

Angel Pillow Project



CALLING ALL SEWING ENTHUSIASTS!

Project Opportunity for Student Volunteer Credit Hours that Directly Benefit Breast Cancer Patients at Beaumont Health

The Angel Pillow Project brings comfort in the heart shaped pillows given to women diagnosed with breast cancer, following their surgery. These pillows not only bring a smile to a breast cancer patient's face during a daunting time, but are a great comfort in the car on their way home following surgery and later at home while resting or sleeping. Due to the Pandemic, there is a shortage of pillows being made. We are hoping some of you might be willing to work on pillows at home in exchange for student volunteer credit hours.

The pillows can be dropped off in front of the lobby doors to the Beaumont Wilson Cancer Resource Center at 44344 Dequindre Rd. in Sterling Heights (across Dequindre Road from the Troy Hospital, inside the Professional Office Building) or arrangements can be made for a Beaumont Sharing & Caring staff member to pick them up. This is a great opportunity to declare hours worked and receive a formal letter from Beaumont stating the project you worked on, the hours involved, and thanking you for your generosity in time and talents.

Please email us at sharingandcaring@beaumont.org if you are able to join this essential project effort. Giving back is an important part of what Sharing & Caring is about as this program brings awareness, education, and support group comfort to breast cancer patients and survivors throughout southeast Michigan and additional surrounding areas.

We hope many of you can help out so that newly diagnosed patients receive this small comfort that means so much.



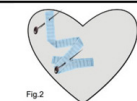
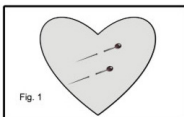
Angel Pillow Sewing Directions

Supplies needed:

fabric scissors
1/2 yard of fabric for front and back
polyester fiberfill
needle and thread for some hand sewing
chalk or dressmaker's pencil
measuring tape

*Thread
Pattern can be downloaded from www.angelpillow.org

Optional for strap:
Dritz fray check
2 pieces of gro grain ribbon
30 inches each



First we need to assemble the pillow.

1. Fold 1/2 yard of fabric in half, right sides together.
2. Position pattern in center of fabric and pin in place. fig 1
3. Trace shape using an air-erase pen, chalk or other marking tool.
4. Remove pattern and cut out heart shape. You should have two pieces for front and back
5. If attaching a strap*, pin ribbon to back piece as directed with right side facing up.

Attaching the strap*

1. Attach first piece of ribbon to upper right section of heart as show in fig. 2
2. Loop excess ribbon and pin in place in the middle of the heart to avoid sewing over it later on
3. Attach second piece of ribbon to upper left side as described above
4. Place second heart on top with right sides facing each other and pin in place.

Now we are ready to sew:

1. Sew with a 1/2" seam allowance along the edge of fabric.
2. Clip the seam allowance around the entire shape about every inch or so.
3. Turn right side out and stuff with small pieces of polyester fiberfill.
4. Hand or machine stitch the gap closed.

* strap is optional



www.angelpillow.org

Complete instructions can be found on the Sewing Instruction page at <http://www.angelpillow.org/sewing-instructions.html>. To give you an idea of the sewing project, we have added a small view of some of the instructions.



Sharing & Caring®

Breast Cancer Education and Support



FOR MORE INFORMATION,
PLEASE CALL 248-551-8585

beaumont.org/sharing-caring

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