

KYIV INTERNATIONAL SCHOOL

KOZAK KORNER

Friday, December 11, 2020

Newsletter Issue #18



Knowledge • Integrity • Service

Friday, December 11, 2020

Dear KIS Families,

Today's layer of ice all over everything made for an interesting arrival to school, but there is something fun about sliding around everywhere.

It is hard to believe that we are just one week away from the Winter Break and finishing our first term.

This next week, we hope that we can finish "Kozak Strong" and enjoy a few celebrations.



As I am sure you are all aware, this week, the Ukrainian government released information concerning the January 8 - 24th quarantine/lockdown. This is in anticipation of the potential spread and gathering that may happen this winter holiday.

Following the released restrictions, Kyiv International School will be taking the following actions between January 8 and January 24:

6-year-olds through Secondary Students - Will Move to Online Learning

KIS will shift to online learning for our 6yo-Secondary classes. Knowing this information gives our teachers time to prepare any necessary resources before students leave for the break.

2-year-olds through 5-year-olds - Will Still Be Permitted on Campus

These restrictions still permit us to have preschool and kindergarten. KIS will plan to still have preschool (2yo-5yo) classes on campus. We have planned a modified transportation service for our bus riders and KFN will offer food services. Those who ride the bus will be receiving an email from our Bus Manager to find out who will plan to attend school and communicate the new pick up times and bus monitor contact information.

Each time we move to online learning, there are always a few tweaks and changes based on your feedback, so please take a look at the updated schedules that will be published on the Health and Safety section on the school website.

It looks like this weekend might be a slippery one, so be safe!

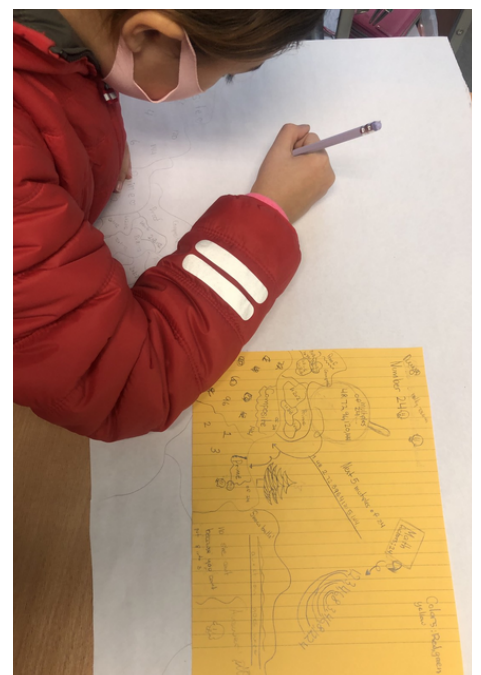
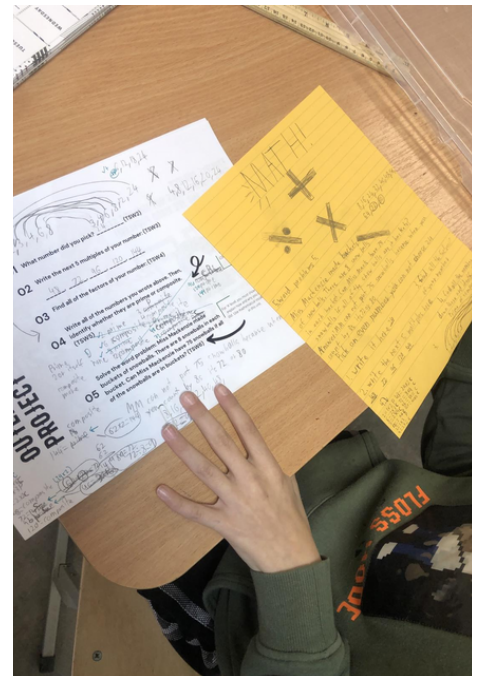
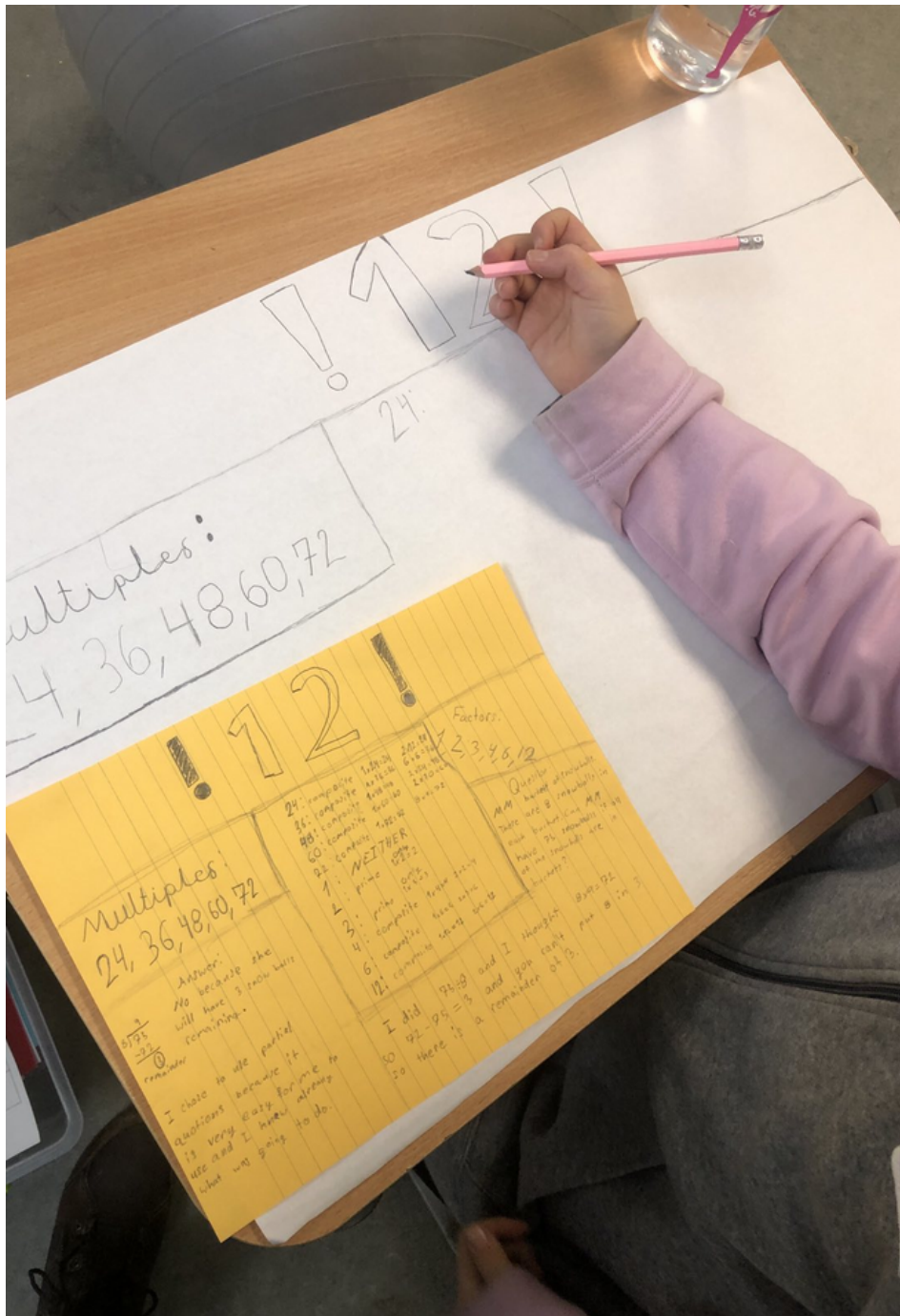
Sincerely,



