

Mental Health Crisis Resource Directory
(Adapted from Placer County Network of Care)

- Placer County Mental Health 24-Hour Crisis Intervention Numbers:
 - (888) 886-5401 – Adult Services
 - (866) 293-1940 – Family and Children’s Services
- Suicide Prevention Hotline
 - (530) 885-2300 - Auburn
 - (916) 645-8866 - Lincoln
 - (916) 773-3111 - Roseville
 - (916) 368-3111 - Sacramento
- TREVOR Crisis Intervention & Suicide Prevention
 - (866) 488-7386 - TREVOR Lifeline
 - thetrevorproject.org/chat - TREVOR Chat
 - trevorspace.org- TREVOR Text
- National Suicide Prevention Lifeline
 - 1(800) 273-TALK (8255)
- Red Nacional del Prevención del Suicidio
 - 1(888) 628-9454 (Español)
- Child Abuse Hotline
 - (866) 293-1940 - Placer County Children System of Care
 - (888) 886-5401 - Placer County Crisis & Emergency Services