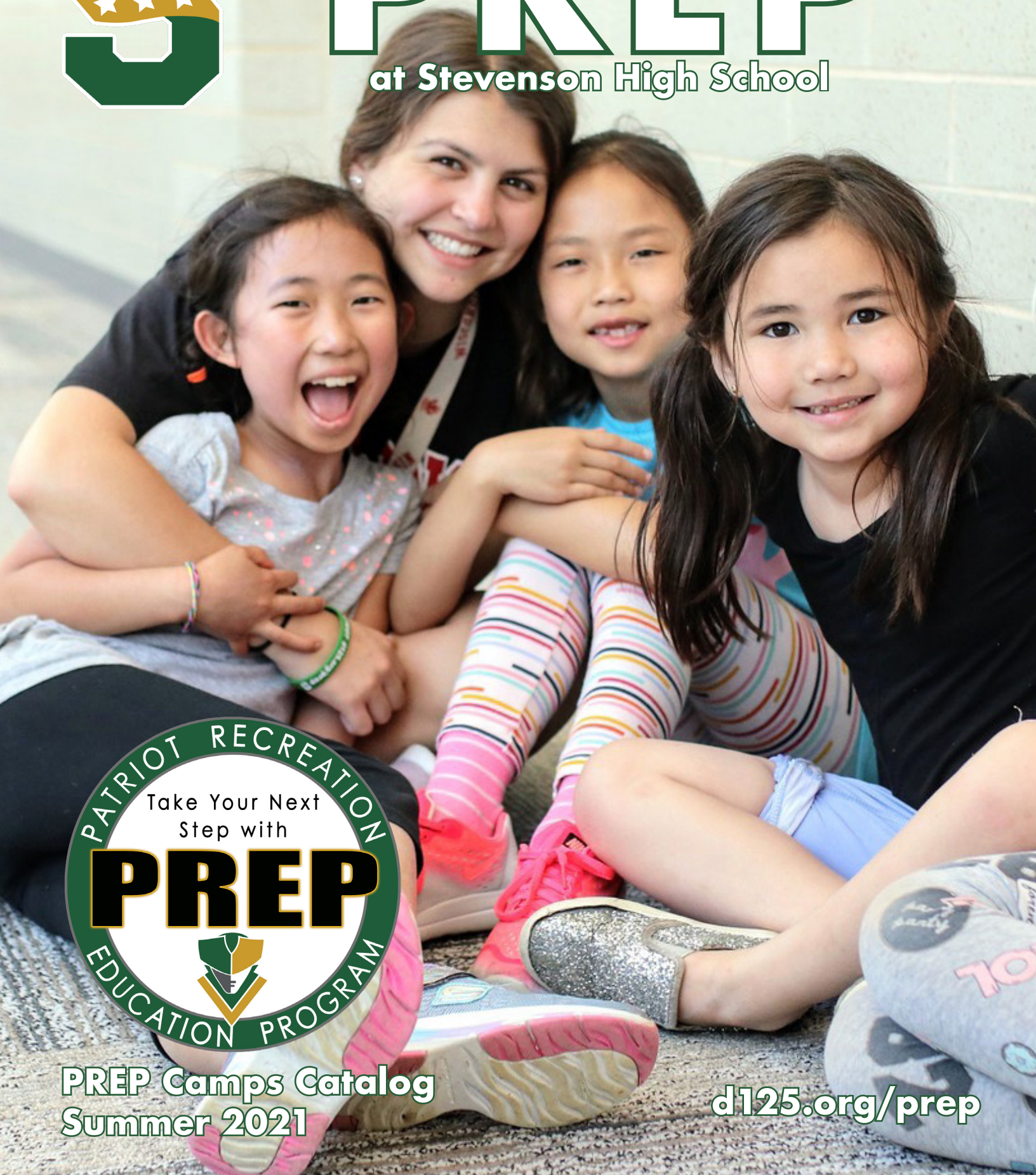




# PREP

at Stevenson High School



**PREP Camps Catalog**  
**Summer 2021**

[d125.org/prep](http://d125.org/prep)