Luke Woodruff
Director
Kyiv International School

Elementary (5-10 year-olds) Online Schedule

| | |
|-------------|--|
| 8:30-9:30 | Literacy Block –Teacher and Co-teacher support(Breakout rooms possible) |
| 9:30-10:00 | Mathematics –Teacher and Co-teacher support (Breakout room possible) |
| 10:00-10:30 | Break- off Zoom- All ages |
| 10:35-11:05 | Cultural Studies/Science –Co-teacher- Teacher supports |
| 11:05-11:35 | Lunch & Break |
| 11:35-14:50 | Specials Begin- Class specific- Teacher provides schedule with times for specific classes! |



| Middle School & Secondary Online Schedule | |
|---|--|
| MORNING - SYNCHRONOUS TIME | |
| 8:30 – 9:20 | Block 1 |
| 9:30 – 10:20 | Block 2 |
| 10:30 -11:20 | Block 3 |
| 11:30 -12:20 | Block 4 |
| AFTERNOON- ASYNCHRONOUS TIME | |
| 13:30-14:30 | Independent Work/ Office Hours for Block 1 & 2 |
| 14:35-15:35 | Independent Work/ Office Hours for Block 3 & 4 |

What does Synchronous mean?

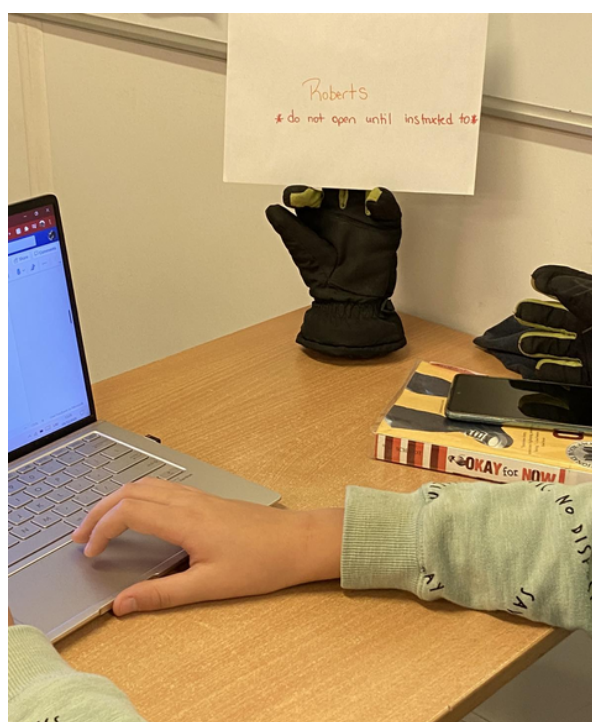
This is the time the entire class receives instruction from the teacher. You are expected to always attend.

What does Independent Work/Office Hours mean?

Office Hours are designed to provide extra time for teachers to support student learning. It is also a time for students to complete assignments.

Teachers will let students know if they must attend office hours. However, teachers will also have their Zoom rooms open so students can drop in to ask questions as they work on assignments independently.

If a MS/HS teacher has elementary classes (some IE and LOE teachers), they may be teaching in the afternoon during the designated office hours. However, it may be possible for students to attend the other office hours session. If you are unsure about office hours, ask your teacher.



Red/Black and A/B Group Schedule

| | December | | | | January | | | | |
|--------|----------|--------|--------|--------|---------|--------|--------|--------|--------|
| M | T | W | T | F | M | T | W | T | F |
| | 1 (b) | 2 (a) | 3 (b) | 4 (a) | | | | | 1 |
| 7 (a) | 8 (b) | 9 (a) | 10 (b) | 11 (b) | 4 | 5 | 6 | 7 | 8 |
| 14 (a) | 15 (b) | 16 (a) | 17 (b) | 18 (a) | 11 (a) | 12 (b) | 13 (a) | 14 (b) | 15 (b) |
| 21 | 22 | 23 | 24 | 25 | 18 (a) | 19 (b) | 20 (a) | 21 (b) | 22 |
| 28 | 29 | 30 | 31 | | 25 (a) | 26 (b) | 27 (a) | 28 (b) | 29 (a) |



DECEMBER 2020

Wednesday 16: Preschool/Elementary PTO Zoom Call

Thursday 17: Winter Performances and PTO Celebration

Thursday 17: Room Room Coffee Chat

Friday 18: Term 2 School Fees Due

Monday 20 - January 7: Winter Break - No School

JANUARY 2021

Monday 9 - January 24: Online Learning for 6 yo classes to Secondary IV.



