


SCHOOL LUNCH MENU

 Vermont Cabot Family Farms Collective

 Hudson Valley Fresh Dairy

 Cascun Farm *Local, antibiotic & hormone free meat, poultry & eggs*

 Applegate *Natural & organic meats*

 Tom Cat Bakery, LIC Bread

 Vegetarian Meal/
Option *Organic tofu, seitan or beans*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			No School Spring Break	
 <p>5</p> <p>Carrot mac & cheese Broccoli</p>	 <p>6</p> <p>BBQ chicken strips Breadsticks Fresh cut veggies BBQ tofu strips, Hudson Valley sweet corn, Roasted whipped sweet potatoes</p>	 <p>7</p> <p>Mediterranean couscous w/ chickpeas & mire poix veggies Mozzarella pearls, English cucumbers Mushroom 'meat'balls w/ chickpeas, Couscous w/ vegetable broth, Buttered kabocha</p>	 <p>8</p> <p>Penne w/ chickpea bolognese (on the side) Peas w/ parsley sauce</p>	 <p>9</p> <p>Beef burgers Bun, ketchup, lettuce, pickles Black bean burger bites w/ tomato glaze, Red rice, Green beans Vegan banana bread</p>
 <p>12</p> <p>Ramp pesto pasta Shredded carrots or Tomato cumin chickpeas</p>	 <p>13</p> <p>Chicken nuggets Roasted sweet potatoes, Peas w/ mint Ketchup Corn fritters, Farro, Peas w/ mint</p>	 <p>14</p> <p>Beef ricotta or spinach ricotta meatballs w/ marinara Orzo English cucumbers or Green beans</p>	 <p>15</p> <p>Turkey tacos, Flour tortillas Shredded cheese, sliced tomatoes Black bean tacos, Yellow rice w/ red pepper confetti, Southwest roasted parsnips</p>	 <p>16</p> <p>Roasted chicken w/ scallions & capers or Ginger scallion rice cakes Creamy mashed potatoes Broccoli Cookie</p>
 <p>19</p> <p>Chicken teriyaki strips or Teriyaki tofu strips w/ edamame peas Steamed rice Broccoli or Ginger carrots</p>	 <p>20</p> <p>Penne w/ marinara (on the side) Cheesy cauliflower</p>	 <p>21</p> <p>Pulled chicken tacos Yellow rice w/ red bell pepper Tortillas, sour cream Arroz con vegetales, Seasoned black beans, Buttered kabocha</p>	<p>22</p> <p>Pepperoni pizza w/ homemade beef pepperoni Bell peppers Cheesy bread, Tomato alphabet soup, Broccoli</p>	 <p>23</p> <p>Breadsticks, Cream cheese & sliced turkey, Sliced English cucumbers Mushroom 'meat'balls w/ caramelized onion BBQ sauce, Delicata squash rings, Couscous Cookie</p>
 <p>26</p> <p>Fontina mac & cheese w/ mild sage Peas & carrots</p>	 <p>27</p> <p>Roasted chicken w/ thyme & porcini Marble potatoes w/ herbs English cucumbers Quinoa cakes, Creamy smashed potatoes, Green beans</p>	 <p>28</p> <p>Beef tagliarini Broccoli Seitan tagliarini, Hudson Valley sweet corn, Broccoli</p>	 <p>29</p> <p>Turkey & cheese on brioche w/ herb butter Fresh cut veggies Pulled seitan w/ carrots & celery, Corn bread, Roasted whipped sweet potatoes</p>	 <p>30</p> <p>Penne w/ marinara (on the side) Buttered carrots Vegan banana bread</p>