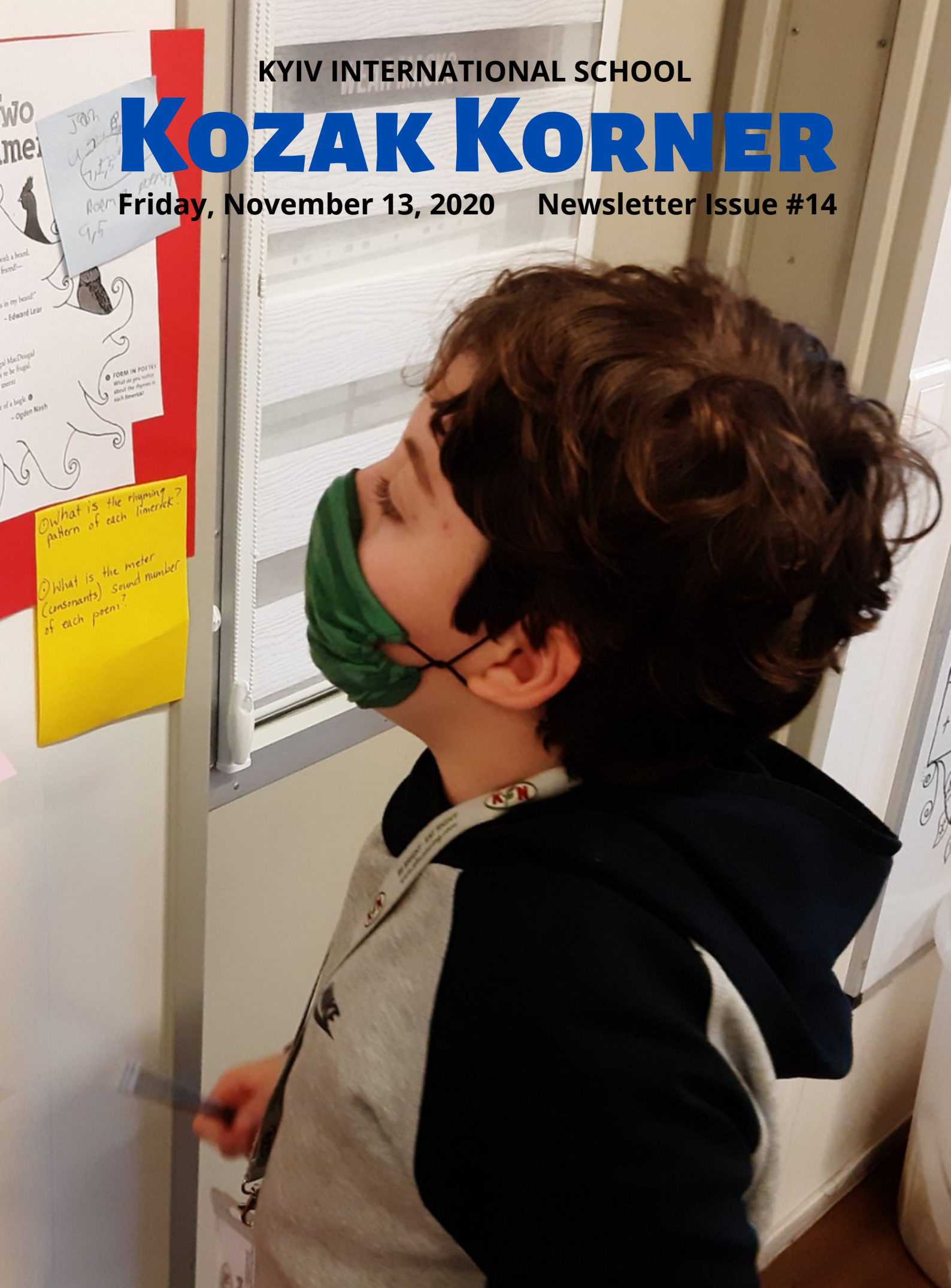


KYIV INTERNATIONAL SCHOOL

Kozak Korner

Friday, November 13, 2020

Newsletter Issue #14





NOVEMBER 2020

Wednesday 18: Preschool/Elementary PTO Zoom Call

Thursday 19: Zoom Room Coffee Chat Call

Monday 23: End of Campus Closure. Students on campus.