School Fees

Please be kindly reminded that the Due Date for **Term 1** school fees was August 28th (**Term 2:** December 18th, 2020 and **Term 3:** April 2nd, 2021).

We ask you to take care of outstanding balances at your earliest convenience.

Please contact Business Office in case you have any questions or concerns:
businessoffice@kyiv.qsi.org

Join Us For PTO
Preschool/Elementary

HOLIDAY

Festival



THURSDAY, DECEMBER 17TH - FRIDAY, JANUARY 1ST

PTO ZOOM BREAKOUT ROOMS

Kyiv Time

TIME MAY VARY DEPENDING ON THE SCHEDULED ACTIVITIES PATTERN
LOOK FOR THE INDIVIDUAL POSTERS!



Festive Holiday Fundraiser Ideas! / December 7th – January 1st

Holiday Selfie Zone! / December 7th - December 18th

Winter Performances! / Thursday, December 17th

Milk & Cookies Holiday Stories / Thursday, December 17th

Cocoa & Cookies Holiday Stories / Thursday, December 17th

HOLIDAY BINGO NIGHT! - Monday, December 28th

Holiday PAJAMA PARTY!

Adventure on the NORTH POLE EXPRESS - Tuesday, December 29th

DONUTS with SANTA! - Wednesday, December 30th

COOKIES for a Cause! / Wednesday, December 30th

Christmas Carols / Thursday, December 31st

Contact PTO Elementary Liaison at +380(50)353-89-56 with any questions or to sign up to volunteer or contribute to the Zoom Breakout Rooms ideas for this event!



HOLIDAY TOY DRIVE

December 7th - December 18th

Helping Kids @ The Father's House Orphanage

**Please Bring a Brand New Toy Unwrapped
or Kids Brand New Clothes with a tag
to the Following Stations:**

Preschool/Elementary Office
students only

Main Entrance/ Front Guard Check
students & parents

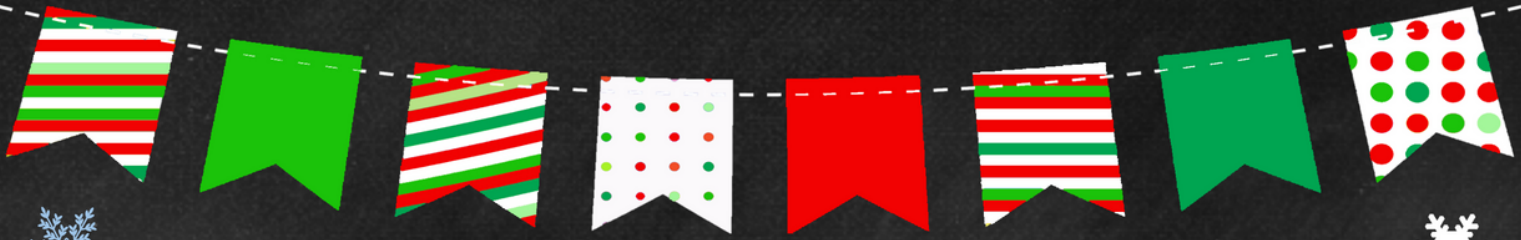
Main Reception/ Front Desk
students only

Middle School Office/ Front Desk
students only

Secondary school/ Front Desk
students only

**Toys Will Be Distributed
to Kids at the Annual
Christmas Party**





US Marines and NHS in collaboration with the PTO



HOLIDAY BOOK DRIVE



December 7th - December 18th



Give The Gift of Literacy and Reading to Kids!



**Please Bring a Brand New Book
Unwrapped to the Following Stations:**

Preschool/Elementary Office

students only

Main Entrance / Front Guard Check

parents & students

Main Reception / Front Desk

students only

Middle School Office / Front Desk

students only

Secondary school / Front Desk

students only

**A Book Is A Gift
That You Can
Open Over &
Over Again!**



**Books Will Be Distributed to Kids from
the Father's House Orphanage at the Annual Christmas Party**

HOLIDAY SELFIE ZONE

DECEMBER 7th - DECEMBER 18th

8:10 AM - 3:35 PM



HAVE YOU TAKEN
YOUR PHOTO YET?

777 HOLIDAY LANE - SCHOOL LOBBY

HOLIDAY MUSIC

AND An "INSTA" MERCY from THE ELVES TOO!

HAPPY HOLIDAYS!

Organized by the School PTO

For more info contact PTO Elementary Liaison at +380(50)353-89-56



Field Trip to Rome

"When will we take a field trip Ms. Lopert?" "Where do you want to go? We are lucky enough that right now we can go anywhere."

This is common conversation in my class and one in which we solved by using Nearpod to go on virtual field trips. It is something we can do with our online class and at school.

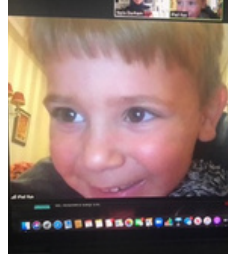


Recently we visited Rome and explored everywhere with such excitement that family members were inspired to join Ms. Tatiana's lessons.

After mastering the history of Rome; students created a virtual world based on what they had seen using Minecraft under the guidance of Mr.Rech.



MINECRAFT



Back on Campus!

My students have been content to be back at school after our two weeks of quarantine. Our classroom is their second home, and they enjoy being with each other.

The 4-ND class has been busy drawing, sketching, painting, building, taking imaginary trips to faraway places by listening to book readings, learning about animals, and now enjoying the cold weather.

