

Psychomotor Outcomes

- Demonstrate Catching an Overhand Thrown Object
- Demonstrate a Hop Using a Mature Pattern with General and Self-Space Awareness
- Demonstrate a Gallop Using a Mature Pattern with General and Self-Space Awareness
- Demonstrate a Skip Using a Mature Pattern with General and Self-Space Awareness
- Demonstrate a Slide Using a Mature Pattern with General and Self-Space Awareness
- Demonstrate Kicking a Ball
- Demonstrate an Overhand Throw

Cognitive Outcomes

- Identify and recognize the benefits of physical activity on the body
- Identify and recognize the activities that improve aerobic fitness, muscular strength, and flexibility

Affective Outcomes

- Demonstrate safety, effort, cooperation, and responsibility