



ALLERGY HEALTH PLAN AND MEDICATION AUTHORIZATION

Student's Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_

This student is allergic to: \_\_\_\_\_

Previous symptoms of exposure/ingestion of allergen: \_\_\_\_\_

Epi-Pen prescribed for this student's allergy:  No  Yes - If yes medical provider to complete back of this form.

SIGNS OF AN ALLERGIC REACTION INCLUDE: (circle symptoms most common to this student)

BODY SYSTEMS

SYMPTOMS

MOUTH	Itching & swelling of the lips, tongue or mouth
THROAT*	Itching and/or a sense of tightness in throat, hoarseness, hacking cough
SKIN	Hives, itchy rash and/or swelling of face or extremities
GUT	Nausea, abdominal cramps, vomiting and/or diarrhea
LUNG*	Shortness of breath, repetitive coughing and/or wheezing
HEART*	"thready" pulse, "passing out"

The severity of symptoms can quickly change.

\*All above symptoms can potentially progress to a life-threatening situation!

**ACTION:**

1. Notify the health office **IMMEDIATELY** to alert staff to bring EPIPEN to the student
2. The EPIPEN must be administered **IMMEDIATELY**.
3. A **CALL** must be placed to **9-911**
  - Request an ambulance
  - Specify that the student is having an Anaphylactic Reaction.
  - Stay with student
  - Monitor breathing, start CPR if no breathing noted
4. Contact Parents

**If NO EPIPEN required, complete this section:** Steps to be taken for non-Anaphylactic allergic reactions. These might include giving medications (requires medication authorization on back of this form), calling 911, or calling parents, etc.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Please note, if medication is to be given the back of this form must be completed by a prescribing health care professional and parent authorization area to be signed.**

**Reviewed by:** Please Sign the appropriate line below

☞ Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Building RN \_\_\_\_\_ Date \_\_\_\_\_

Health Office Nurse \_\_\_\_\_ Date \_\_\_\_\_

**MEDICATION AUTHORIZATION FORM**

Name of Student \_\_\_\_\_ Date of Birth \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_ Homeroom/Advisory/Teacher: \_\_\_\_\_

**PRESCRIBER'S ORDER**

I have prescribed the following medication to be administered for an allergic reaction during school hours:

<u>Medication</u>	<u>Dosage</u>	<u>Time</u>	<u>Duration</u>

Diagnosis or medical reason for medication: \_\_\_\_\_

Yes  No Student is able to self-carry and self-administer epi-pen for treatment of allergic reaction.

Other medication this student is taking: \_\_\_\_\_

Any other recommendations or UNUSUAL side effects: \_\_\_\_\_

Physicians Signature: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Physicians Name (Printed): \_\_\_\_\_ Phone Number: \_\_\_\_\_

Clinic Name & Address: \_\_\_\_\_ Fax Number: \_\_\_\_\_

**PARENT / GUARDIAN AUTHORIZATION – SIGN BELOW**

Yes, I hereby authorize my child to self-administer the above medication at school as prescribed by the physician. I authorize reciprocal release of information related to my child's health/medications between the school nurse and the prescribing health professional/clinic. I understand that my child will be responsible to carry this medication at school and its' use will not be monitored by school personnel. I understand that trained school personnel will follow the EPIPEN Emergency Health Plan should my child be unable to self-administer his/her medication. I understand that the school nurse may decide that my child is not able to self-administer medication. If that is the case, the school nurse will contact me and explain the reason.

No, I want my child's above medication kept in the health office and given by trained staff should any symptoms of an allergic reaction happen.

**Reviewed by:** Please Sign the appropriate line below

 Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Building RN \_\_\_\_\_ Date \_\_\_\_\_

Health Office Nurse \_\_\_\_\_ Date \_\_\_\_\_

**FARIBAULT HEALTH OFFICE FAX NUMBERS**

Jefferson Elementary	Fax: 507-333-6544	Faribault Middle School	Fax: 507-333-6400
Lincoln Elementary	Fax: 507-333-6642	Faribault High School	Fax: 507-333-6111
Roosevelt Elementary	Fax: 507-333-6734	McKinley Early Childhood Center	Fax: 507-333-6830