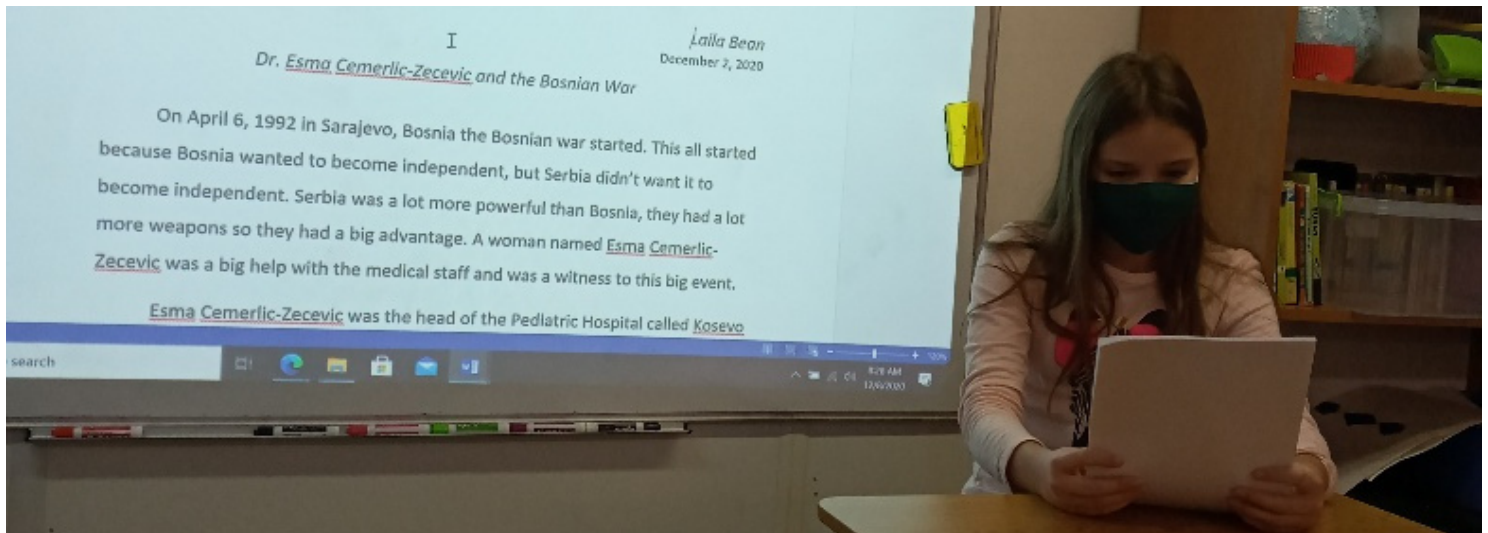
The students are getting better each day at communicating in the classroom. As their teacher, I am glad and thankful to be back on campus enjoying their giggles, smiles, their smart comments, and most of all their presence.

The children are learning about the winter months and how some of the animals hibernate, why some of them change color and some of them migrate. My students hope to help the birds that hang around our playground by contributing on filling the bird feeders with seeds. This a way to preserve the environment as they are learning about how to help their planet as well with small habits in our classroom.

Nora Durham

4-Year-Old Preschool Teacher





Elementary Students Writing Biographical Sketches

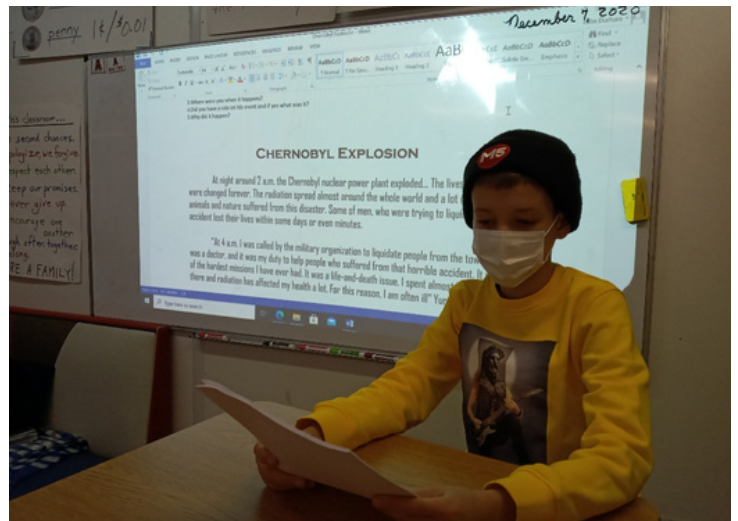
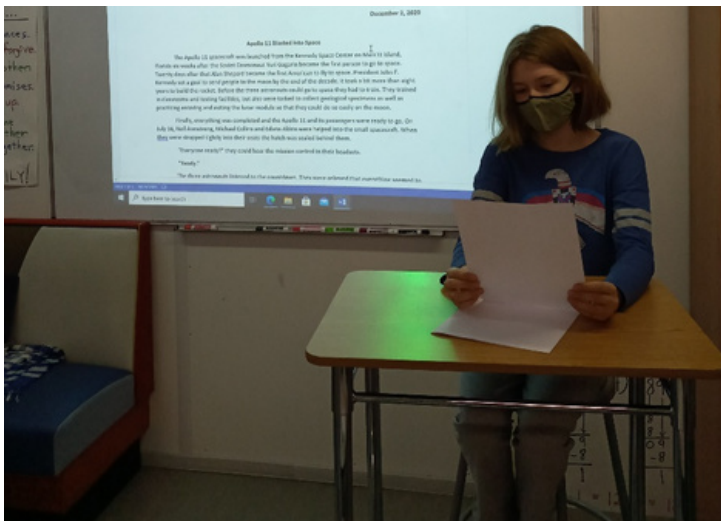
by John R. Durham (10yo Teacher)

The 10 year old literacy curriculum has many excellent writing assignments. During the year, the students write narratives, research papers, poetry, summaries, and much more. The selective unit on biographies, has the students writing a biographical sketch. This unit began by reading an excellent example in our Journeys book – *They Called Her Molly Pitcher*.

