build their skills during this time. **You can help by sharing opportunities that will be listed on the YE4C website.**

**TODAY ON YOUTH.GOV**

**SHARE THIS MESSAGE:**



Vol 11 | Issue 151 | May 29, 2020

**FEATURED ANNOUNCEMENTS**

**Funding Opportunities**

[Charting a Course for Economic Mobility and Responsible Parenting](#)

**Resources**

[Tip Sheets on Everyday Parenting Topics](#)

**Opportunities for Involvement**

[Wanted: Internships for Youth](#)

[Share Your Youth Engagement Strategy during COVID-19](#)

**VIEW ALL ANNOUNCEMENTS**





Share your ideas! What is your organization doing to connect with youth during the pandemic?



Share This Message!

Facebook: Like

Twitter: Tweet

LinkedIn: Share

Google+: +1

TODAY ON YE4C



Call for Paid Internship Opportunities for Youth and Young Adults



#ExploreYE4C: [Website](#) | [Instagram](#) | [Facebook](#)

DID YOU KNOW?

**Framing the pandemic response in a way that gives young people a sense of control is a key factor in supporting their mental health during this unprecedented time.**



NAMI recently hosted an "Ask the Expert Webinar: Supporting the Emotional Needs of Youth During COVID-19" webinar that shared recommendations for how parents, teachers, and other adults can provide emotional support and reassurance to help navigate this societal crisis. Dr. Teri Brister, author of the NAMI Basics program, also provided information about the free NAMI Basics OnDemand program available online for parents and caregivers of young people with mental health conditions. This program was designed for parents wanting to learn more about and better help with their children's mental health.

[Watch the webinar replay.](#)

[Hear From Change Makers](#) [Share Your Ideas](#) [Contact Us](#) [Follow on Twitter](#) [Subscribe to the Newsletter](#)  
[Search for Evidence-Based Programs](#) [Search for Local Programs](#) [Search for Funding](#)



youth.gov is the U.S. Government website that helps you create, maintain, and strengthen effective youth programs. Included are youth facts, funding information, and tools to help you assess community assets, generate maps of local and federal resources, search for evidence based youth programs, and keep up-to-date on the latest, youth-related news.

[Unsubscribe](#)

This message was sent to [dbrouder54@yahoo.com](mailto:dbrouder54@yahoo.com) from [youthgov@air.org](mailto:youthgov@air.org)

[youth.gov](http://youth.gov)

AIR

AIR 1000 Thomas Jefferson Street, NW  
Washington, DC 20007