



**BOYNTON**  
**Physical Education Department**

**Absent/Medical Make-up Form**  
**(Due by end of semester)**

On the days that you miss PE class, **for any reason**, you are expected to "make-up" for the physical activities that you missed during your absence.

The make-up is to be performed during after school hours. The following are some examples of after-school physical exercises that can serve as make-up activities: swimming, hiking, biking, walking, skate boarding, jogging, fitness class work-out, sports' team practice, etc.

**The activities must be performed for a combined total of 30 minutes for each class missed:**

**example:** 10 minutes walking, 10 minutes biking, 10 minutes jogging = **30**

Student's Name: \_\_\_\_\_

Reason for missing class (CIRCLE ONE):

~Illness, stayed home      ~Med. excuse note      ~Medical appt.      ~Travel study

PERIOD (CIRCLE ONE):    TWO (2)    THREE (3)    FOUR(4)    FIVE (5)    SIX (6)

**\*\*\*Make-up activities must be performed AFTER the absence has occurred\*\*\***

<u>Date(s) Absent from Class</u>	<u>Time Spent on Activity</u>	<u>Date Activity Performed</u>	<u>Type of Activity</u>
1.			
2.			

(30 combined minutes to make-up 1 absence)

Parent Signature: \_\_\_\_\_ Date \_\_\_\_\_