Then the students were asked to interview someone about an important world event. Before they actually carried out the interview, students developed a list of questions to direct the interview. With the help of their parents, the students interviewed parents, grandparents, an uncle, and family friends about an important world event. Some of these events included the Vietnam War, 9/11 Terrorist Attacks, WWII, the Orange Revolution here in Ukraine, and others.

The next step in the process of writing the biographical sketch was to research online and to gather more facts about the important event. Then the students combined their interview notes and their research to write their story. These stories had to incorporate dialogue and historical facts in an engaging and entertaining fashion.

After lots of editing, the students shared their biographical sketches with the other students and answered questions about their interview and historical event.



NO PANDEMIC CAN STOP
OUR
IMAGINATION!

ArtTickle

Urban sketches and VRtraveling



This year while working on the urban sketch projects, 12 yo had a chance to travel to their favorite cities, using Virtual Reality glasses. Putting together linear perspective and watercolors, students were recreating some parts/buildings/corners of their favorite cities. And after, they tried "VR 360 city tours", that could be easily found on Youtube.

SAT[®]



REMINDER

Secondary 3 students should sign-up for a spring sat this month.

Use this link to register:

<https://collegereadiness.collegeboard.org/sat/register>

Test center code: **60134**

School code: **732960**

- * Space is limited. We are a public site and cannot reserve seats for KIS students. Sign-up NOW to ensure you get a seat! Once we're full you will be directed to another testing site. If you want to test at KIS sign-up TODAY!
- * Contact Mrs. Rech (lindsey-rech@kyiv.qsi.org) with questions or help signing-up. If you cannot get into your College Board account or forgot your password you need to contact College Board.

STUDENT SPOTLIGHT

Barbora Cahojova*Secondary III Student**We asked, Barbora answered*

The thing I like the most about KIS is how respectful and kind everyone is. I have never seen the amount of respect from teachers towards students like here in KIS. When we just get closer to the high school building, almost every time there stands Mr. Legan with a teacher and they greet us and wish us a great day. This just makes the days a little bit better.

My dream class, which does not exist, would be about rescuing animals, learning about them, telling others how to stop animal abuse and simply about how to stop animal abuse. But for right now, IB Film with Mr. Hume is the perfect class. I have so much fun learning about film and what it takes to make a film. We had an assignment where we should edit a horror film and it was so much fun.

My favourite book, so far, is called HALO by Alexandra Adornetto. It is a book about angels that came on the Earth and one of them falls in love with a boy. Actually, I have no idea why I love this book so much, I just do.

I have no idea where I see myself in 20 years, but I have a certain image in my head where I want to be in 10 years. I will probably have a vegan restaurant with one of my very close friends. I would for sure have at least 93635293846 pets (including rescued pigs, rescued goats, rats, many many cats, dogs, parrots, rescued cows,...)and I hope that I'll be living somewhere in Philippines (or in a nice country) in a small house with a huge garden.

**Let's Get Personal**

I am the shyest person that I know. It does not matter if it is just one person or a group, I just simply cannot "function" around people because I get this block that blocks me from talking in front of people.

Since school is not easy, during the days that we have classes, I do not get enough sleep. I think that a person should sleep about 7 hours a day. But I get maximum of 4 hours of sleep a day. And so during the weekend I love to sleep. This may sound lame, but waking up at 12 on the weekends is my favourite thing to do.

When I don't have much work, I hangout with friends and we would probably go thrift-shopping. Another thing that I started with one of my friends to going to vegan restaurants and "stealing" or getting inspired by their recipes. This sounds quite odd, but it's really fun to guess what is in the food that you're eating. And then we try making the food on our own. I actually really love to cook, and so I've been trying to cook as much as possible during quarantine.

Most of my free time I spend facetimeing with my friends or watching a film with my dad. I also love plants, and so if I have an opportunity to buy some more plants, I'll do so. ..





I see you, Covid, preventing me from traveling around the world,
I beat you with my students, from everywhere around the globe

Great news! (so needed these days)
Every day is MY day here, at KIS
I'm off to Great Places!
To meet some new faces.
Without leaving my classroom, of course
During pandemic that's what we enforce

