

Spring Break Travel Advisory

March 30, 2021 (update 4/6/21)

Beginning March 19, 2021, Connecticut's [Travel Advisory](#) was modified from a requirement to recommended guidance.



Travelers have the potential to return home with **unrecognized COVID-19 infection**. This is especially true for travel to areas with fewer restrictions, low compliance with masking and other mitigation strategies, and more contagious, widely circulating virus variants. Students and school staff returning from travel to school during their infectious period, **could significantly impact in-person learning** in the weeks following spring break.

The responsibility lies with individuals and families to take the steps necessary to protect themselves, their school communities, and others before, during, and after travel. FPS is not able to investigate or enforce recommendations related to private activities.

Both the CDC and DPH continue to **recommend against out-of-state travel. However, if you choose to travel in the coming weeks (for spring break or otherwise) the following actions are recommended:**

- Continue all mitigation strategies while traveling (including mask wearing, distancing, symptom recognition, etc.) regardless of whether the policies and procedures in place at your destination mandate them.
- Before travel, review the current [DPH](#) and [CDC](#) recommendations for travel during COVID-19 and be sure to plan sufficient time for any necessary actions.
- **Follow DPH and CDC best-practice [quarantine and testing procedures](#) upon return**, including:
 - **quarantining for a full 7 days, even with a negative COVID-19 test** result obtained between days 3-5; or
 - **quarantining for a full 10 days without testing**; and
 - continuing to monitor for symptoms during all quarantine periods.
- **Individuals or families choosing not to observe quarantine should at a minimum:**
 - **get tested** for COVID-19 after they return;
 - **stay out of school** until they receive a negative test result back from the laboratory;
 - be acutely and continuously aware of any symptoms of COVID-19 that they or their family members may develop in the two weeks after travel; and
 - be prepared to immediately isolate/quarantine if/when symptoms develop.

Note: On April 2, 2021, CDC and DPH updated their travel guidelines to address individuals who have been fully vaccinated. This does not change any other recommendations.