Thursday 26 - Friday 27: Staff PD. No School.



Middle States Association Commissions on Elementary and Secondary Schools

Kyiv International School is in the midst of the MSA re-accreditation process.

The Middle States Association is a worldwide leader in accreditation and school improvement. As part of this process, we ask our campus community to provide valuable feedback regarding our curriculum, educational practices, campus facilities and student life programs.

Please take a couple of moments to support the re-accreditation process by completing the following **survey**:

MSA SURVEY



Friday, November 13, 2020

Dear KIS,

I hope that this week's transition to online learning has been smooth and families have been able to easily follow the online plan and schedule. I have been able to stop by several classes and see some of the learning going on and it is so impressive to see how engaged students have remained.

Next week, we will continue with online learning and then plan to be back on campus on Monday, November 23rd. We hope that this "reset" will allow us to have students at school for a substantial stretch of time again. We will keep the community updated if there are any changes.

November 26th and 27th, KIS will be having our teacher professional development days. This means that there will not be school on these days. We discussed moving it earlier to coincide with our time online, but for a number of reasons, it was best to keep these days as scheduled.

Update of COVID-19 Cases within the Community

As newly reported COVID cases do not require the school to make any adjustments of self-isolation, we decided it was better to inform the community at the end of the week to maintain awareness. We had six new reported COVID-19 cases this past week.

- 5 new student cases
- 1 new staff case

Please, continue to report cases to the school using health@kyiv.qsi.org. We appreciate the KIS community's attention and responsible response to communicating with the school and keeping us informed.

We hope you are all in good health and these 2 weeks of online learning are going well. We miss having students on campus and look forward to returning on the 23rd.

Sincerely,



Luke Woodruff

Director

Kyiv International School

Preschool/Elementary Online Learning

- Period 1** 8:10am to 8:55am
- Period 2** 9:00am to 9:45am
- Period 3** 9:50am to 10:35am
- Period 4** 10:40am to 11:25am
- Period 5** 11:35am to 12:20pm
- Period 6** 12:27pm to 1:11pm
- Period 7** 1:13pm to 1:57pm
- Period 8** 2:00pm to 2:45pm
- Period 9** 2:50pm to 3:35pm



Middle School/Secondary School Online Learning

Red/Black and A/B Group Schedule

Morning - Synchronous Time

- Block 1** 8:30am to 9:20am
- Block 2** 9:30am to 10:20am
- Block 3** 10:30am to 11:20am
- Block 4** 11:30am to 12:20pm

November				
M	T	W	T	F
2 (a)	3 (b)	4 (a)	5 (b)	6 (b)
9 (a)	10 (b)	11 (a)	12 (b)	13 (a)
16 (a)	17 (b)	18 (a)	19 (b)	20 (b)
23 (a)	24 (b)	25 (a)	26 PD	27 PD
30 (a)				

Afternoon - Asynchronous Time

- Independent Work/Office Hours Block 1 & 2** 1:30pm to 2:30pm
- Independent Work/Office Hours Block 3 & 4** 2:35pm to 3:35pm

Dear Elementary Parents,

As we move into our 2nd week of Online Learning, please note that you make decisions for your children regarding screen time.

It is very important that your child attend the core classes: reading, writing, mathematics, and cultural studies.

LOE is also a course that is very difficult to catch up when you get behind.

You may make the choice to not go to all specials- this is fine. Just know that you are always given the option for your child to attend, so please try. If you feel that your child needs time away from the screen-we understand. Limiting screen time mean off all screens- phones, Xbox, TV, so thank you for making screen time for classes a priority for your child.

