

School Lunch Buffet



Menus may be subject to change due to daily availability of ingredients / 菜单有可能会根据日常原材料的供应状况做相应调整

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATE	April 5	April 6	April 7	April 8	April 9
MAIN CANTONESE		Char Sui BBQ Pork 蜜汁叉烧	Steamed Pork Meat Pie with Vegetables 蔬菜蒸肉饼	Duck Stew with Carrot 胡萝卜焖鸭	Stir-fried Beef with Broccoli 西兰花炒牛肉
MAIN WESTERN	清明节 QingMing Festival	Stir-fried Cuttlefish Cake with Onion & Bell Peppers 彩椒洋葱炒墨鱼饼	Curry Chicken with Potatoes 咖喱土豆鸡扒	Beef Lasagna 牛肉千层面	Hotdog 热狗包
SIDE CANTONESE		Scalded Choy Sum 白灼白菜苔	Sautéed Shanghai Green 清炒上海青	Garlic Chinese Cabbage 蒜蓉小白菜	Steamed Baby Cabbage 蒸娃娃菜
SIDE WESTERN		Sautéed Mixed Vegetables 炒杂蔬	Braised Tofu with Mushroom 鲜菇烧豆腐	Steamed Corn 蒸玉米棒	Scrambled Eggs with Tomatoes 番茄炒蛋
SOUP		Lotus Root & Pork Bone Soup 莲藕大骨汤	Kelp & Pork Bone Soup 海带大骨汤	Red Beans & Bacon Soup 红豆培根汤	Daikon & Pork Bone Soup 白萝卜大骨汤
RICE		Steamed Mixed Grains Rice 杂粮饭	Stir-fried Noodle with Vegetables 蔬菜炒面	Steamed Mixed Grains Rice 杂粮饭	Steamed Rice 白米饭
DESSERT / FRUIT		Cake 蛋糕	Fruit 水果	Cake 蛋糕	Fruit 水果