

# SPORTS PHYSICAL

*Glen Edwards Middle School*

Student Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Male: \_\_\_ Female: \_\_\_ Grade: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Home Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Additional Emergency Contact : \_\_\_\_\_ Phone: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Policy Number: \_\_\_\_\_

## Medical History

Have any members of your family had a heart attack? Yes \_\_\_ No \_\_\_

Have you ever passed out while exercising? Yes \_\_\_ No \_\_\_

Do you have to stop while running any distance? Yes \_\_\_ No \_\_\_

Are you taking any medication? Yes \_\_\_ No \_\_\_

Type of medication \_\_\_\_\_

Have you ever been "knocked out", had a concussion, or had severe pain in your neck or arms? Yes \_\_\_ No \_\_\_

If so, when \_\_\_\_\_

Have you had any illnesses that required hospitalization or more than one visit to the doctor? Yes \_\_\_ No \_\_\_

If yes, when \_\_\_\_\_

Check those areas that may have occurred at any time:

- |                                          |                                       |
|------------------------------------------|---------------------------------------|
| <input type="checkbox"/> Bronchitis      | <input type="checkbox"/> Diabetes     |
| <input type="checkbox"/> Epilepsy        | <input type="checkbox"/> Hepatitis    |
| <input type="checkbox"/> Hernia          | <input type="checkbox"/> Hypoglycemia |
| <input type="checkbox"/> Kidney Disease  | <input type="checkbox"/> Mumps        |
| <input type="checkbox"/> Rheumatic fever | <input type="checkbox"/> Pneumonia    |
| <input type="checkbox"/> Scarlet fever   | <input type="checkbox"/> Tuberculosis |

Have you ever sprained, strained, dislocated, or broken:

- |                                    |                                  |
|------------------------------------|----------------------------------|
| <input type="checkbox"/> Neck      | <input type="checkbox"/> Back    |
| <input type="checkbox"/> Ribs      | <input type="checkbox"/> Pelvis  |
| <input type="checkbox"/> Hip       | <input type="checkbox"/> Thigh   |
| <input type="checkbox"/> Lower leg | <input type="checkbox"/> Ankle   |
| <input type="checkbox"/> Shoulder  | <input type="checkbox"/> Foot    |
| <input type="checkbox"/> Clavicle  | <input type="checkbox"/> Humerus |
| <input type="checkbox"/> Elbow     | <input type="checkbox"/> Forearm |
| <input type="checkbox"/> Wrist     | <input type="checkbox"/> Hand    |

## To Be Completed by Physician

Pulse: \_\_\_\_\_ Blood pressure: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

	Normal	Abnormal
Eyes		
Ears		
Nose		
Mouth		
Lymph Nodes		
Lungs		
Heart		
Abdomen		
Hernia		
Spine		
Reflexes		
Extremities		

Notes: \_\_\_\_\_

### Recommendation:

- Unlimited participation  
 Disqualified at this time

\_\_\_\_\_  
Physician' Signature

\_\_\_\_\_  
Date Physical Completed