# What's Inside

## Find Something Just for YOU!

Camp Patriot	4
Summer Sports Camps	6
Private Music Lessons	7
Professional Development	8
Special Interest	10
STEAM (Science, Tech, Engineering, Art, Math)	11
Frequently Asked Questions	12
Registration Information	13

### **Please note:**

Details are subject to change. The most up to date information is available online. Confirmations will be sent to your email from [prep@d125.org](mailto:prep@d125.org)

### **As we slowly return to in-person classes & camps:**

Please note that we'll be requiring screening & temperatures upon entry.



Professional  
Development  
page 8



Private Music Lessons  
page 7



STEAM Camps  
page 11



Work for Camp Patriot  
[d125.org/prep](https://d125.org/prep)

# Spring: Health & Wellness



## Moving Forward

In an abundance of caution, we continued to use Zoom for all of our Spring classes. Zoom is a simple, online meeting platform. These are video calls where we can all see one another as a way to have an in-person class even if we're at work or at home.



As we move forward into the summer and look towards the fall, we'll be offering more in-person programming. In order to do that, safety procedures will need to be put in place to help ensure the health and well-being of all of our participants.

## More classes and camps available online!

[d125.org/prep](https://d125.org/prep)

## Break Dancing (2nd - 6th)

Chicago Loves Dance

Under the creative direction of skilled Chicago Loves Dance break dancers, students will learn choreography and poses, show off their creativity in free-style sessions and more. Chicago Loves Dance runs on the philosophy that dance should open your child's creative abilities and be FUN! We pride ourselves on teaching the self-esteem and socialization needed in everyday life through the activity of dance and performance. The last day of the class will be a parent watch day where they will do a short performance to show off their new talents.

3/29 - 5/03  
Zoom

5:00-6:00 pm  
Fee: \$84

## Hip Hop (4th - 8th)

Chicago Loves Dance

Under the creative direction of skilled Chicago Loves Dance instructors, students will learn choreography to newest pop/dance songs, show off their creativity in free-style choreography sessions and more. Chicago Loves Dance runs on the philosophy that dance should open your child's creative abilities and be FUN! We pride ourselves on teaching the self-esteem and socialization needed in everyday life through the activity of dance and performance.

4/01 - 5/06  
Zoom

5:00-6:00 pm  
Fee: \$84

## Kids Yoga (1st - 4th)

Chicago Loves Dance

This class is run by professional yoga instructors from Chicago Loves Dance. We supply the mats all you need to do is come ready for some yoga and stretch! In this class kids will learn beginning yoga movements, terms and yoga based games to make learning fun. Yoga in early childhood is wonderful for improving listening skills, building self-esteem and supporting social and emotional learning.

Note: Please be ready with your yoga mat or a towel to class every week.

3/30 - 5/04  
Zoom

4:00-5:00 pm  
Fee: \$84



Check out our social media for updates and new classes!  
@shsprep





# Camp Patriot

Registration for Camp Patriot Day Camp is nearly full! In order to offer maximum programming and maximum safety, we're limiting our enrollment.

Campers entering K-8th grades in the Fall of 2021

## Camp Patriot In-Person

Camp Patriot exists to provide a unique camping experience to your camper, whether that's in-person or via Zoom. We make our camp unique by focusing on Social Emotional Learning (SEL) opportunities for your children while utilizing all that Stevenson High School has to offer.

By the end of our program, your camper will have worked on developing SEL skills, have met new friends, and built relationships with campers, staff, and faculty in a recreational setting.

Learn more at [d125.org/prep](https://d125.org/prep)

### Camp Dates

June 14 - July 23

(no camp July 5 - July 9)

\$395/week

**Camp Patriot is filling quickly! Sign up now!**

Camp Patriot is run by Isaac Brubaker and Lindsay Zucker. "B" and Lindsay have a combined 35 years of camping experience that they bring to this amazing program!

If you have any questions, please contact B at [ibrubaker@d125.org](mailto:ibrubaker@d125.org) or 847-415-4142.



