



Welcome to our Lunch Cafe

LAFAYETTE PRE K

April
2021

The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

Monday

Tuesday

Wednesday

Thursday

Friday

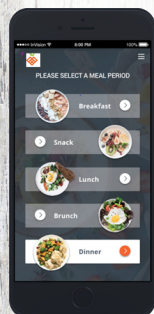
HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



Note: When schools close due to COVID Meals are always still available for pick-up at Morris HS

5	Bagel with String Cheese Shredded Carrots Fresh Apple Fat Free Chocolate Milk	6	Crispy Chicken Sandwich Corn Fresh Orange Fat Free Chocolate Milk	7	Yogurt Lunch Shredded Carrots Celery Sticks Fresh Pear Fat Free Chocolate Milk	8	Grilled Chicken Salad with Dinner Rolls Side of Beans Ranch Dressing Fresh Apple Fat Free Chocolate Milk	9	Ham & Cheese Sandwich Tomatoes Fresh Pear Fat Free Chocolate Milk
12	Bagel with String Cheese Baby Carrots Apple Slices Fat Free Chocolate Milk	13	Chicken Delight Wrap Shredded Carrots Fresh Orange Fat Free Chocolate Milk	14	Yogurt Lunch Shredded Carrots Fresh Grapes Fat Free Chocolate Milk	15	Bagel Melt Side of Beans Apple Slices Fat Free Chocolate Milk	16	Grilled Chicken Salad with Dinner Rolls Ranch Dressing Tomatoes Fresh Pear Fat Free Chocolate Milk
19	Bagel with String Cheese Or Chicken Patty on WW Bun Shredded Carrots Apple Slices Fat Free Chocolate Milk	20	Crispy Chicken Sandwich Or Egg and Cheese Sandwich Corn Fresh Pear Fat Free Chocolate Milk	21	Yogurt Lunch Or Grilled Cheese Sandwich Shredded Carrots Celery Sticks Fresh Orange Fat Free Chocolate Milk	22	Chicken Caesar Salad Or Cheeseburger Caesar Dressing Side of Beans Dinner Roll Apple Slices Fat Free Chocolate Milk	23	Not-A-Nut Butter & Jelly Sandwich Or Chicken Nuggets With Dinner Roll Tomatoes Celery Sticks Cinnamon Applesauce 1% Milk
26	Bagel Lunch Or Egg and Cheese Sandwich Tomatoes Celery Sticks Cinnamon Applesauce Fat Free Chocolate Milk	27	Chicken Delight Wrap Or Chicken Nuggets With Dinner Roll Tomatoes Celery Sticks Cinnamon Applesauce Fat Free Chocolate Milk	28	Yogurt Lunch Or Crispy Chicken Sandwich Tomatoes Celery Sticks Cinnamon Applesauce Fat Free Chocolate Milk	29	Bagel Melt Or Grilled Cheese Sandwich Tomatoes Celery Sticks Cinnamon Applesauce Fat Free Chocolate Milk	30	Ham & Cheese Sandwich Or Cheeseburger Tomatoes Celery Sticks Cinnamon Applesauce Fat Free Chocolate Milk



We are Simply Rooted® in food and family and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



ALL LUNCHES INCLUDE
PROTEIN, GRAIN, FRESH
FRUIT, VEGETABLE &
FAT FREE MILK
LUNCHES ARE FREE OF
CHARGE
LET YOUR TEACHER KNOW
IF YOU WOULD LIKE LUNCH
& BREAKFAST TO TAKE

**GRAB & GO BREAKFAST & LUNCH
AVAILABLE & SENT HOME DAILY**

@ NO CHARGE FOR ALL STUDENTS

**VIRTUAL STUDENTS CAN PICK UP
BREAKFAST & LUNCH AS FOLLOWS**
**Morris HS :8:00am-9:00am & 11:30-
12:30pm Mon, Wed, Fri. Weekend
meals are included in**

**Fridaybag questions... call 973-292-2000 ext
2111 or email JOHN.BRIEN@msd.k12.nj.us**

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.

