



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Shawnee Mission Y-Club Parent Information

MultiSite Coordinators: Maigan Bridgette and Domonique Bell

Senior Program Director: Stephanie Miller

YMCA Youth Development Services

Business Team: 816.360.3390

<https://kansascityymca.org/programs/before-and-after-school>

Registration typically open for the following school year towards the end of May

In our Y Club before and after school program, children in kindergarten through sixth grade enjoy and benefit from:

- **Homework enrichment** – Qualified and trained staff enhance and support school-day learning while providing youth with homework help
- **Healthy snacks and physical activity** – Youth have the opportunity to enjoy healthy snack choices and 30 minutes of physical fitness daily
- **Small and large group activities** – Youth make meaningful and intentional choices with hands-on activities focusing on arts and humanities, STEM (science, technology, engineering, mathematics), nutrition education and service learning
- **Focus on building community** – Team building activities and day-to-day interactions with peers and Y Club staff focus on building positive relationships and enhancing conflict resolution skills
- **Youth voice and leadership** – Youth are empowered through opportunities to provide input, from helping to develop daily activities and snack menus to leading activities with peers

What does Y-Club look like?

Before School Schedule:

- 7:00-7:50: Table Top Activities (Board Games, Art, Card Games, etc.)
- 7:50-8:00: Clean-up / Dismiss for class

After School Schedule:

- 3:05-3:30: Handwashing & Snack Time
- 3:30-3:45: Handwashing & Announcements
- 3:45-4:30: Physical Fitness Activities (Gym or Outside pending the weather)
- 4:30-5:15: Clubs or STEM Activities
- 5:15-5:40: Enrichment Time (Homework, Reading, Journals)
- 5:40-6:00: Closing Activities & Table Top Activities

**This schedule is subject to vary from school to school



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Frequently Asked Questions

1. How much does Y-Club cost?
 - Please refer to the website for the specific rates for your school
<https://kansascityymca.org/programs/before-and-after-school>
2. What are the hours provided for Y-Club?
 - Y-Club's hours are 7:00am-8:00am / 3:00pm-6:00pm
3. Do you provide care on a Snow Day?
 - Yes, when the Shawnee Mission School District closes, we will provide care unless the district officials tell us otherwise. The price for a no school day is \$25 (subject to change). Care is provided from 7:30am-5:00pm.
4. Do you provide care on a No School Day?
 - Yes, registration is required for these days a WEEK in advance to the No School Day you are wanting care to be provided. There is only a limited amount of spots open at these schools. Shawnee Mission School District provides the YMCA with two schools that we would hold the No School Days. The price for a no school day is \$30 (subject to change). Care is provided from 7:00am-6:00pm.
5. What are the ratios for Y-Club?
 - The state of Kansas requires a 1:15 ratio. Since we are a licensed program we follow the state requirements.
6. Does Y-Club offer snack?
 - Yes, we offer a snack at the beginning of the day. We follow HEPA standards and promote Healthy Eating and Physical Fitness. However, on the days there is an early release we do not provide lunch and nor does the school. Sack lunches must be provided.
7. Is there required paperwork that needs to be completed before the child can attend?
 - Yes, there is a packet of information that must be filled out and signed and dated correctly before a child can attend a Y-Club program. This is different from the registration paperwork you fill out to enroll your youth. You can visit our website for a blank copy of the Kansas Emergency packet.
8. What is the contact number for Y-Club?
 - Since there is no guarantee that the same Site Supervisor will be at that school the following year. The easiest way to get in contact with someone is to call the Youth Development Services Business Team. (816-360-3390). The staff will be able to answer any questions or give you the site's phone number for you to leave a message.
9. Is Y-Club still running during a school early release days?
 - Yes, and we still provide care on the early release days.
10. Does Y-Club have a protocol on who can and cannot pick up my child?
 - Yes, on the paperwork packet that must be filled out by the Parent/Guardian before the child can attend there is a section where you can put multiple names of people who are approved to pick up your child. The Y-Club staff will not release your child without that name on the paperwork and their ID. If you are needing to add another person, contact that Site Supervisor.



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11. Does the YMCA accept third-party payments or provide any financial assistance to families that need help with the prices of Y-Club?
 - Yes, we do accept third-party payments and accept state funding! The YMCA is a Non-Profit Organization and we do provide scholarships for families who qualify when the funding is available.
12. Will Y-Club be following COVID Protocols?
 - Yes, Y-Club will continue to follow current CDC guidelines, and work with the Shawnee Mission School District to follow protocols in regards to masking for students and adults, social distancing, hand washing, cleaning, etc.