# Camp Patriot



## What Does a Typical Day Look Like?

Daily activities are led by Role Models (what is commonly referred to as camp counselors) and professional staff. These may include art, cooking, dance, drama, music, sports, STEM, etc.

Our schedule changes depending on the day and on your camper! Older campers get the opportunity to choose some of their activities, giving them ownership and allowing them to practice decision making skills.

## What's Included?

Once our campers are at camp, it's all included! No extra fees for any specialized activities or lunch!

## How Is Camp Patriot Responding to Covid-19?

While no one can guarantee absolute safety in all situations, we're working hard to maintain a safe environment while still providing extraordinary camping opportunities.

We'll be restricting interaction between groups as well as limiting our overall number of campers

Our group sizes will remain about the same, roughly ten campers with two Role Models

We'll be requiring daily screening and masks at all times unless eating

We will be keeping campers in their camp groups and treating them as pods of campers

We will, of course, review these as new information and new guidance comes out from the IDPH and the CDC



# Summer Sports Camps

## Athletes:

We are planning on safely offering some in-person activities this summer, either here on campus, or at nearby locations.

We will be advertising these opportunities on [d125.org/prep](https://d125.org/prep), on social media, and by email.

Stay tuned in the coming weeks and months as these opportunities become available.

If you have any questions, please contact Aaron Wellington, [awellington@d125.org](mailto:awellington@d125.org) or [prep@d125.org](mailto:prep@d125.org)

[d125.org/prep](https://d125.org/prep)



# Private Music Lessons



Stevenson PREP is proud to offer private music instruction! Lessons are available for all ages and skill levels with highly-qualified, degreed instructors.

ALL LESSONS WILL BE VIRTUAL UNTIL FURTHER NOTICE.

Lessons are offered in most instruments:

- Bass • Bassoon • Baroque Strings • Cello • Clarinet • Drums/Percussion
- Flute • French Horn • Guitar • Harp • Oboe • Piano • Saxophone
- Trombone • Trumpet • Tuba/Baritone • Violin • Viola • Voice



Our philosophy is that the capacity to learn and love music is inherent in every person. Our outstanding instructors—selected by Stevenson’s award-winning music faculty—work to meet each student’s unique needs, interests and goals to help them achieve their full musical potential.

To begin, go to [d125.org/prep](https://d125.org/prep). Click on the “Private Music Lessons” button. Fill out the “Online Inquiry Form”. The PREP office will receive your request and match you with an instructor. The instructor will then reach out to set up private music lessons through Zoom.

## Private Music Lessons for non-Stevenson Students

30 minute lessons: \$32/lesson

45 minute lessons: \$48/lesson

60 minute lessons: \$64/lesson

## Summer Private Music Lesson Dates

June 6 First day of lessons

July 4/5 No lessons

August 7 Last day of lessons

Additional dates can be added by discussing them with your teacher.



More information online at  
[d125.org/prep](https://d125.org/prep)

# Professional Development

## What is this?

This is just a small sampling of the online courses we offer. We've been exploring new ways to offer you something interesting and useful. We hope that you'll browse through our new online, professional development courses and find something that can benefit you professionally.

## Social Media for Business Certificate

Get in on this exciting and growing way to communicate, market and serve your customers and clients. For businesses, nonprofits, government, and other organizations. From Facebook to Twitter, blogging, YouTube, LinkedIn, and more, discover the new principles of communication that apply across all networks and how these specific social networks work and the possible uses for your organization.

Learn how social networks are used to develop a two-way communication and marketing strategy for your organization. Then find out what you can be doing, what you should be doing, and take back a plan to integrate social networks into your communication and marketing.

Whether you are new to social networks or already involved, you will come away with both an understanding of social networks and practical, how-to techniques to integrate social networks into your organization or business. Your instructors are outstanding practitioners who also speak, write, and train others on social networks.

Online class dates are available online at [d125.org/prep](http://d125.org/prep).

