

AMITY REGIONAL SCHOOL DISTRICT NO. 5
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As of March 19, 2021, **Governor Lamont's Executive Order No.9S, Section 1 regarding travel is no longer in effect.** Connecticut residents and travelers to Connecticut should *follow [travel-related guidance](#) from the Centers for Disease Control and Prevention (CDC) and the Connecticut Department of Public Health (CT DPH)*. Mandates and requirements are not currently in place in Connecticut. Travel increases your chance of spreading and getting COVID-19. CDC recommends that you do not travel at this time. Delay travel and stay home to protect yourself and others from COVID-19.

The Bethany, Orange, Woodbridge, and Amity School Districts, along with the Orange Health Department and the Quinnipiack Valley Health District strongly recommend that students/employees self-quarantine for a period of 10 days after travel or present a negative COVID test prior to returning to school/work. Any type of negative COVID-19 test (rapid or PCR) is acceptable in lieu of a 10-day quarantine. The test must be performed in the seventy-two (72) hours prior to returning to Connecticut or at any time following return to Connecticut.

Additional CDC Travel Guidelines:

- If you must travel, take these steps to protect yourself and others from COVID-19:
 - If you are eligible, get fully vaccinated for COVID-19. Wait 2 weeks after getting your second vaccine dose to travel—it takes time for your body to build protection after any vaccination.
 - Get tested with a viral test 1-3 days before you travel. Keep a copy of your test results with you during travel in case you are asked for them. Do NOT travel if you test positive.
 - Wear a mask over your nose and mouth when in public settings. Masks are required on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations.
 - Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who did not travel with you.

- All air passengers arriving to the United States, including U.S. citizens, are required to have a negative COVID-19 test result or documentation of recovery from COVID-19 before they board a flight to the United States.

- At this time, CDC recommends that people who have been fully vaccinated against COVID-19 still follow travel-related testing and quarantine recommendations and requirements as summarized above. Post-travel quarantine and testing recommendations above still pertain to fully vaccinated individuals.

Other Resources:

Should you have travel plans, this link will bring to you a portion of the [CDC website](#) that has much useful information on how to keep safe during all phases of your travel.