

Harrison School District Meal Kit Menu April 2021

April 1st – 2nd Spring Break: No School

April 5th – 9th Meal Kit Box Includes 5 days of meals:

Breakfast: 1 whole grain bagel with cream cheese and cheese stick, 1 corn muffin with cheese stick, 1 blueberry muffin with cheese stick, 2 WG waffles w syrup and 4 oz yogurt, 3 apples, 2 melon cups, 5 orange juice and 5 half pints of 1% white milk.

Lunch: 3 whole grain Kaiser rolls, 3 sliced deli turkey, 3 American cheese, 2 grilled cheese, 3 apple juice, 2 fruit punch juice, 3 peach cup, 2 applesauce, 3 carrot sticks, 2 corn salad, 2 steamed broccoli, 2 black bean salad, 5 half pints of fat free chocolate milk.

Hybrid Menu: Breakfast – 2 WG pancakes, 4 oz yogurt, syrup, applesauce, orange juice and 1% LF HP white milk.

Lunch – Grilled cheese, steamed broccoli, apple juice, red pepper strips, chickpea salad, orange and FF HP choc milk.

April 12th – 16th Meal Kit Box Includes 5 days of meals:

Breakfast: 1 whole grain bagel with cream cheese and cheese stick, 1 corn muffin with cheese stick, 1 blueberry muffin with cheese stick, 2 WG French Toast Sticks w syrup and 4 oz yogurt, 3 apples, 2 melon cups, 5 orange juice and 5 half pints of 1% white milk.

Lunch: 3 whole grain Kaiser rolls, 3 sliced deli turkey, 3 American cheese, 2 chicken patty on a bun, 3 apple juice, 2 fruit punch juice, 3 peach cup, 2 applesauce, 2 cucumber slices, 3 carrot sticks, 2 chickpea salad, 2 roasted broccoli, 5 half pints of fat free chocolate milk.

April 19th – 23rd Meal Kit Box Includes 5 days of meals:

Breakfast: 1 whole grain bagel with cream cheese and cheese stick, 1 cheerios cereal with graham crackers, 2 WG pancakes w syrup and 4 oz yogurt, 2 grapes, 3 apples, 5 orange juice, 5 half pints of 1% low fat white milk.

Lunch: 2 whole grain Kaiser rolls, 3 sliced deli turkey, 3 Swiss cheese, 2 popcorn chicken w dinner roll, 2 apple juice, 3 fruit punch, 3 steamed carrots, 2 celery sticks, 2 steamed broccoli, 2 black bean salad, 2 oranges, 3 mixed fruit, 5 half pints of fat free chocolate milk.

April 26th - 30th Meal Kit Box Includes 5 days of meals:

Breakfast: 1 blueberry muffin with cheese stick, 1 froot loops cereal with graham crackers, 1 chocolate chip muffin with cheese stick, 2 WG French toast sticks w 4 oz yogurt, 3 apples, 5 orange juice, 2 berry cups, 5 half pints of 1% low fat white milk.

Lunch: 3 whole grain Kaiser rolls, 3 sliced deli chicken, 3 American cheese, chicken patty on a bun, 5 fruit punch juice, 2 steamed broccoli, 3 cucumber slices, 3 carrot sticks, 2 chickpea salad, 5 pear cups, 3 half pints of fat free chocolate milk.