KIS elementary teachers and specialist will provide the ability for your child to gain content knowledge and we understand your concerns- so please feel free to make smart choices for your child's well-being.

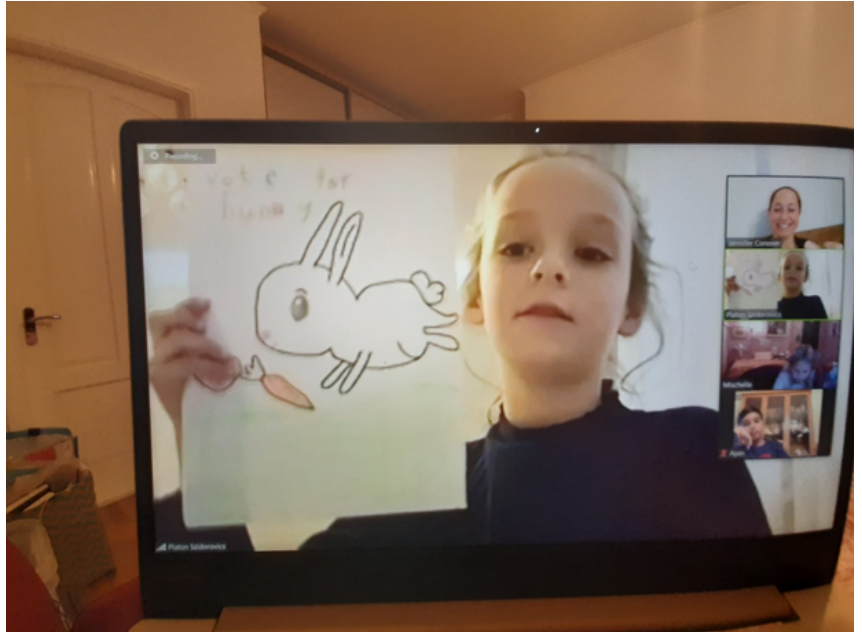
Times that should be off screen should include the following:

- Recess
- Lunch
- Safety netting unless the teacher has asked if you would like individual time to catch up or check for understanding.
- Teachers will have shortened class times for breaks in between

Our counselor, Ms. Pamm Ohlinger, is available to talk with you or your child...please email her Pamm-Ohlinger@kyiv.qsi.org if you feel like anyone in your family needs some emotional support during this virtual learning experience. She can help you with social-emotional concerns!

We are always trying to improve and add value to the KIS educational experience-please feel free to email me with any suggestions or concerns. Cheri-carpenter@kyiv.qsi.org

We will all work through situations together to make this the best possible learning experience for your family!



Cheri Carpenter

Preschool and Elementary Director of Instruction

cheri-carpenter@kyiv.qsi.org



FALL FESTIVAL VIRTUAL PARADE AT KYIV INTERNATIONAL SCHOOL





UNIVERSITY **VIRTUAL** VISIT DAY

What:

University presentations specifically for KIS students. Universities have signed up for time slots to meet with KIS students.

When: November 26th, 2020 (ALL Day!)

University presentations specifically for KIS students. Universities have signed up for time slots to meet with KIS students.



Universities currently confirmed:

(The list will grow as more universities confirm)

- Bocconi University (Italy)
- Carl Benz School (Germany)
- EHL (Switzerland)
- Hong Kong Baptist University (Hong Kong)
- IE University (Spain)
- Jacobs University (Germany)
- Modul University (Austria)
- Trinity College Dublin (Ireland)
- University of British Columbia (Canada)
- Vesalius College (Brussels)



WHO'S WHO IN THE LEARNING SUPPORT CENTER

Hello Kozaks!

My name is Iryna Kolesnyk and I'm a part of our wonderful Learning Support team!

It is my 2nd year at KIS and it's an honor for me to work in such a wonderful environment.