Average Completion time:	48 hours
Online Class	Fee: \$495

**Register online at  
[d125.org/prep](http://d125.org/prep)**

## Certificate in Project Management

In today's business environment, there is a need for good project management. Project management provides visibility of project health to the business and the customer. Through continuous monitoring, early detection of variations to plan, schedule, and budget can be communicated to stakeholders for quick resolution, including project cancellation.

Project management is one of the fastest paths to promotion by increasing your network through greater exposure.

First, gain the skills, tools and templates to confidently develop and maintain a project. An overview of salaries, certification costs, education and experience requirements are provided.

Then acquire a well-rounded knowledge of the five Project Management Processes relating to the Project Management Body of Knowledge Guide. This basic information will assist you in learning the beginnings of Project Management, whether you are interested in project management, in a project management field, or in any line of work.

Finally, learn the ten Project management Knowledge Areas and their support role and relationships to the five Project Management Processes.

Online class dates are available online at [d125.org/prep](http://d125.org/prep).

Average Completion time:	48 hours
Online Class	Fee: \$495



# Professional Development



## Digital Marketing Certificate

Come get a fundamental yet advanced introduction to eMarketing, including improving email promotions, analyzing your web site traffic, doing search engine optimization, and how to successfully employ online advertising.

Relevant for any type of organization, including businesses, companies, non-profits, and government agencies. No eMarketing experience or expertise is necessary. If you are already at an advanced level, your instructors are experts and can provide the latest most advanced information and answer your toughest questions.

Online class dates are available online at [d125.org/prep](http://d125.org/prep).

Average Completion time:	48 hours
Online Class	Fee: \$495



## Six Sigma Green Belt Certificate

Six Sigma professionals are in strong demand by organizations around the world. On the front-lines of Six Sigma efforts are Green Belts. LERN's Green Belt training teaches participants problem-solving skills, using the DMAIC (Define, Measure, Analyze, Improve and Control) model. After completing this challenging course, Six Sigma Green Belts serve their organizations as a trained specialist able to work on Six Sigma projects that benefit the organization. Although not required, participants are strongly encouraged to have a project during the course. The instructors and mentors work closely with the class to not only teach the material, but to guide candidates as they work projects.

Introduction to Six Sigma Green Belt

Intermediate Six Sigma Green Belt

Advanced Six Sigma Green Belt

Online class dates are available online at [d125.org/prep](http://d125.org/prep).

Average Completion Time:	48 hours
Online Class	Fee: \$495

Register online at  
[d125.org/prep](http://d125.org/prep)

## Adobe Photoshop Essentials

This fundamental course covers Adobe Photoshop CC most commonly used tools, menus and panels. You'll learn all the basics of Photoshop to effectively work with selection and editing tools, layers, and masks to edit, retouch and enhance existing images or create your own composite digital art work. Impress your business organization, friends and family by enhancing their photos and create magazine cover quality enhanced images. Access to Adobe Photoshop software required. Online class dates are available online at [d125.org/prep](http://d125.org/prep).

Average Completion time:	One month course
Online Class	Fee: \$225



Check out our social media for updates and new classes!  
[@shsprep](https://www.instagram.com/shsprep)



# Special Interest



## Julie Goldberg

Julie Goldberg is the first guitarist to earn a doctorate in music performance from Northwestern University, and also holds degrees from the Chicago Musical College of Roosevelt University and College-Conservatory of Music at the University of Cincinnati.

An associate professor at VanderCook College of Music and NorthPark University, Dr. Goldberg directs the Chicago Community Classical Guitar Orchestra, and leads the Annual Day of Guitar Festival. She has taught clinics and master classes in Wisconsin and Vietnam, and is a frequent adjudicator of guitar contests and competitions.

In addition to teaching, Dr. Goldberg performs as a solo guitarist, and in the Avanti Guitar Trio. Her community outreach performances earned her the honor of being named Guitarist of the Year by Classical Guitar Alive magazine. Dr. Goldberg is the co-author of 100 Classical Guitar Lessons. Her educational guitar ensemble arrangements are published by Guitar Chamber Music Press and Guitar Class Resources.

