COVID-19 Symptom Flow Chart

Public Health
Seattle & King County

KEY:

Is a close contact[3]. See Page 2.

Tested positive for COVID-19

Has symptom(s). See Page 2.

SCREEN STAFF OR STUDENT FOR COVID-19

- **NO** symptoms
- **NO** COVID-19 diagnosis
- **NO** close contact of someone with COVID-19

CAN go to school

- **Had ONLY ONE short-term symptom[1]**: fatigue; headache; muscle pain/body ache; sore throat; congestion/runny nose; nausea or vomiting; or diarrhea.
- Symptom lasted **less than 24 hours.**
- **NO** close contact of someone with COVID-19

CAN go to school (if symptom has resolved)

- **NO** symptoms
- **Tested NEGATIVE**, awaiting test results or HAS NOT BEEN tested
- **Close contact** of someone with COVID-19

CANNOT go to school (can learn remotely)

Can return to building **after quarantining for 14 days[3]** from last date of Close Contact **IF** no symptoms develop during that 14-day time period.

If symptoms develop, get tested (or retested).

- **NO** symptoms
- **Tested POSITIVE** for COVID-19

CANNOT go to school (can learn remotely)

Can return to building **after isolating for 10 days** since the date of positive PCR test collection.

- **1 or more symptoms** for any duration
- **Tested NEGATIVE** for COVID-19 or given alternative diagnosis
- **NO close contact** of someone with COVID-19

CANNOT go to school (can learn remotely)

Can return to building **after 24 hours** have passed since fever resolved (without medication) **AND** symptoms have improved.

OR If alternative diagnosis by health care provider, follow provider directions and isolate per condition diagnosed (whichever isolation is longer).

- **1 or more symptoms** for any duration
- **Tested POSITIVE**, awaiting test results or **HAS NOT BEEN TESTED**
- **NO close contact** of someone with COVID-19

CANNOT go to school (can learn remotely)

Can return to building **10 days after symptoms** started **AND** at least 24 hours have passed since fever resolved (without medication) **AND** symptoms have improved.

If person has one short-term symptom[1] and no positive COVID-19 test, see page 2 for return schedule.

- **1 or more symptoms** for any duration
- **Tested NEGATIVE**, awaiting test results or HAS NOT BEEN tested
- **Close contact** of someone with COVID-19

CANNOT go to school (can learn remotely)

Can return to building **after quarantining for 14 days** from last date of close contact.

Updated December 8, 2020. Adapted from document of Health Officers in Clark, Cowlitz, Klickitat, Pacific, Skamania, and Wahkiakum Counties.

COVID-19 Symptom Flow Chart

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Seattle & King County

COVID-19 SYMPTOMS[2]

- Fever (100.4˚F / 38˚C or higher)
- Cough
- Loss of taste or smell
- Chills
- Shortness of breath or Difficulty breathing
- Fatigue
- Headache
- Muscle pain or body aches
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

[2]*That are not explained by a preexisting condition, such as asthma.*

[1]A **short-term symptom** is defined as: A person has **only one of the following symptoms** (fatigue; headache; muscle pain or body aches; sore throat; congestion or runny nose; nausea or vomiting; or diarrhea) **AND** the symptom begins and resolves in less than 24 hours **AND** no known COVID-19 exposure (close contact).

A person can return to school the next day if the short-term symptom resolves. A COVID-19 test is not required.

CLOSE CONTACT DEFINITION[3]

"Close Contact" includes anyone in one or more of the following categories:

- Been within 6 feet (2 meters) of a person with COVID-19 for a combined total of 15 minutes or more within a 24-hour period
- Live in the same household as a person with COVID-19
- Cared for a person with COVID-19
- Been in direct contact with saliva or other body secretions from a person with COVID-19 (for example: been coughed on, kissed, shared utensils, etc.)

Public Health will help identify close contacts.

If you've been exposed to someone with COVID-19 and you have no symptoms, Public Health recommends the following:

1. Stay in quarantine for 14 days after your last contact. **This is the safest option**.
2. If this is not possible, stay in quarantine for 10 days after your last contact, without additional testing.
3. If the first two options are not possible, stay in quarantine for 7 full days beginning after your last contact ***and*** if you receive a negative test result (get tested no sooner than day 5 after your last contact). *This option depends on availability of testing*

Updated December 8, 2020. Adapted from document of Health Officers in Clark, Cowlitz, Klickitat, Pacific, Skamania, and Wahkiakum Counties.