



KuspuK School District

Working together to achieve every student's highest potential

Upper Kalskag | Lower Kalskag | Aniak | Crooked Creek | Chuathbaluk | Stony River | Sleetmute

Special Education & Federal Programs Report

November 10, 2020

Submitted by: Madeline Aguillard, Director of Special Education & Federal Programs

Federal Programs

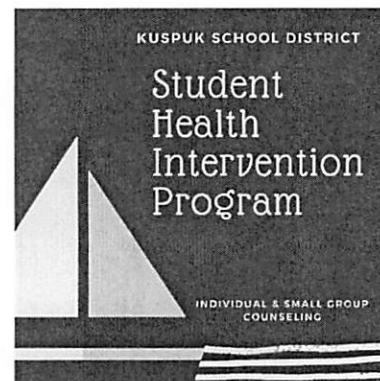
Consolidated Grant

FY20 Report submitted to DEED 11/5/2020

FY21 Application submission to DEED scheduled for 11/13/2020

GCI Gives: Mental health awareness seminar

KuspuK was recognized as a grant recipient during the GCI Gives: Mental health awareness seminar. With this grant and others, KuspuK will work to respond to the growing mental health needs of all students and provide mental health services to students across the district. To do this, KSD developed and implemented the Student Health Intervention Program (SHIP). SHIP promotes mental health awareness and prevention programming through an innovative, hybrid approach to screening, assessment, treatment interventions and services for students across the district. A licensed clinical social worker designs service options, analyzes data, conducts individual teletherapy sessions, and facilitates the implementation of Talking Circles as a restorative practice across the district. *A student program referral form is attached, and can be completed and submitted for district students by any KuspuK stakeholder.*



DotCom Therapy

Through our partnership with DotCom Therapy, Ellen Fiellman, the Licensed Clinical Social Worker, will provide mental health services to students across the district. See *the attached document to learn more about her!*

Special Education

Related service providers have been conducting tele-services with students and meeting virtually with teachers. These services are going well, and the students are happy to see familiar and new faces. We will continue developing our capacity to provide these services and working to meet the needs of all students.

PowerSchool Special Programs

All SPED teachers attended additional training during the October district PLC day.

GoalBook

All SPED teachers attended additional training during the October district PLC day and will attend training from the company on 11/11.



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Social Worker Referral Form

Student First & Last Name	DOB*	Service Type i.e. Counseling Individual or Group	School	Classroom Teacher Name	Grade	Therapy Target (can be list of items)	Extra Info



ELLEN FIELLMAN

MSW, LCSW

Hello.

I am so happy to begin working with KSD and learning about the kids, the schools and the communities- always with deference to Alaskan Native Cultures and Heritage. I have been a licensed clinical social worker for 20 years and I have been a therapist for children and adults in Brooklyn, NY and in St. Louis, MO. Therapy is a word that can feel challenging to explain or describe but really it is simply creating a safe space and through a variety of treatment techniques, helping someone identify and change the emotions, thoughts or behaviors that cause them distress. This experience is all with the choice and collaboration of the client; preserving their dignity, challenging social injustices and protecting their human rights with integrity and compassion is my ethical responsibility and non-negotiable. Teletherapy is an incredible tool to dismantle the social determinants of health, particularly for those residing in rural or remote areas.

CLINICAL STRENGTHS

- Complex trauma
- Neurodevelopmental disorders
- Substance use disorders
- Domestic violence
- Management of self-harm and suicide
- Grief & loss
- Crisis intervention
- Sexual abuse and human trafficking

A little more about me.

I'm married and we have two children, ages 10 and 11. A few of the things I enjoy are watching documentaries, listening to podcasts, making art, ice skating, swimming, "thrifting", bike riding and I used to travel internationally as much as possible but unfortunately unable to continue due to universal COVID precautions and my family fosters rescue dogs regularly.

EDUCATION

- Marquette University
- Washington University

GET IN TOUCH

efiellman@dotcomtherapy.com

Fun fact.

My first job was a paper route, at 13. I rode my red Schwinn bike around our neighborhood and delivered a twice weekly local newspaper. My first paycheck was enough to buy what I wanted most in the world- a \$30 plaid-print Swatch Watch.

