

**Unit Objective: JROTC and Your Future**

In this unit, students will learn about the NJROTC's history, mission, and curriculum and the benefits of belonging to the program. Students will also learn about the difference between a job and a career and how to start planning now for a future career.

**Unit Objective: Leadership Skills**

Developing leadership in cadets is one of the primary goals of NJROTC. This unit will arm students with knowledge they need to become an effective leaders. Students will learn how good leaders come from the ranks of good followers, the styles and traits of good leaders, how to motivate others, and the attitudes and emotions that make for the best leadership.

**Unit Objective: Citizenship and American Government**

Promoting good citizenship is another goal of the NJROTC program. To help students become a better citizens, this unit will teach students the rights and responsibilities of an American citizen as well as the foundations of American government. Students will also learn how the defense of our nation relates to citizenship and how the military functions in our democracy.

**Unit Objective: The U.S. Navy**

In this unit, students will learn the types, designations, and missions of Navy ships and aircraft. They will also learn Navy shipboard terminology, customs, and courtesies. The unit also includes the origins and development of Naval Aviation.

**Unit Objective: Wellness, Fitness and First Aid**

In this unit, students will learn how to use exercise and nutrition to maximize

physical well-being, gain awareness of the dangers to wellness of alcohol and other drugs, and the principles and techniques of first aid.

**Unit Objective: Geography and Survival Skills**

In this unit, students will learn the fundamentals of geography, how to use a map, and how to be aware of the environment surrounding them. In addition, they will learn how to survive should they become stranded in a variety of environments.