

Los Alamitos Unified School District
Child Development Center

Flow of the Day

Our daily schedule is called our “flow of the day” because our schedule needs flexibility to allow for change and modification in order to meet the needs of the children during their work. The outline below is a skeleton of our day. The children’s learning takes place throughout the whole day: from counting the number of scoops to take during morning snack to working together with peers to put sheets on our resting mats. We see every opportunity as a learning experience and we are constantly exploring our world. Our learning is not limited to inside but outside as well. We do not have a ‘recess’ here. Outdoors holds just as many opportunities for learning if not more than inside. We spend most of our day in our Outdoor Classroom with an open flow from indoors to outdoors on occasion.

6:30AM-8:30AM	Arrival, Welcoming, Open Choice Work, Breakfast (if brought from home)
8:30AM-9:00AM	Morning Meeting. Greet each other. Important information/weekly news. Briefly discuss the days’ work. Morning Snack
9:00AM-11:00AM	Outdoor Classroom Work. Provocations and exploration of open choices work outside. Indoor Outdoor flow where children can freely move from the inside environment to the outdoor classroom.
11:30AM-12:00PM	Reflection Meeting and Lunch time Transition
12:25PM-2:25PM	Resting Time/Nap
2:30PM-6:00PM	Snack available (2:30-3:00) and open choice work outside