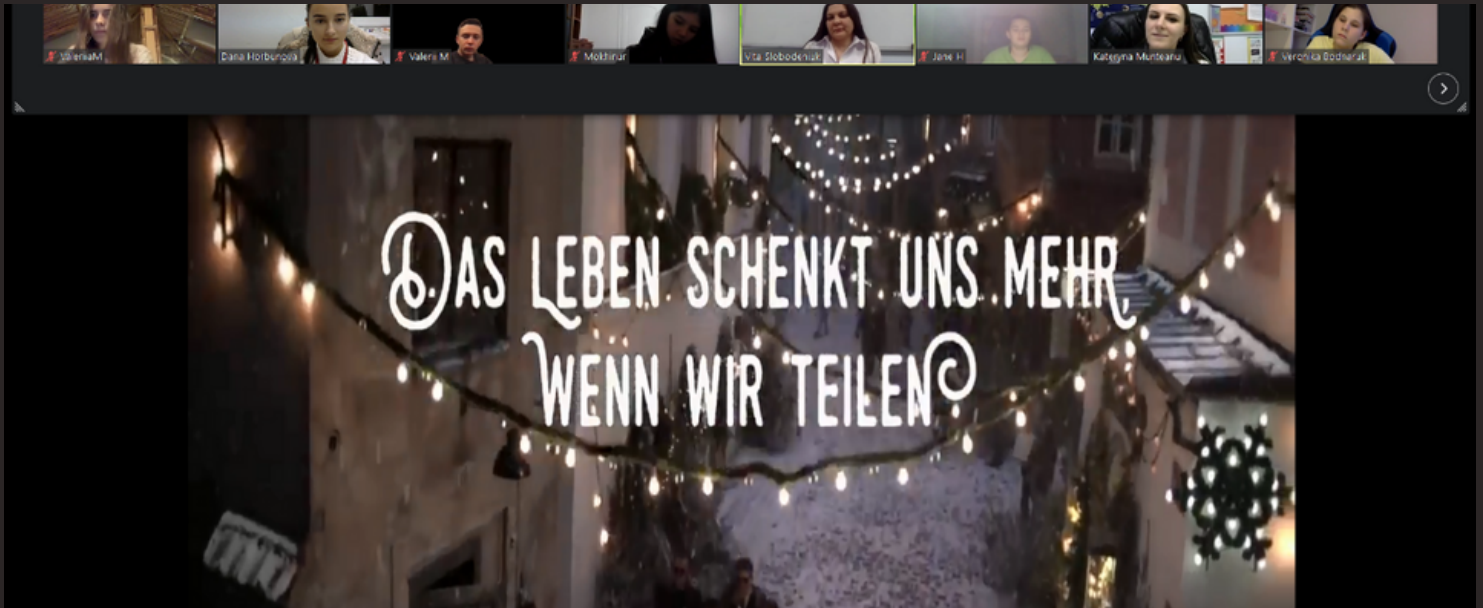
They have brains in their heads
They have books in their hands
They have hearts full of hopes
Hopes for only "A" grades
So the journey begins
And we take off from here
Where it's hard to stay focus
Make your fears disappear
And pronounce the word "road"
And the paragraph writing
Internet overload
Now they're getting excited
New assignments and tasks
And "forgetting" their homework
Oh, and wearing a mask!
Also struggling with teamwork
All they need is a spark
Some encouragement often
Soon they will make their mark
And the teacher will soften
Oh, the places they'll take you
If you give them a chance
Lise will take you to Paris,
Through her eyes you'll see France
Bruce will take you to China
Where the old and the modern are making great mix
Introduce Hangzhou City
Or how to use some chopsticks
Reshma'll show you how to be a good friend
And support us in difficult moment

Whether its here in the school

Or far away on an Indian land
Lakis knows all about his Greece
He can also surprise you
With his knowledge increase
There is one country I always wanted to go
And because I have Nargiz
Azerbaijan now is so easy to know
Estonian legends Artele knows
That are told in her country
You can meet them up close
When you reading her stories
Or just look at her school posts
Milena will show you
Through the stories she writes
How Poland if beautiful
In present and past

Students take so much pride
Sharing all that they know
About places they cherish
About places they get to call HOME.
And through all of that passion
That they put in the work that they post
One can not but to travel
Despite airports all being closed.
Oh, the places you'll go
When you see how they grow
When you read their stories
You'll give up all your worries
That they simply won't know
All the things you would teach them
All the things you would show.
They will conquer their mountains
And you'll see them go on
It's the best from rewards
That the teacher would long (for).

**Inspired by my students in Middle School IE classes.
Mrs.Olga Kardash, Intensive English Teacher**



GERMAN WEIHNACHT CLUB

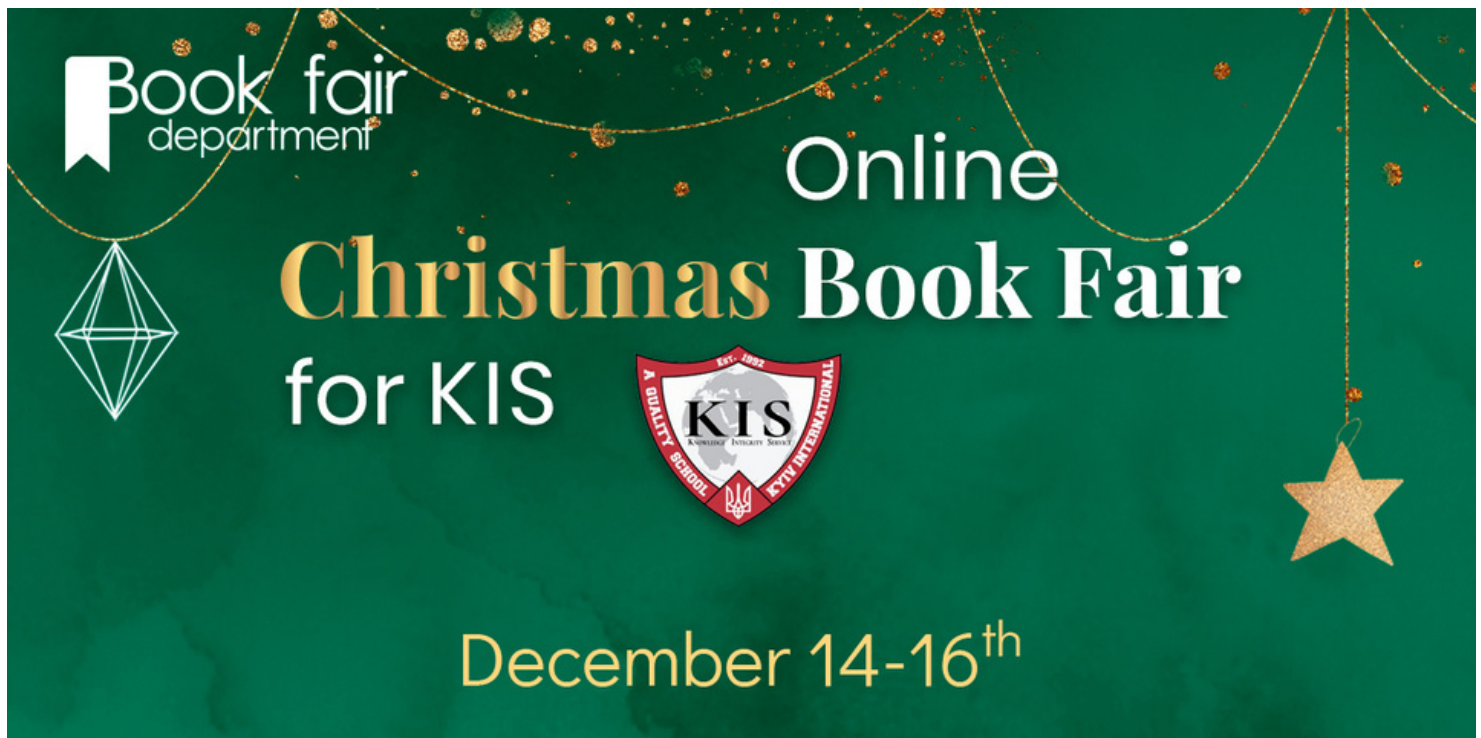
In the evening, on Thursday, 3rd of December, middle and high school students all together with their teachers shared ("teilen" in the pic above) Advent traditions in German speaking countries.