I studied psychology, have a master's degree in it, and really love what I do.

I worked as a correction teacher and ABA therapist assistant at a preschool and elementary school for children with special needs.

I do really believe that every single child is special and can reach the heights, we just need to help them, find the right key and see their able, not the "label".



Hello KIS Families,

As we have all transitioned to distance learning this week, we wanted to take a moment to focus on screen time and staying active.

Recommended screen time by the American Pediatrics Association:

- 18 months or younger: No screen time is best. The exception being live video chat with family and friends.
- 18 months to 2 years: Limit screen time. No solo activity. Screen time should be high quality and for educational purposes.
- 2 to 5 years: 1 hour a day. No solo activity. Screen time should be high quality, engaging and educational.
- 6 and older: At parent discretion. Place your own limits and rules. Screen time still should be monitored. It should not affect sleep, eating or physical activity.

Tips for balancing screen time:

- Set clear rules and boundaries
- Stay informed
- Monitor screen time and what they doing
- Be a role model and turn it off as a family
- Recognize when screen time is affecting your student
- Plan to connect. Set aside a specific time for family engagement that includes eye contact, conversation and fun. Make it a weekly routine.

When is screen time affecting my student? When you see it impact any of the following:

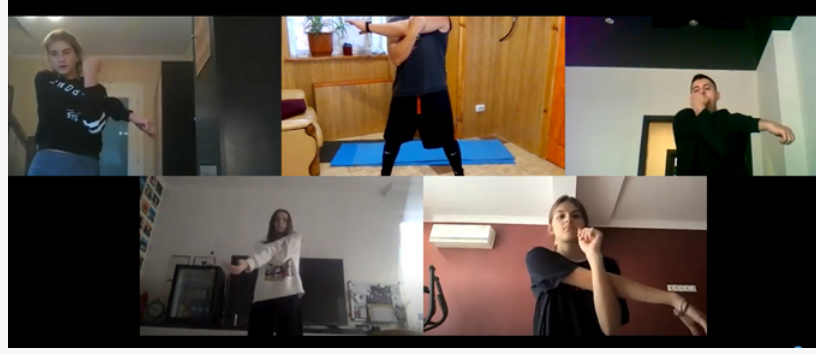
- Sleep
- Eating
- Physical activity
- Change in behaviour/tantrums are being thrown, especially when the device is removed.

The truth about screen time:

- Screen time is not bad
- There is no safe level of screen time
- It is not the same for each student or person
- There are different types of screen time (relaxing & interactive)
- It is not a babysitter
- It should be closely monitored

