

**17-6A Varsity District Track Schedule
@ Stratford HS
(3 Day Meet Schedule)**

Day 1 – Monday, March 29 – Running Prelims Order: Girls followed by Boys

5:30 100m Hurdles (Girls 33")
 110m Hurdles (Boys 39")
5:55 100m Dash
6:15 400 m Dash
6:45 300m IH Hurdles (Girls 30", Boys 36")
7:10 200m Dash
7:30 3200m Run (Finals)

Day 2 – Tuesday, March 30 – Field Event Schedule

4:00 Boys Pole Vault followed by (45 minute warm-up) Girls Pole Vault
 *Girls Long Jump followed by *Girls Triple Jump followed by Girls High Jump
 Boys High Jump followed by *Boys Long Jump followed by *Boys Triple Jump
 *Girls Discus followed by *Girls Shot Put
 *Boys Shot Put followed by *Boys Discus

***3 preliminary trials, 10 minute rest between flights, seed 1-8, 3 final trials: order 8-1**

Each Field Event will begin 15 minutes after the conclusion of the preceding Field Event.

Day 3 – Thursday, April 1 – Running Finals

6:00 Girls 4 x 100m Relay, Boys 4 x 100m Relay
6:10 Girls 800m Run, Boys 800m Run
6:25 Girls 100m Hurdles, Boys 110m Hurdles
6:40 Girls 100m Dash, Boys 100m Dash
6:55 Girls 4 x 200m Relay, Boys 4 x 200m Relay
7:10 Girls 400m Dash, Boys 400m Dash
7:25 Girls 300m Hurdles, Boys 300m Hurdles
7:45 Girls 200m Dash, Boys 200m Dash
7:55 Girls 1600m Run, Boys 1600m Run
8:15 Girls 4 x 400m Relay, Boys 4 x 400m Relay