They were taken to a Christmas market with its cinnamon aroma, opened some Advent calendar doors, lightened the first candle on the Advent wreath, decorated a Christmas tree, sang a reindeer rap, and heard about Saint Nickolas and his helpers, boots full of tangerines and candy, Santa Claus and the Christ child... to make it short, there was no gloom on zoom that night, nobody got a birching but all participants are supposed to get a gingerbread from St. Nick!



Am 6. Dezember wird Nikolaustag gefeiert.





Dear partners and friends,

We here at **Dinternal Education** have some great news for you – our yearly **Christmas Book Fair** is coming soon! Despite the pandemic this year we feel that we ought to continue with our very popular Christmas Book Fair. However, new challenges mean new solutions so, welcome an absolutely new Book Fair Online Format! We put a lot of time and effort to keep your spirit high during the festive season. We really hope you will enjoy it.

WHERE

our new online shop

WHEN

December 14-16th

WHO FOR

anyone interested in the books

GO TO SHOP

To make sure that our partners and friends get all the books you would like to, we have prepared a promo code **KIS10** for **10% discount**.

There is also a special offer for you – you will get for free every 5th book in the shopping cart. At the end of the book fair we will choose three winners among all the orders. Winners will be granted with money vouchers to spend at our online bookshop. Please, do not forget to put your name and the form into comments while making an order, it would help us distribute books among pupils in your school.

“Christmas doesn’t come from a store.Maybe Christmas perhaps means a little bit more.”
— Dr. Seuss, How the Grinch Stole Christmas

We hope you’ll find something very special this holiday season! Stay safe and act smartly. We are looking forward to seeing you and your family at our online book fair.

Merry Christmas and Happy New Year!



Library Contest for Students

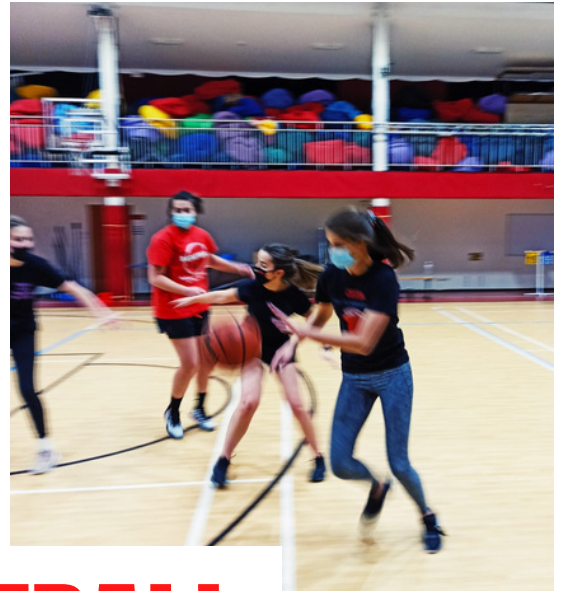
Here is the outcome of the Nonfiction Reading Challenge among ten-year-olds. Sofiia Bilostotsky and Forrest Johnson, both from 10 CF, submitted super interesting facts from the nonfiction books they were reading and thus, became the winners of the Challenge. Congratulations to them!!!



Secondary Stuco Creative and Kind!



**SECONDARY STUCO CONTINUES TO FIND WAYS
TO BRING UNITY AND JOY IN A TIME WHEN
MANY FEEL ISOLATED AND ALONE!**



Students and coaches are enjoying a fun, safe start to our basketball season



PHYSICAL EDUCATION

Parents! Please help
your child remember
their PE shoes!
They are not
allowed to wear
their boots
in the gyms!



HOLIDAY * RAFFLE

* PRIZE 1: KFN 500 UAH GIFTCARD
PRIZE 2: BASKET OF AMERICAN CANDY
PRIZE 3: ICESKATING TICKETS(2)

DECEMBER 2ND- 15TH
GET YOUR TICKET FROM ANY NAHS MEMBER
Ticket cost : 20 UAH



STICKER
EXAMPLES

**NAHS IS SELLING
STICKERS!!!**

PRICE RANGE FROM 20 TO 30 UAH

GET YOUR STICKERS FROM NAHS
MEMBERS IN THE COMMONS

Help KIS Hit a High Note Heading into the Holidays

In this year like no other, we have all adapted, changed, modified, and adjusted a million small things just to keep moving forward. Keeping our community strong has never been more important or more challenging. As we head into Winter Break, please join KIS Cares in taking a moment to let 10 people know their effort is appreciated.

The Idea

Make and deliver ten gratitude messages on the Thursday before Winter Break. It's free, easy, and might mean the world to someone who needs to hear how great they are.

LINK IN EMAIL



STEP 1

1

Commit

Reply to the form linked here to let the organizers know you're in.

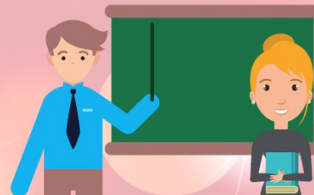
Pick Ten People

Make a list of (at least) ten people whose effort you have noticed. Try to spread the gratitude around.

Anyone can pick anyone else.
But, don't pick your close friends.
(They already know you love them!)

STEP 2

2



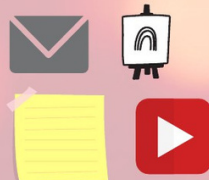
STEP 3

3

Make Messages

Be brief, specific, and personal.
Get everything ready to go by Thursday, Dec 17.