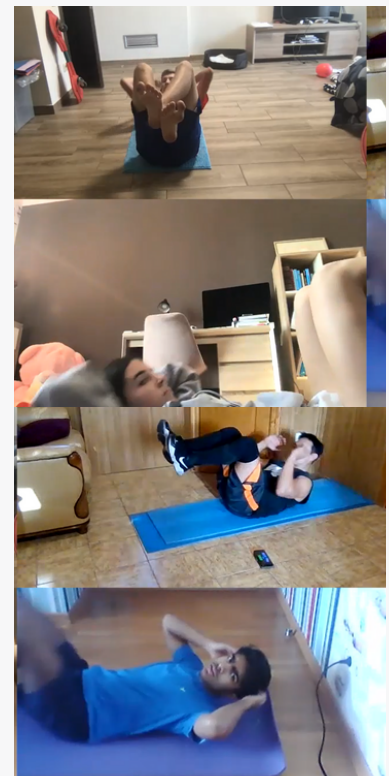
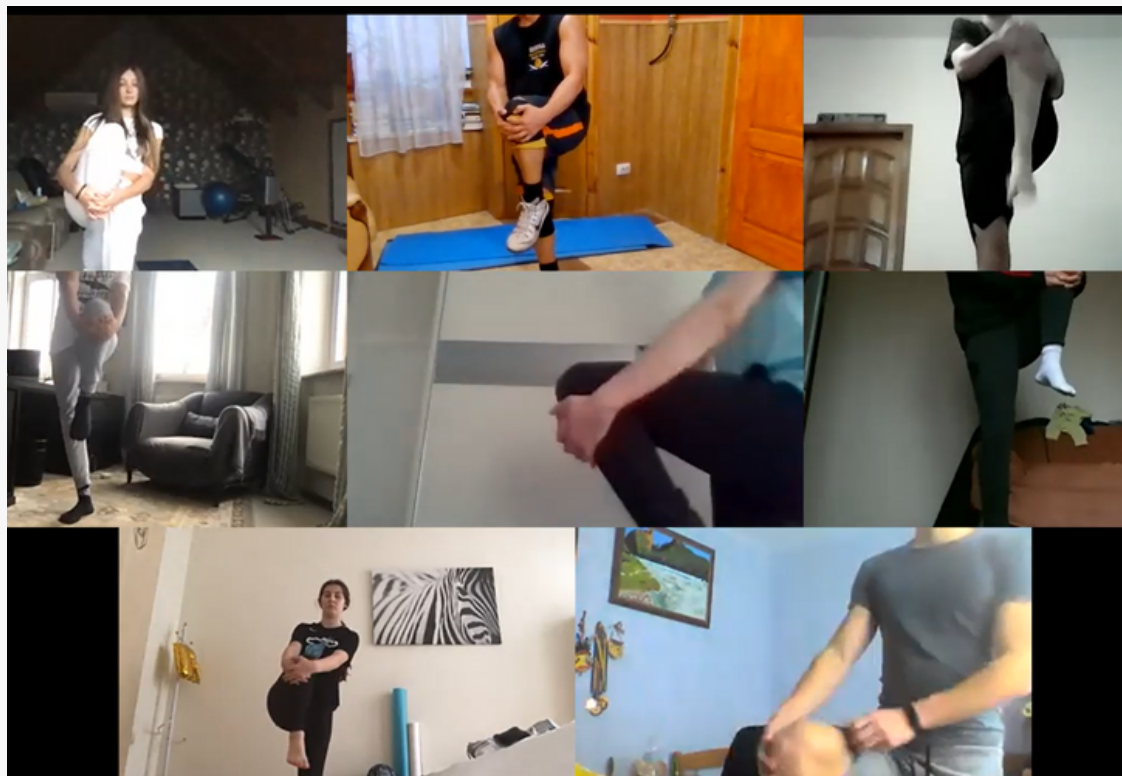
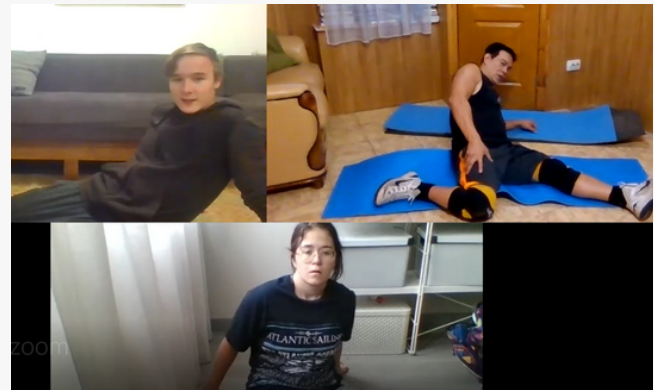
One of the best ways to balance screen time is with physical activity. Most screen time is happening while sitting down or in a relaxing position. Set-up time during this online learning period that physical activity is scheduled. Still have recess and time outside with your student.

KIS Counselors



HEALTHY HOME AEROBICS WORKOUTS

Wellness class began learning last week about staying healthy by doing aerobics activities. By doing these types of exercises everyone can keep their heart, lungs, and blood circulation in good shape. Best of all, they can be done in the comfort of your own homes. No gym membership needed. Students put what they learned into practice by doing “Kozak 300” aerobics workouts from their homes. By doing warm-ups, 10 different exercises with 30 reps each, cool-down and stretching. Students enjoyed the opportunity to take a break from their studies—refresh and reenergize their bodies and minds through aerobics activities. Great job and keep staying healthy from home even during the quarantine!





