

Mental Health Resources in Placer County During COVID-19

For a Mental Health Emergency Call: 1-888-866-5401

Suicide Hotline: 1-800-273-8255

COVID-19 Warmline: 1-855-845-7415

Organization Name	Locations	Access/Contact Method	Who is Served?	Services Provided/Qualifiers	Notes/Other
Placer County (Specialty Mental Health)	All	1-888-886-5401 1-886-293-1940 *call first- counter service limited.	Adults Children	Crisis response Counseling/Case Management, Psychiatry services (Medi-Cal) *telephone services offered *in person limited (by appt.)	Adult Protective services, Child Welfare Services, etc. *still responding in community *Homelessness Assistance
Anthem (Managed Care Plan)	All	1-800-407-4627 livehealthonline.com	Adults Children	Counseling/Psychiatry *telephone *online services	No in person offered
CA health @ Wellness (Managed Care Plan)	All	1-877-658-0305	Adults Children	Counseling/Psychiatry *Telephone *online services	No in person offered
Kaiser (Managed Care Plan/ HealthProvider)	Roseville	916-973-5300	Adults Children	Counseling/Psychiatry *telephone *online services	No in person offered
Kidsfirst (Non-Profit)	Roseville	916-774-6802 Kidsfirstnow.org	Children/ Families	Counseling/Case Management/Parenting Classes *telehealth/ Phone/Electronic	Connect Families to resources to assist during COVID-19
Lighthouse (Non-Profit)	Lincoln	916-645-3300 https://lighthousefrc.org/	Children/ Families	Counseling *Telehealth	COVID-19 support: Helping families with daily needs

					(e.g. diapers, food, rent/utility assistance, etc.)
Insights Counseling	RSVL	916-751-1534 insightsinfo@insightscounselinggroup.org	ALL	Counseling *Telehealth	No in person offered
Stand Up Placer (Non-Profit)	Auburn RSVL	800-575-5352	Women/Children Families	Domestic Violence/ Sexual Assault/Human Trafficking Counseling/ Housing *Telephone/In Person	Variety of support offered
Sierra Mental Wellness Group (Non-Profit)	Roseville	916-783-5207	ALL	Counseling *Telehealth	
Latino Leadership Counsel (Non-Profit)	All	916-802-2260 Celina Salas Latinoleadershipcouncil.org	Spanish Speaking All	Counseling, Navigation, Support *home visits *Telephone	Food, Health linkage, family, and other supports to Spanish speaking families in need
Sierra Native Alliance (Non-Profit)	Auburn	530-888-8767 https://www.sierranativealliance.org/	Native American All	Counseling Individual/Groups/Case management *Telehealth	Check in with Older Adults
Uplift (Non-Profit)	All	(916) 921-0828 https://upliftfs.org/	Children/Families	Counseling/Psychiatry *telehealth only	Medi-Cal and other eligibility requirements apply
Turning Point (Non-Profit)	All	(916) 786-3750 https://www.tpcp.org/programs/coloma-center/	Adults	Counseling/Case Management/ Psychiatry *Telehealth *Limited In person Services	Medi-Cal and other eligibility requirements apply

As of 3.31.2020 – As we continue to connect with providers, this information will be updated and added to. If you are a provider of services and have changes or additions, please contact: Holiday Johnston at hjohnston@placer.ca.gov or 530.886.2944