## Adult Guitar Class

Julie Goldberg

This course will introduce beginning guitarists and experienced rock/pop/jazz players to classical guitar techniques, repertoire, history and style. Participants will explore and play music from the Renaissance era through the 21st Century and must have a nylon string guitar to use during this course. Music notation will be covered, but it is not necessary to read music for this course.

3/31 - 5/05  
Zoom

6:30-7:30 pm  
Fee: \$85  
Senior Fee: \$69

## Certificate in Data Analysis

Data Analysis is quickly becoming one of the most sought-after skills in the workplace. Companies have vast amounts of data, but it is rare to have someone with the ability to analyze that data to see trends and make predictions. Add a whole new skill set to your portfolio, and make a big difference in the success of your organization by acquiring data analysis skills.

Begin with getting a basic understanding of how to analyze data in a business setting. Then learn how many of your business decisions involve comparing groups for differences.

Online class dates are available online at [d125.org/prep](https://d125.org/prep).

Average Completion time: 48 hours  
Online Class Fee: \$495

# Youth STEAM

## (Science, Technology, Engineering, Arts, Maths)



### Art Camp (5th - 8th)

Susie Speck

Students will explore their creativity using different mediums such as papier mache, collage, painting, and drawing. We will work on blending, shading, color theory, composition, perspective, all while having fun and listening to music! Time will allow more involved projects. All supplies included. Masks will be required at all times.

June 28 - July 2  
Tripp School

9:00-12:00 pm (Monday - Friday)  
Fee: \$165

Register online at  
[d125.org/prep](https://d125.org/prep)

### STEM Camp (K-2nd, 3rd-5th)

Noggin Builders

Weekly camps!!

Filled with fun, hands-on STEM! Campers will explore with experiments in a variety of STEM areas and open-ended design projects. The camp day will also include games, science related crafts, and team building activities. Activities will be different each week, so sign up for multiple weeks of camp to keep your budding scientist or engineer engaged all summer.

This class is for students who will be in Kindergarten through 2nd grades or for 3rd - 5th graders in the fall of 2021.

- Curriculum will be different each week
- Camps are available weekly at Tripp School
- 9:00 - 12:00
- Monday - Thursdays
- 6/14 - 7/23, no camps the week of July 5 - July 9
- \$235 per week



### Filmmaking Camp (6th - 8th)

Chicago Filmmakers

This comprehensive summer camp will cover digital video production from initial concept to finished movie. Students will be encouraged to work collaboratively through all stages of production as they learn more about storyboarding, cameras, lighting, sound, shot composition, and editing. On the final day of camp, students will showcase their finished film pieces at a screening for family and friends. Class is limited to 10 participants.

7/12 - 7/22  
Tripp School

9:00-12:00 pm  
Fee: \$515

These are in-person camps hosted by PREP at Tripp School.



# Frequently Asked Questions

## Age and Eligibility

Participants must be the appropriate age on the first day of class or entering the appropriate grade in the fall of the current calendar year. Adult classes are for participants 16 years or older, unless otherwise specified.

## Americans With Disabilities Act

The Patriot Recreation Education Program will not discriminate against eligible residents for participation on the basis of a disabling condition. We invite any community member with a special need to contact our staff upon registration so that a smooth inclusion may occur.

## Do I need insurance?

For insurance purposes, PREP programs and activities require a signed waiver. PREP is not responsible for supervision of children arriving on site prior to or remaining on site after the established program times.

## Can I make up classes missed?

In order to preserve the safety of the participant-to-staff ratio and the quality of the classes, PREP does not provide for or allow make-up classes. There will be make-up classes for classes missed which are caused by PREP.

## Can I withdraw from a class?

We will issue a full refund of the fee paid prior to 2 weeks before the start of the program (1 week for sports camps). Less than 2 weeks prior to a program's start date, we will refund your fee paid less 10%. After the start of a program, no refunds will be given. Written requests can be submitted via email to [prep@d125.org](mailto:prep@d125.org).