WINTER SPORTS AND ACTIVITIES

SPEECH AND DEBATE



MATH COUNTS



BASKETBALL



SWIM TEAM



KNOWLEDGE BOWL



We plan to start our winter season on **November 23rd!**

Secondary Sports: MONDAY, TUESDAY, FRIDAY

Middle School Sports: WEDNESDAY, THURSDAY

Secondary Activities: WEDNESDAY, THURSDAY

Middle School Activities: MONDAY, TUESDAY

Parents and students will receive informational emails the Week of November 16th.

Registration for the winter season is now closed.



Rachel Geary

Athletics Director/Activities Coordinator

rachel-geary@kyiv.qsi.org

STUDENT INNOVATION GRANTS



“THERE’S A WAY TO DO IT BETTER – FIND IT.” THOMAS EDISON
YOU FIND IT, WE WILL FUND IT.

The Kyiv International School’s Advisory Board offers secondary students the opportunity to fund academic and extra-curricular projects that demonstrate leadership, creativity, inquiry, innovation, investigation, excellence, charity, and passion.

Applicant must present a thorough plan of their project and budget for the requested funds.

If you would like to apply then please do the following:

- Click here to complete **online application** form.
- Click here to download **application cover sheet**.
- Sign it and give to the Director of Instruction of your division.
- **Deadline for applications is December 1st, 2020!**



KYIV INTERNATIONAL SCHOOL

2020-2021 SCHOOL CALENDAR

August 2020							1
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September 2020							2
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October 2020							3
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November 2020							4
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December 2020							5
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January 2021							6
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February 2021							7
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March 2021							8
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April 2021							9
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May 2021							10
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June 2021							11
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July 2021							12
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First Day of Each Term
First Day of School - August 27
 Term 1: 27 Aug - 18 Dec
 Term 2: 11 Jan - 2 Apr
 Term 3: 5 Apr - 22 June
Last Day of School - June 22

First day of Quintile
 Quintile 1: 27 Aug - 22 Oct
 Quintile 2: 23 Oct - 15 Dec
 Quintile 3: 16 Dec - 3 Mar
 Quintile 4: 4 Mar - 23 Apr
 Quintile 5: 3 May - 22 June

School Holidays
 24 Aug - Independence Day
 12-16 Oct - Fall Break
 21 Dec - 8 Jan - Winter Break
 22-26 Feb - February Break
 8 Mar - Int'l. Women's Day
 26-30 Apr - Easter/Labor Day
 10 May - Victory Day



KYIV INTERNATIONAL SCHOOL

2021-2022 SCHOOL CALENDAR

August 2021 1						
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November 2021 4						
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February 2022 7						
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March 2022 8						
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April 2022 9						
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May 2022 10						
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June 2022 11						
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July 2022 12						
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24	25	26	27	28	29	30
31						

First Day of Each Term
First Day of School - August 26
 Term 1: 26 Aug - 17 Dec
 Term 2: 10 Jan - 1 Apr
 Term 3: 4 Apr - 21 June
Last Day of School - June 21

Professional Development Days
 (No School)

First day of Quintile
 Quintile 1: 26 Aug - 21 Oct
 Quintile 2: 22 Oct - 14 Dec
 Quintile 3: 15 Dec - 2 Mar
 Quintile 4: 3 Mar - 22 Apr
 Quintile 5: 2 May - 21 June

School Holidays
11-15 Oct - Fall Break
20 Dec - 7 Jan - Winter Break
21-25 Feb - February Break
8 Mar - Int'l. Women's Day
25-29 April - Easter/Labor Day
9 May - Victory Day