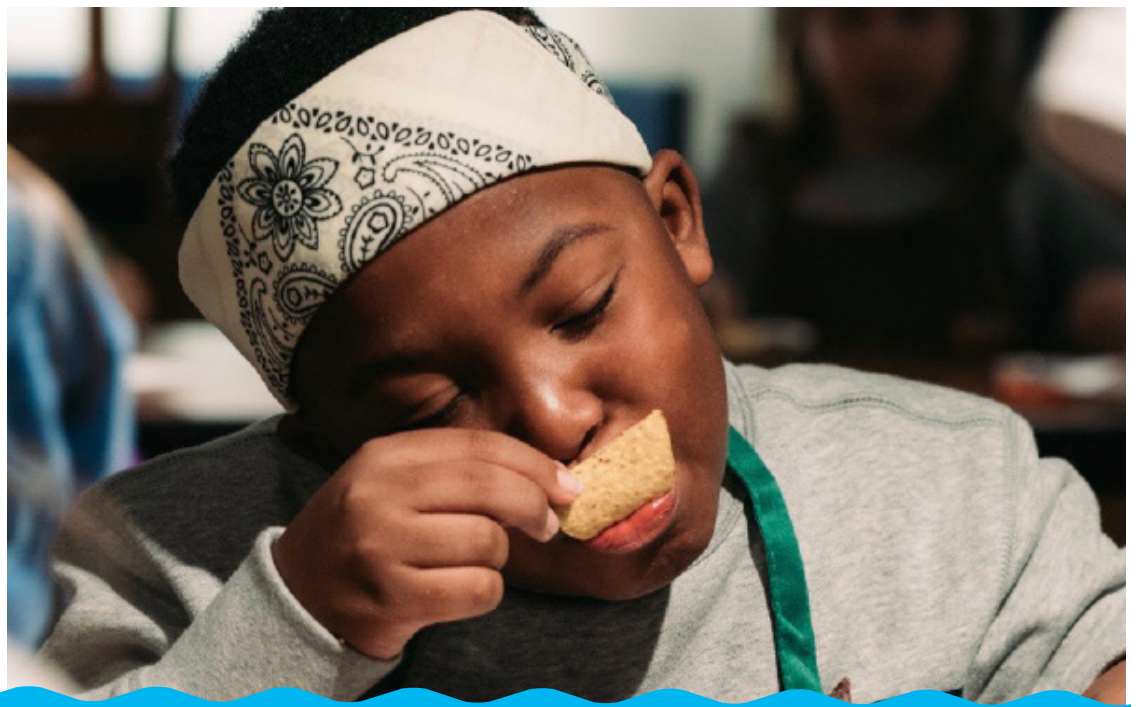


asapct
PRESENTS



NINJATRITION™

GRADES 3-5 ALISSA MONTELEONE

IN PERSON, MASKS REQUIRED FOR THIS PROGRAM

Calling all current and future Nutrition Ninjas! Come join us in this all new, outdoor, 4 week program! Ninjatriton is a cooking class for kids where Food, Fun and Focus meet. Each week we'll be making awesome, brand new recipes, building our self-discipline and challenging our bodies. At the end of class, chefs will be awarded a specific colored tie to add to their apron. Each tie acknowledges the skills you've learned that day and your commitment to practicing your skills during the rest of the week. Whether you're new to Ninjatriton or have worked with us before, this outdoor class is going to bring the Art of Happy Eating to a new level!

TUESDAYS | APRIL 20 & 27, MAY 4 & 11 | 4:00-5:00 PM

River Walk Pavilion, Washington, CT

4 sessions: \$60, \$54 Region 12 residents (includes supply cost).
Financial aid available if needed.

Visit [asapct.org](https://www.asapct.org) or call Ali Psomas at 845-518-5859 to register