## For in-person classes and camps:

We'll continue to follow updated guidance from the CDC, IDPH, and District 125. In order to keep everyone safe, we'll be requiring masks, self-screening, and social distancing.

## Can I transfer to another class?

When class size permits, participants may request a transfer from one program to another in writing, one week prior to class start.

## How do I get the Senior Fee?

Participants age 60 or older are eligible to receive the Senior Fee on select classes. Discounts will be automatically applied at checkout. Seniors may register for selected PREP classes at a reduced fee, provided the minimum enrollment for the class is met (selected classes have senior pricing listed in their description). Textbook, food supply fees, etc are additional. No other discounts apply.

## Can I smoke on campus?

The District 125 non-smoking policy prohibits smoking on the Stevenson premises for everyone, including vape devices.

## What happens when a class is full?

When a class reaches its maximum enrollment a waiting list is established. If an opening occurs, or a new class is formed, you will be notified.

## Does PREP prorate?

No, PREP does not prorate for any of its camps, classes, or programs except for Private Music Lessons.

## Where are classes held?

In an abundance of precaution, nearly all of our classes are held virtually. There is an opportunity for some classes to be held in-person with a virtual option. If that becomes the case, we'll talk with registrants to see their comfort level.

Office Hours: Mon - Fri: 7:00 AM - 3:30 PM

P: 847-415-4145

E: [prep@d125.org](mailto:prep@d125.org)

[d125.org/prep](http://d125.org/prep)



# Registration Information



99% of our registration is done online! It's easy to use, fast, and safe. If you do have any questions, feel free to call our office for help, mail in your registration form with a check, or stop by our office with a check. Please keep in mind that we cannot accept registrations over the phone and we cannot process credit cards in the office.

To register for any of our classes, visit  
[d125.org/prep](http://d125.org/prep)

Gender

☐ Co-ed

☐ Female

☐ Male

Age

☐ Youth (4 - 14)

☐ High School (13 - 19)

☐ Adult (19+ Years) (19 - 100)

Days of week

☐ Sunday

☐ Monday

☐ Tuesday

☐ Wednesday

☐ Thursday

☐ Friday

☐ Saturday

Date Range

Select a PREP Course!

Courses

Adult (19+)

High School

Youth (K-8th)

Search

## 2 Easy Ways to Register:



Online  
(most popular)



By Mail  
with a check  
or credit card

## Teach for PREP



Do you have something you're passionate about and you're bursting at the seams to share? We would love to talk to you about teaching for PREP! We accept course proposals on an on-going basis. If you have a fabulous idea for a course, just fill out the online form and we'll be in contact with you.

Our teachers don't necessarily need to be experts in their field; they just need a passion for the subject matter and the desire to spread their knowledge to others!

[d125.org/prep/](http://d125.org/prep/)

# PREP REGISTRATION FORM/WAIVER

Patriot Recreation Education Program • d125.org/prep • Email: prep@d125.org

Participant's Last Name \_\_\_\_\_

Address \_\_\_\_\_ City / State / ZIP \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ Work Phone ( ) \_\_\_\_\_

Confirmation Email Address \_\_\_\_\_

Participant's First Name	Birth date	Sex	Program	Fee
Remember to sign the waiver on the bottom of this page			TOTAL	

**Payment Information:** We accept cash or check when registering with this form. Visa/Mastercard accepted via online registration only. Please do not mail cash. If paying in person, please pay with check or bring the exact cash amount needed. Circle payment type and complete information below.

Cash

Check (# \_\_\_\_\_)

## Acknowledgment, Waiver & Insurance Information

We/I the participant or parent(s)/guardian(s) of a participant in PREP program(s) at Stevenson High School, recognize(s) and acknowledge(s) that there are risks of physical injury including serious personal injury, paralysis, death, damages, medical care expenses, or loss which may be sustained as a result of participating in any or all such activities connected with or associated with these program(s). Our/my son/daughter is permitted to participate in all such activities.