Make messages any way you want.
But make sure your message is
personal
specific
deliverable on Thursday, Dec 17



Share The Love

Hit send, drop off, or otherwise deliver the messages you've prepped.

STEP 4

4





Socially Distant Choir

Contact Ms. Geary,
Mr. A or Mrs. A
for details.

Looking for
Singers!

Pick a Part!
Learn It!
Record Yourself!
Email it Over!






SPREADING HOLIDAY CHEER

Mr. Daniel Burke would like to say a huge THANK YOU and shoutout to the Nykonorov family for donating toys, clothes, and sweets this past week!

The donations will be donated to an orphanage in Khust, which is located Zakarpattia Oblast. The kids will now be able to celebrate and enjoy the holiday season. Again, thank you so much for your support, care, and generosity over the years. You are truly making a difference!





| | | | | |
|---|--|--------------------|--------------------------|-----------------------------|
| <div></div> <div>Week 3: 14.12.2020 - 18.12.2020 - A Temporary Lunch Menu 11:21 to 14:00</div> | | | | |
| A Temporary Lunch Menu for 7 - 18+ y.o. | | | | |
| | MENU 1 | MENU 2 | MENU 3 | VEGETARIAN MENU |
| MONDAY | Chicken BBQ | Wiener schnitzel | Roasted Fish Fillet | Chickpea Stew |
| | Penne | Buckwheat/Potatoes | Potatoes | Penne |
| | Vegetables Salad / Fresh Vegetables / Grilled Vegetables | | | |
| | Minestrone Soup | | | |
| | Bread | | | |
| | Green tea with Lemon / Water | | | |
| | Sweet heart bun | | | |
| TUESDAY | Chicken crouton Lollipops | Plov Beef | Salmon | Tofu Steak |
| | Pasta | | Broccoli Mix | Broccoli Mix |
| | Corn / Fresh Vegetables / Grilled Vegetables | | | |
| | Fish Soup / Home-made Noodle Soup | | | |
| | Bread | | | |
| | Fruit Tea / Water | | | |
| | Fruits | | | |
| WEDNESDAY | Chicken Wings | Empanadas | Fish Cutlet "Brigantine" | Pancakes With Cabbage |
| | Steam Rice | Salsa | Spinach Rice | Spinach Rice |
| | Vegetables Salad / Fresh Vegetables / Grilled Vegetables | | | |
| | Pea Soup | | | |
| | Bread | | | |
| | Fruit Tea / Water | | | |
| | Strudel | | | |
| THURSDAY | Turkey Cutlet | Tacos chicken/beef | Indian Fish Croquette | Paneer |
| | Couscous | | Kinoa With Vegetables | Baked Pumpkin With Seeds |
| | Vegetables Salad / Fresh Vegetables / Cauliflower | | | |
| | Cream Soup | | | |
| | Bread | | | |
| | Compote / Water | | | |
| | Crepes | | | |
| FRIDAY | Lasagna | Criollo Beef | Fish Cutlet With Spinach | Green Spinach & Oats Cutlet |
| | | Mashed Potatoes | Green Beans | Green Beans |
| | Broccoli/ Tomatoes Salad / Fresh Vegetables | | | |
| | Borsch / Vegetable Soup | | | |
| | Bread | | | |
| | Lemonade / Water | | | |
| | Jelly | | | |

| | | | | |
|-------------------------|-------------------------|--|------------------|-------------------------|
| Breakfast 2-3-4y.o. | Breakfast 5-6y.o. | LUNCH 2-6y.o. (dessert only for 5-6y.o.) | | 2'd Snack 2-4y.o. |
| | | VEGETARIAN MENU 5-6y.o. | MEAT MENU | |
| Cottage Cheese Cream | Cottage Cheese Cream | Chickpea Stew | Roasted Chicken | Sweet heart bun |
| Fruit | Fruit | Penne | Penne | Fruit |
| Compote | Compote | Tomatoes | Tomatoes | Milk* |
| | | Minestrone Soup | | Sweet heart bun |
| | | Bread | | |
| | | Green Tea with Lemon | | |
| | | Sweet heart bun | | |
| Yogurt with Fun Topping | Yogurt with Fun Topping | Tofu Steak | Stewed Veal | Gerber Puree |
| Fruit | Fruit | Broccoli Mix | Buckwheat | Cracker |
| Fennel Tea | Fennel Tea | Carrots + Corn | Carrots + Corn | Water |
| | | Home-made Noodle Soup | | Water |
| | | Bread | | |
| | | Water | | |
| | | Fruits | | |
| Buckwheat with Milk | Cheesecake | Pancakes With Cabbage | Beef Cutlet | Strudel |
| Fruit & Berries | Fruit | Spinach Rice | Steamed Potatoes | Actimel |
| Toast with Butter | Cherry Tea | Vegetable Sticks | Vegetable Sticks | Strudel |
| Cherry Tea | | Pea Soup | | |
| | | Bread | | |
| | | Fruit Tea | | |
| | | Strudel | | |
| Omlet | Omlet | Paneer | Turkey Cutlet | Crepes |
| Vegetable Sticks | Vegetable Sticks | Baked Pumpkin With Seeds | Couscous | Jam |
| Multigrain Bread | Multigrain Bread | Cucumbers | Cucumbers | Apple |
| Compote | Compote | Cream Soup | | Crepes |
| | | Bread | | |
| | | Strawberry Tea | | |
| | | Crepes | | |
| Carrot Pie | Carrot Pie | Green Spinach & Oats Cutlet | Meat Balls | Cottage Cheese pancakes |
| Milk | Milk | Mashed Potatoes | Mashed Potatoes | Fruit |
| Banana | Banana | Green Beans | Broccoli | Camomile Tea |
| | | Borsch / Vegetable Soup | | Camomile Tea |
| | | Bread | | |
| | | Lemonade | | |
| | | Jelly | | |