We/I understand that the School District does not provide health/accident insurance for participants in such programs. We/I the participant(s) or parent(s)/guardian(s) understand that we/I become responsible for the payment of medical expenses for the care and treatment, including continuing care and treatment, of ourselves/myself or our/my son/daughter as a result of a personal injury or other loss of any type incurred during participation in the PREP program of this School District. We/I hereby waive all claims against Stevenson High School District 125, and any corporate entities, their employees and agents which are offering PREP classes, including but not limited to medical expenses, personal expenses or other loss or damage, we/I may have/or incur as a result of our/my participation or my son/daughter's participation in any program at Stevenson High School District 125 and release and discharge said School District including its board members, administrators, officers, agents, servants and employees, and any corporate entities, their employees, and agents which are offering PREP classes of and from any such expenses. I have read and fully understand and accept the program details, policies, procedures, waiver and release of all claims.

I hereby give my permission for myself/my child to participate in the SHS PREP Program. Further, I authorize qualified medical personnel to provide emergency treatment of any injury or illness that may be experienced if they consider treatment necessary, or perform the treatment. This authorization is granted only if I/my emergency contact cannot be reached and a reasonable effort has been made to do so. I am aware that participation is a potentially dangerous activity. I assume all risks associated with participation PREP, including but not limited to falls, contact with other participants, the effects of weather, traffic, and other reasonable risk conditions associated with the programs. All such risks to are known and appreciated by me. I understand this conforming consent and agreement to its conditions.

## Medical Information for All Participants

Emergency Contact Name \_\_\_\_\_

Emergency Contact Phone Number \_\_\_\_\_ Alternate Number \_\_\_\_\_

Hospital Preference \_\_\_\_\_ Physician and phone # \_\_\_\_\_

Allergies: None Bee Sting Grass Other \_\_\_\_\_

Asthma: Yes No Type of Inhaler: \_\_\_\_\_

Heart Condition

Tuberculosis/Bronchitis

Fractures/Sprains

Concussion/Head Injury

High/Low Blood Pressure

Surgery or advised to have surgery

Diabetes

Dizzy Spells/Fainting Spells

Contacts/Glasses

Epilepsy

Skin Conditions/Diseases

Other: \_\_\_\_\_

### For youth participants only:

Mother's Name \_\_\_\_\_

Father's Name \_\_\_\_\_

Mother's Work# \_\_\_\_\_

Father's Work # \_\_\_\_\_

Mother's Cell # \_\_\_\_\_

Father's Cell # \_\_\_\_\_

☐ To the best of my knowledge the information on this form is accurate and up-to-date.

### Publicity Consent

PREP reserves the right to photograph/video its programs for documentation and publicity purposes. I consent that the student(s) being registered may be included in images/video for these purposes.

☐ Yes, I consent.

☐ No, please don't take my picture.

Signature of Parent/Guardian/Participant 18+: \_\_\_\_\_

(Waiver must be signed to process registration form)





# Need help? Want to help others?

The Stevenson Foundation is an independent nonprofit organization that serves the entire Stevenson community.

**Learn more at [StevensonFoundation.org](https://StevensonFoundation.org)**



Patriot Recreation Education Program  
Adlai E. Stevenson High School  
One Stevenson Drive  
Lincolnshire, IL 60069-2015



The Patriot Recreation Education Program (PREP) at Stevenson High School exists to help you reach your personal, professional, and recreational goals through our affordable, high-quality, community education programs for youths and adults year-round.

We know that the biggest question on your mind when you open this course catalog is, “what’s in it for me.” This entire course catalog is filled with things that are just for you! If you think of a class that’s missing, feel free to let us know.

We want you to feel connected, engaged, and inspired through our programs. Thank you for letting us be a part of the community for more than 35 years.

Sincerely,

*Isaac Brubaker*

PREP Community Education Program Manager



## Contact PREP

Office Hours: 7:00 am - 3:30 pm

[d125.org/prep](http://d125.org/prep)

P: 847-415-4145

E: [prep@d125.org](mailto:prep@d125.org)